

# Schwimm-Verband Südwestfalen



## Südwestfälische Meisterschaften Lange Strecke & JMK Masters

Veranstalter: Schwimm-Verband Südwestfalen e.V.  
Ausrichter: Schwimm-Verband Südwestfalen e.V.  
Ort: Südbad, Ruhrallee 30, 44319 Dortmund  
Datum: 22. und 23. Februar 2014

|                                     |                              |
|-------------------------------------|------------------------------|
| <b>1. Veranstaltungsabschnitt</b>   | Samstag, 22. Februar 2014    |
| Einlass 13:00    Einschw. 13:00     | Kari: 13:00    Beginn: 13:30 |
| <b>2. Veranstaltungsabschnitt</b>   | Samstag, 22. Februar 2014    |
| Einlass: 14:30    Einschw. 14:30    | Kari: 14:45    Beginn: 15:30 |
| <b>3. Veranstaltungsabschnitt</b>   | Sonntag, 23. Februar 2014    |
| Einlass: 09:00    Einschw. 09:00    | Kari: 09:15    Beginn: 10:00 |
| <b>4. Veranstaltungsabschnitt</b>   | Sonntag, 23. Februar 2014    |
| Beginn: 60 Minuten nach Abschnitt 3 |                              |

# Protokoll

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Anzahl der Meldungen

Anzahl der Teilnehmer: weiblich/männlich  
Anzahl der Starts pro Abschnitt: Einzel/Staffel

## Schwimmverband Nordrhein-Westfalen (LSV-Nr. 17)

| Verein                            | DSV-Id | Teilnehmer | Abs.1 | Abs.2 | Abs.3 | Abs.4 | Gesamt |
|-----------------------------------|--------|------------|-------|-------|-------|-------|--------|
| ATV Dorstfeld 1878                | 2655   | 3/0        | 0/0   | 2/0   | 1/0   | 0/0   | 3/0    |
| FS Bochum                         | 2720   | 1/0        | 0/0   | 1/0   | 0/0   | 0/0   | 1/0    |
| Maxi Swim-Team Hamm               | 6366   | 4/3        | 0/0   | 10/0  | 0/0   | 6/0   | 16/0   |
| SC Gut Nass Altena                | 2813   | 0/1        | 0/0   | 1/0   | 0/0   | 0/0   | 1/0    |
| SC Rote Erde Hamm 1919            | 2841   | 3/0        | 0/0   | 3/0   | 0/0   | 3/0   | 6/0    |
| SC Wiking Herne                   | 2847   | 7/6        | 8/0   | 16/0  | 10/0  | 14/0  | 48/0   |
| Schwimmverein Kamen 1891          | 2992   | 6/0        | 0/0   | 3/0   | 4/1   | 5/0   | 12/1   |
| SF Unna 01/10                     | 2853   | 9/8        | 2/0   | 19/0  | 7/0   | 11/0  | 39/0   |
| SG Dortmund                       | 2636   | 21/27      | 18/0  | 47/0  | 15/0  | 45/0  | 125/0  |
| SG Eintracht Ergste               | 2867   | 14/7       | 30/0  | 45/0  | 21/0  | 41/0  | 137/0  |
| SG Lünen                          | 2881   | 8/7        | 10/0  | 15/0  | 10/0  | 15/0  | 50/0   |
| SG Ruhr                           | 5454   | 17/16      | 18/0  | 64/0  | 13/0  | 39/0  | 134/0  |
| SG Siegen                         | 6352   | 5/11       | 4/0   | 23/0  | 7/0   | 17/0  | 51/0   |
| SG Wassersport Iserlohn           | 6651   | 2/0        | 0/0   | 0/0   | 2/0   | 0/0   | 2/0    |
| Sport-Union Annen                 | 2926   | 0/2        | 0/0   | 2/0   | 0/0   | 0/0   | 2/0    |
| SSC Hörde 54/58 e.V.              | 2850   | 5/5        | 14/0  | 17/0  | 12/0  | 17/0  | 60/0   |
| SSV Meschede                      | 2920   | 4/5        | 0/0   | 7/0   | 2/0   | 7/0   | 16/0   |
| SV Aegir Arnsberg                 | 2946   | 1/2        | 2/0   | 2/0   | 2/0   | 3/0   | 9/0    |
| SV Bieber Lendringsen             | 2935   | 0/1        | 2/0   | 2/0   | 1/0   | 2/0   | 7/0    |
| SV Blau-Weiß Bochum               | 2954   | 15/5       | 4/0   | 23/0  | 6/0   | 12/0  | 45/0   |
| SV Hagen 1894                     | 2979   | 6/4        | 6/0   | 18/0  | 6/0   | 12/0  | 42/0   |
| SV Neptun Neheim-Hüsten 1960 e.V. | 2938   | 1/1        | 4/0   | 4/0   | 2/0   | 4/0   | 14/0   |
| SV Plettenberg 51                 | 3013   | 2/2        | 0/0   | 8/0   | 0/0   | 1/0   | 9/0    |
| SV Westfalen Hagen                | 3035   | 1/0        | 2/0   | 2/0   | 1/0   | 2/0   | 7/0    |
| SVg Witten 1884/09                | 3043   | 2/1        | 4/0   | 4/0   | 3/0   | 4/0   | 15/0   |
| Teutonia Lippstadt                | 2760   | 1/0        | 2/0   | 2/0   | 1/0   | 2/0   | 7/0    |
| TSV Vorhalle 1879 e.V.            | 3212   | 1/0        | 0/0   | 2/0   | 2/0   | 3/0   | 7/0    |
| TuS Breckerfeld                   | 3078   | 2/4        | 0/0   | 6/0   | 4/0   | 6/0   | 16/0   |
| TuS Dortmund-Brackel              | 3106   | 2/1        | 6/0   | 6/0   | 3/0   | 6/0   | 21/0   |
| TuS Sundern                       | 3087   | 2/1        | 2/0   | 3/0   | 3/0   | 3/0   | 11/0   |
| TuS Wengern                       | 3134   | 1/1        | 0/0   | 0/0   | 3/0   | 0/0   | 3/0    |
| TuS Westfalia Hombruch            | 3136   | 1/0        | 0/0   | 1/0   | 0/0   | 1/0   | 2/0    |
| TV Werne 03 Wasserfreunde         | 3192   | 2/2        | 6/0   | 6/0   | 4/0   | 6/0   | 22/0   |
| Waspo Herringen                   | 3219   | 7/7        | 10/0  | 17/0  | 12/0  | 12/0  | 51/0   |
| Wasserfreunde Finnentrop          | 3037   | 0/3        | 6/0   | 6/0   | 3/0   | 6/0   | 21/0   |
| Wfr. Lüdenscheid                  | 3227   | 3/1        | 0/0   | 2/0   | 3/0   | 5/0   | 10/0   |
| Wfr. TuRa Bergkamen               | 3229   | 1/3        | 8/0   | 9/0   | 4/0   | 8/0   | 29/0   |
| <b>Gesamt für den Verband</b>     |        | 160/137    | 168/0 | 398/0 | 167/1 | 318/0 | 1051/1 |

## Gesamtzahl der Meldungen

| Verein                     | Teilnehmer | Abs.1 | Abs.2 | Abs.3 | Abs.4 | Gesamt |
|----------------------------|------------|-------|-------|-------|-------|--------|
| <b>Gesamt alle Vereine</b> | 160/137    | 168/0 | 398/0 | 167/1 | 318/0 | 1051/1 |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.

Ort  
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Datum  
22.02.2014 - 23.02.2014

## Kampfgericht Abschnitt 1

| Position                | Name              | Verein |
|-------------------------|-------------------|--------|
| Schiedsrichter weiblich | Petra Hein        |        |
| Schiedsrichter männlich | Petra Hein        |        |
| Sprecher 1              | Stephan Kertscher |        |
| Auswerter 1             | Alexander Nessel  |        |
| Auswerter 2             | Thorsten Weißberg |        |
| Protokollführer         | Jörg Husemann     |        |
| Zeitmessanlage          | Alexander Ziemski |        |
| Computer 1              | Oliver Reinert    |        |

## Zeitgericht 1

|                   |                |
|-------------------|----------------|
| Zeitnehmer Bahn 1 | Franco Murgia  |
| Zeitnehmer Bahn 2 | Elke Bauer     |
| Zeitnehmer Bahn 3 | Anke Nowak     |
| Zeitnehmer Bahn 4 | Renate Tietz   |
| Zeitnehmer Bahn 5 | Volker Tietz   |
| Zeitnehmer Bahn 6 | Günter Miele   |
| Zeitnehmer Bahn 7 | Klaus Kissmann |
| Zeitnehmer Bahn 8 | Nicole Riemer  |

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## Wettkampfbecken

8 Bahnen à 50m      Wellenkillerleinen      Automatische Zeitnahme      Wassertemperatur: ca. 26°C

## Abschnitt 1

Wettkampf 41      JMK-Pflichtübung: 15 m Delfinbewegung der Frauen  
Wettkampf 42      JMK-Pflichtübung: 15 m Delfinbewegung der Männer  
Wettkampf 43      JMK-Pflichtübung: 7,5 m Gleittest der Frauen  
Wettkampf 44      JMK-Pflichtübung: 7,5 m Gleittest der Männer

## Wettkampf 41 - JMK-Pflichtübung: 15 m Delfinbewegung der Frauen

### Südwestfälischer JMK weiblich - Jahrgang 2004

|                   |      |                      |          |    |
|-------------------|------|----------------------|----------|----|
| Anna-Lena Kuhn    | 2004 | Waspo Herringen      | 00:11,02 | 99 |
| Jule Wichtermann  | 2004 | SV Blau-Weiß Bochum  | 00:12,11 | 63 |
| Janina Göke       | 2004 | SG Eintracht Ergste  | 00:12,18 | 60 |
| Jana Vonhoff      | 2004 | Wfr. TuRa Bergkamen  | 00:12,91 | 36 |
| Kathleen Machatik | 2004 | SV Blau-Weiß Bochum  | 00:12,98 | 34 |
| Hannah Schulte    | 2004 | SG Eintracht Ergste  | 00:13,16 | 28 |
| Zina Berrar       | 2004 | TuS Dortmund-Brackel | 00:13,14 | 28 |
| Lena Gmyrek       | 2004 | TuS Dortmund-Brackel | 00:13,37 | 21 |
| Victoria Reimann  | 2004 | Waspo Herringen      | 00:14,27 | 0  |

### Südwestfälischer JMK weiblich - Jahrgang 2003

|                       |      |                      |          |     |
|-----------------------|------|----------------------|----------|-----|
| Dina Dorawa           | 2003 | SSC Hörde 54/58 e.V. | 00:09,99 | 133 |
| Lilly Grau            | 2003 | SG Eintracht Ergste  | 00:10,72 | 109 |
| Anna Buschmann        | 2003 | Waspo Herringen      | 00:10,91 | 103 |
| Malin Achy            | 2003 | SG Dortmund          | 00:11,24 | 92  |
| Marla Vaihinger       | 2003 | SV Hagen 1894        | 00:11,80 | 73  |
| Delia Louisa Borchert | 2003 | SG Eintracht Ergste  | 00:12,13 | 62  |
| Franziska Demant      | 2003 | SSC Hörde 54/58 e.V. | 00:12,16 | 61  |
| Jacky Amanda Salmen   | 2003 | SG Dortmund          | 00:12,57 | 47  |
| Sophia Mach           | 2003 | SG Dortmund          | 00:12,87 | 37  |
| Paulina Kapitza       | 2003 | SC Wiking Herne      | 00:13,26 | 24  |
| Vivian Noschka        | 2003 | SC Wiking Herne      | 00:13,32 | 22  |
| Ricarda Hirsch        | 2003 | SC Wiking Herne      | 00:13,50 | 16  |
| Sonja Ickstadt        | 2003 | SG Dortmund          | 00:13,90 | 3   |
| Doreen Schulz         | 2003 | SG Lünen             | 00:13,93 | 2   |
| Sabrina Schültke      | 2003 | TuS Sundern          | 00:13,99 | 0   |
| Helena Brandt         | 2003 | SVg Witten 1884/09   | 00:14,01 | 0   |

### Südwestfälischer JMK weiblich - Jahrgang 2002

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Teresa Helas             | 2002 | SF Unna 01/10                     | 00:08,75 | 175 |
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 00:08,98 | 167 |
| Lea Kebrle               | 2002 | SG Ruhr                           | 00:09,75 | 141 |
| Luzie Kindermann         | 2002 | SG Ruhr                           | 00:09,82 | 139 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 00:10,13 | 129 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 00:10,23 | 125 |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 00:10,59 | 113 |
| Cora Engel               | 2002 | SG Lünen                          | 00:10,88 | 104 |
| Astrid Croissier         | 2002 | SG Lünen                          | 00:10,89 | 103 |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 00:10,95 | 101 |
| Gina Reimann             | 2002 | SSC Hörde 54/58 e.V.              | 00:10,98 | 100 |
| Carla Pieper             | 2002 | SG Ruhr                           | 00:11,03 | 99  |
| Lea Backhaus             | 2002 | SG Ruhr                           | 00:11,46 | 84  |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 00:11,69 | 77  |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 00:11,80 | 73  |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 00:11,97 | 67  |
| Lilly Melenk             | 2002 | SG Dortmund                       | 00:12,08 | 64  |
| Leonie Brandt            | 2002 | SVg Witten 1884/09                | 00:13,75 | 8   |

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## Wettkampf 41 - JMK-Pflichtübung: 15 m Delfinbewegung der Frauen

|              |      |                     |          |   |
|--------------|------|---------------------|----------|---|
| Laura Köhler | 2002 | SG Eintracht Ergste | 00:14,35 | 0 |
|--------------|------|---------------------|----------|---|

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Dortmund

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## Wettkampf 42 - JMK-Pflichtübung: 15 m Delfinbewegung der Männer

### Südwestfälischer JMK männlich - Jahrgang 2004

|                   |      |                      |          |    |
|-------------------|------|----------------------|----------|----|
| Devran Sensoy     | 2004 | SG Lünen             | 00:12,36 | 38 |
| Constantin Krüger | 2004 | SG Eintracht Ergste  | 00:13,86 | 0  |
| Henrik Kahl       | 2004 | TuS Dortmund-Brackel | 00:14,93 | 0  |
| Maximilian Krüger | 2004 | SG Eintracht Ergste  | 00:16,97 | 0  |
| Jannis Malz       | 2004 | SG Eintracht Ergste  | 00:21,69 | 0  |

### Südwestfälischer JMK männlich - Jahrgang 2003

|                     |      |                                   |          |    |
|---------------------|------|-----------------------------------|----------|----|
| Marco Steube        | 2003 | Wfr. TuRa Bergkamen               | 00:12,21 | 43 |
| Armin Wefers        | 2003 | Waspo Herringen                   | 00:12,49 | 33 |
| Til Schmidt         | 2003 | SC Wiking Herne                   | 00:14,28 | 0  |
| Kevin-Noah Kaminski | 2003 | Wfr. TuRa Bergkamen               | 00:13,88 | 0  |
| Leon Detambel       | 2003 | SG Eintracht Ergste               | 00:15,95 | 0  |
| Jasper Schlak       | 2003 | SG Eintracht Ergste               | 00:13,77 | 0  |
| Sirke Dorn          | 2003 | SV Hagen 1894                     | 00:15,17 | 0  |
| Pascal Metzke       | 2003 | SV Neptun Neheim-Hüsten 1960 e.V. | 00:13,85 | 0  |

### Südwestfälischer JMK männlich - Jahrgang 2002

|                      |      |                           |          |     |
|----------------------|------|---------------------------|----------|-----|
| Jan-Philipp Kortmann | 2002 | TV Werne 03 Wasserfreunde | 00:09,22 | 142 |
| Dario Pandev         | 2002 | Wasserfreunde Finnentrop  | 00:09,47 | 134 |
| Leon Owie            | 2002 | SG Siegen                 | 00:10,37 | 104 |
| Silas Leowald        | 2002 | Wasserfreunde Finnentrop  | 00:10,91 | 86  |
| Yunus Albayrak       | 2002 | SG Dortmund               | 00:11,04 | 82  |
| Patrick Marquardt    | 2002 | SV Hagen 1894             | 00:11,06 | 81  |
| Julian Hankiewicz    | 2002 | SV Aegir Arnsberg         | 00:11,40 | 70  |
| Moritz Lohrmann      | 2002 | SG Ruhr                   | 00:11,76 | 58  |
| Egor Gubenko         | 2002 | SSC Hörde 54/58 e.V.      | 00:11,92 | 52  |
| Jonathan Gröne       | 2002 | SG Lünen                  | 00:12,15 | 45  |
| Felix Eißing         | 2002 | SSC Hörde 54/58 e.V.      | 00:12,75 | 25  |
| Maximilian Weiß      | 2002 | Wfr. TuRa Bergkamen       | 00:12,76 | 24  |

### Südwestfälischer JMK männlich - Jahrgang 2001

|                     |      |                       |          |     |
|---------------------|------|-----------------------|----------|-----|
| Lennart Brendler    | 2001 | SSC Hörde 54/58 e.V.  | 00:08,26 | 174 |
| Kevin Wessel        | 2001 | SG Ruhr               | 00:09,47 | 134 |
| Mika Dumke          | 2001 | SG Ruhr               | 00:09,69 | 127 |
| Maximilian Ligges   | 2001 | SG Dortmund           | 00:10,34 | 105 |
| Maximilian Buchholz | 2001 | SG Siegen             | 00:10,44 | 102 |
| Bastian Hollmann    | 2001 | SV Bieber Lendringsen | 00:10,75 | 91  |
| Nicolas Jochum      | 2001 | SG Ruhr               | 00:11,28 | 74  |
| Lars Miguel Heinke  | 2001 | SG Eintracht Ergste   | 00:11,38 | 70  |
| Niklas Kuhn         | 2001 | Waspo Herringen       | 00:11,89 | 53  |

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 43 - JMK-Pflichtübung: 7,5 m Gleittest der Frauen

### Südwestfälischer JMK weiblich - Jahrgang 2004

|                   |      |                      |          |    |
|-------------------|------|----------------------|----------|----|
| Victoria Reimann  | 2004 | Waspo Herringen      | 00:07,16 | 85 |
| Hannah Schulte    | 2004 | SG Eintracht Ergste  | 00:07,48 | 75 |
| Jana Vonhoff      | 2004 | Wfr. TuRa Bergkamen  | 00:07,55 | 73 |
| Zina Berrar       | 2004 | TuS Dortmund-Brackel | 00:08,44 | 46 |
| Kathleen Machatik | 2004 | SV Blau-Weiß Bochum  | 00:08,52 | 44 |
| Anna-Lena Kuhn    | 2004 | Waspo Herringen      | 00:13,59 | 0  |
| Jule Wichtermann  | 2004 | SV Blau-Weiß Bochum  | 00:10,37 | 0  |
| Janina Göke       | 2004 | SG Eintracht Ergste  | 00:10,27 | 0  |
| Lena Gmyrek       | 2004 | TuS Dortmund-Brackel | 00:12,44 | 0  |

### Südwestfälischer JMK weiblich - Jahrgang 2003

|                       |      |                      |          |     |
|-----------------------|------|----------------------|----------|-----|
| Franziska Demant      | 2003 | SSC Hörde 54/58 e.V. | 00:05,35 | 139 |
| Marla Vaihinger       | 2003 | SV Hagen 1894        | 00:05,41 | 137 |
| Paulina Kapitza       | 2003 | SC Wiking Herne      | 00:05,63 | 131 |
| Jacky Amanda Salmen   | 2003 | SG Dortmund          | 00:05,73 | 128 |
| Anna Buschmann        | 2003 | Waspo Herringen      | 00:06,18 | 114 |
| Sabrina Schültke      | 2003 | TuS Sundern          | 00:06,24 | 112 |
| Malin Achy            | 2003 | SG Dortmund          | 00:06,30 | 111 |
| Vivian Noschka        | 2003 | SC Wiking Herne      | 00:06,36 | 109 |
| Dina Dorawa           | 2003 | SSC Hörde 54/58 e.V. | 00:06,41 | 107 |
| Delia Louisa Borchert | 2003 | SG Eintracht Ergste  | 00:06,50 | 105 |
| Sonja Ickstadt        | 2003 | SG Dortmund          | 00:06,57 | 103 |
| Helena Brandt         | 2003 | SVg Witten 1884/09   | 00:06,69 | 99  |
| Lilly Grau            | 2003 | SG Eintracht Ergste  | 00:06,78 | 96  |
| Sophia Mach           | 2003 | SG Dortmund          | 00:06,91 | 92  |
| Doreen Schulz         | 2003 | SG Lünen             | 00:07,90 | 63  |
| Ricarda Hirsch        | 2003 | SC Wiking Herne      | 00:11,80 | 0   |

### Südwestfälischer JMK weiblich - Jahrgang 2002

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Teresa Helas             | 2002 | SF Unna 01/10                     | 00:04,53 | 164 |
| Gina Reimann             | 2002 | SSC Hörde 54/58 e.V.              | 00:04,93 | 152 |
| Laura Köhler             | 2002 | SG Eintracht Ergste               | 00:04,99 | 150 |
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 00:05,35 | 139 |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 00:05,60 | 132 |
| Astrid Croissier         | 2002 | SG Lünen                          | 00:05,83 | 125 |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 00:05,88 | 123 |
| Luzie Kindermann         | 2002 | SG Ruhr                           | 00:05,92 | 122 |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 00:05,94 | 121 |
| Lilly Melenk             | 2002 | SG Dortmund                       | 00:05,98 | 120 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 00:06,05 | 118 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 00:06,16 | 115 |
| Carla Pieper             | 2002 | SG Ruhr                           | 00:06,26 | 112 |
| Cora Engel               | 2002 | SG Lünen                          | 00:06,40 | 108 |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 00:07,03 | 89  |
| Lea Kebrle               | 2002 | SG Ruhr                           | 00:07,13 | 86  |
| Lea Backhaus             | 2002 | SG Ruhr                           | 00:08,16 | 55  |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 00:08,40 | 48  |

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22.02.2014 - 23.02.2014

## Wettkampf 44 - JMK-Pflichtübung: 7,5 m Gleittest der Männer

### Südwestfälischer JMK männlich - Jahrgang 2004

|               |      |                     |          |   |
|---------------|------|---------------------|----------|---|
| Devran Sensoy | 2004 | SG Lünen            | 00:11,19 | 0 |
| Jannis Malz   | 2004 | SG Eintracht Ergste | 00:14,15 | 0 |

### Südwestfälischer JMK männlich - Jahrgang 2003

|                     |      |                     |          |     |
|---------------------|------|---------------------|----------|-----|
| Til Schmidt         | 2003 | SC Wiking Herne     | 00:05,38 | 138 |
| Kevin-Noah Kaminski | 2003 | Wfr. TuRa Bergkamen | 00:06,63 | 101 |
| Marco Steube        | 2003 | Wfr. TuRa Bergkamen | 00:07,68 | 69  |
| Leon Detambel       | 2003 | SG Eintracht Ergste | 00:07,96 | 61  |
| Armin Wefers        | 2003 | Waspo Herringen     | 00:09,00 | 30  |
| Sirke Dorn          | 2003 | SV Hagen 1894       | 00:10,90 | 0   |

### Südwestfälischer JMK männlich - Jahrgang 2002

|                      |      |                           |          |     |
|----------------------|------|---------------------------|----------|-----|
| Maximilian Weiß      | 2002 | Wfr. TuRa Bergkamen       | 00:04,24 | 172 |
| Moritz Lohrmann      | 2002 | SG Ruhr                   | 00:04,57 | 163 |
| Julian Hankiewicz    | 2002 | SV Aegir Arnsberg         | 00:05,09 | 147 |
| Jan-Philipp Kortmann | 2002 | TV Werne 03 Wasserfreunde | 00:05,24 | 142 |
| Silas Leowald        | 2002 | Wasserfreunde Finnentrop  | 00:05,63 | 131 |
| Patrick Marquardt    | 2002 | SV Hagen 1894             | 00:05,81 | 125 |
| Leon Owie            | 2002 | SG Siegen                 | 00:06,73 | 98  |
| Felix Eißing         | 2002 | SSC Hörde 54/58 e.V.      | 00:06,73 | 98  |
| Egor Gubenko         | 2002 | SSC Hörde 54/58 e.V.      | 00:07,02 | 89  |
| Jonathan Gröne       | 2002 | SG Lünen                  | 00:07,04 | 88  |
| Yunus Albayrak       | 2002 | SG Dortmund               | 00:07,16 | 85  |
| Dario Pandev         | 2002 | Wasserfreunde Finnentrop  | 00:07,90 | 63  |

### Südwestfälischer JMK männlich - Jahrgang 2001

|                     |      |                       |          |     |
|---------------------|------|-----------------------|----------|-----|
| Bastian Hollmann    | 2001 | SV Bieber Lendringsen | 00:04,69 | 159 |
| Maximilian Ligges   | 2001 | SG Dortmund           | 00:04,87 | 154 |
| Maximilian Buchholz | 2001 | SG Siegen             | 00:05,13 | 146 |
| Lennart Brendler    | 2001 | SSC Hörde 54/58 e.V.  | 00:05,25 | 142 |
| Nicolas Jochum      | 2001 | SG Ruhr               | 00:06,54 | 103 |
| Kevin Wessel        | 2001 | SG Ruhr               | 00:06,61 | 101 |
| Mika Dumke          | 2001 | SG Ruhr               | 00:06,69 | 99  |
| Lars Miguel Heinke  | 2001 | SG Eintracht Ergste   | 00:06,74 | 97  |
| Niklas Kuhn         | 2001 | Waspo Herringen       | 00:07,15 | 85  |

Dortmund, den 22.02.2014

Abschnittsende: 14:28 Uhr

Protokollende: 14:30 Uhr

gez. Petra Hein

gez. Petra Hein

gez. Jörg Husemann

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Kampfgericht Abschnitt 2

| Position                | Name              | Verein |
|-------------------------|-------------------|--------|
| Schiedsrichter weiblich | Holger Mende      |        |
| Schiedsrichter männlich | Petra Hein        |        |
| Starter weiblich        | Thomas Reiter     |        |
| Starter männlich        | Thomas Reiter     |        |
| Schwimmrichter 1        | Franco Murgia     |        |
| Schwimmrichter 2        | Elke Bauer        |        |
| Sprecher 1              | Stephan Kertscher |        |
| Auswerter 1             | Alexander Nessel  |        |
| Auswerter 2             | Thorsten Weißberg |        |
| Protokollführer         | Jörg Husemann     |        |
| Zeitmessanlage          | Alexander Ziemski |        |
| Computer 1              | Oliver Reinert    |        |

## Zielgericht

|                   |                   |
|-------------------|-------------------|
| Zielrichterobmann | Renate Tietz      |
| Zielrichter 1     | Gerhard Latsch    |
| Zielrichter 2     | Julia Schlickmann |

## Zeitgericht 1

|                   |                  |
|-------------------|------------------|
| Zeitnehmerobmann  | Klaus Kissmann   |
| Zeitnehmer Bahn 1 | Doris Schulte    |
| Zeitnehmer Bahn 2 | Bettina Wächter  |
| Zeitnehmer Bahn 3 | Volker Tietz     |
| Zeitnehmer Bahn 4 | Nils Purcell     |
| Zeitnehmer Bahn 5 | Sabine Ost       |
| Zeitnehmer Bahn 6 | Stefan Köhler    |
| Zeitnehmer Bahn 7 | Jürgen Kroninger |
| Zeitnehmer Bahn 8 | Niklas Ambrosy   |

## Zeitgericht 2

|                   |                      |
|-------------------|----------------------|
| Zeitnehmerobmann  | Hans-Joachim Wietzke |
| Zeitnehmer Bahn 1 | Silvia Rabe          |
| Zeitnehmer Bahn 2 | Volker Irlle         |
| Zeitnehmer Bahn 3 | Mubades Begic        |
| Zeitnehmer Bahn 4 | Sylvia Daszkiewicz   |
| Zeitnehmer Bahn 5 | Alexander Kersting   |
| Zeitnehmer Bahn 6 | Stefanie Marquardt   |
| Zeitnehmer Bahn 7 | Anja Köhne           |
| Zeitnehmer Bahn 8 | Simone Dreston       |

## Wendegericht

|                     |                 |
|---------------------|-----------------|
| Wenderichterobmann  | Anke Nowak      |
| Wenderichter Bahn 1 | Anke Nowak      |
| Wenderichter Bahn 3 | Martina Popovic |
| Wenderichter Bahn 5 | Günter Miele    |
| Wenderichter Bahn 7 | Nicole Riemer   |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
22.02.2014 - 23.02.2014

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## Wettkampfbecken

8 Bahnen à 50m

Wellenkillerleinen

Automatische Zeitnahme

Wassertemperatur: ca. 26°C

## Abschnitt 2

|              |   |
|--------------|---|
| Wettkampf 1  | 4 x 100 m Lagenstaffel der Frauen                   |
| Wettkampf 2  | 4 x 100 m Lagenstaffel der Männer                   |
| Wettkampf 3  | 400 m Freistil der Frauen                           |
| Wettkampf 4  | 400 m Freistil der Frauen (Masters)                 |
| Wettkampf 5  | 400 m Freistil der Männer                           |
| Wettkampf 6  | 400 m Freistil der Männer (Masters)                 |
| Wettkampf 45 | JMK-Pflichtübung: 50 m Kraulbeinbewegung der Frauen |
| Wettkampf 46 | JMK-Pflichtübung: 50 m Kraulbeinbewegung der Männer |
| Wettkampf 7  | 400 m Lagen der Frauen                              |
| Wettkampf 8  | 400 m Lagen der Frauen (Masters)                    |
| Wettkampf 9  | 400 m Lagen der Männer                              |
| Wettkampf 10 | 400 m Lagen der Männer (Masters)                    |
| Wettkampf 11 | 4 x 100 m Freistilstaffel der Frauen                |
| Wettkampf 12 | 4 x 100 m Freistilstaffel der Männer                |

## Wettkampf 1 - 4 x 100 m Lagenstaffel der Frauen

### Offene Wertung

## SVSW-Meisterschaften "Lange Strecken mit JMK"

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Schwimm-Verband Südwestfalen e.V.  
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Wettkampf 2 - 4 x 100 m Lagenstaffel der Männer  
Offene Wertung

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Dortmund

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Pflichtzeit | 05:05,30 | 05:09,50    | 05:11,80 | 05:14,20 | 05:16,80 | 05:20,80 | 05:28,00 | 05:43,50 |
| Jahrgang    | 2003     | 2004        |          |          |          |          |          |          |
| Pflichtzeit | 06:02,50 | 06:26,20    |          |          |          |          |          |          |

## Jahrgang 2004

|    |  |                           |                           |                           |  |          |     |     |
|----|--|---------------------------|---------------------------|---------------------------|--|----------|-----|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |  |          |     |     |
|    | Anna-Lena Kuhn                               | 2004                      | Waspo Herringen           |                           |  | 05:48,74 | 332 |     |
|    | 100m: 01:19,58 (01:19,58)                    | 200m: 02:48,81 (01:29,23) | 300m: 04:20,48 (01:31,67) | 400m: 05:48,74 (01:28,26) |  |          |     |     |
| 2. | Janina Göke                                  | 2004                      | SG Eintracht Ergste       |                           |  | 06:14,58 | 268 |     |
|    | 100m: 01:29,51 (01:29,51)                    | 200m: 03:05,78 (01:36,27) | 300m: 04:41,81 (01:36,03) | 400m: 06:14,58 (01:32,77) |  |          |     |     |
| 3. | Kathleen Machatik                            | 2004                      | SV Blau-Weiß Bochum       |                           |  | 06:25,02 | 246 |     |
|    | 100m: 01:30,67 (01:30,67)                    | 200m: 03:11,07 (01:40,40) | 300m: 04:50,44 (01:39,37) | 400m: 06:25,02 (01:34,58) |  |          |     |     |
| 4. | Victoria Reimann                             | 2004                      | Waspo Herringen           |                           |  | 06:37,89 | 223 |     |
|    | 100m: 01:30,34 (01:30,34)                    | 200m: 03:13,14 (01:42,80) | 300m: 04:56,88 (01:43,74) | 400m: 06:37,89 (01:41,01) |  |          |     |     |
| 5. | Hannah Schulte                               | 2004                      | SG Eintracht Ergste       |                           |  | 06:44,34 | 213 |     |
|    | 100m: 01:29,45 (01:29,45)                    | 200m: 03:15,44 (01:45,99) | 300m: 05:00,79 (01:45,35) | 400m: 06:44,34 (01:43,55) |  |          |     |     |
| 6. | Zina Berrar                                  | 2004                      | TuS Dortmund-Brackel      |                           |  | 06:44,47 | 212 |     |
|    | 100m: 01:30,38 (01:30,38)                    | 200m: 03:16,44 (01:46,06) | 300m: 05:01,13 (01:44,69) | 400m: 06:44,47 (01:43,34) |  |          |     |     |
| 7. | Jule Wichtermann                             | 2004                      | SV Blau-Weiß Bochum       |                           |  | 06:44,59 | 212 | EnM |
|    | 100m: 01:33,23 (01:33,23)                    | 200m: 03:17,32 (01:44,09) | 300m: 05:03,14 (01:45,82) | 400m: 06:44,59 (01:41,45) |  |          |     |     |
| 8. | Jana Vonhoff                                 | 2004                      | Wfr. TuRa Bergkamen       |                           |  | 06:48,92 | 206 | EnM |
|    | 100m: 01:35,90 (01:35,90)                    | 200m: 03:21,92 (01:46,02) | 300m: 05:08,87 (01:46,95) | 400m: 06:48,92 (01:40,05) |  |          |     |     |
| 9. | Lena Gmyrek                                  | 2004                      | TuS Dortmund-Brackel      |                           |  | 07:03,69 | 185 | EnM |
|    | 100m: 01:36,68 (01:36,68)                    | 200m: 03:27,14 (01:50,46) | 300m: 05:19,49 (01:52,35) | 400m: 07:03,69 (01:44,20) |  |          |     |     |

### abgemeldet

Laura Stoyke                      2004    SG Eintracht Ergste

## Jahrgang 2003

|     |  |                           |                           |                           |  |          |     |     |
|-----|--|---------------------------|---------------------------|---------------------------|--|----------|-----|-----|
| 1.  | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |  |          |     |     |
|     | Lilly Grau                                   | 2003                      | SG Eintracht Ergste       |                           |  | 05:27,28 | 401 |     |
|     | 100m: 01:17,50 (01:17,50)                    | 200m: 02:41,91 (01:24,41) | 300m: 04:06,18 (01:24,27) | 400m: 05:27,28 (01:21,10) |  |          |     |     |
| 2.  | Stefanie Buchholz                            | 2003                      | SG Siegen                 |                           |  | 05:33,07 | 381 |     |
|     | 100m: 01:18,73 (01:18,73)                    | 200m: 02:43,11 (01:24,38) | 300m: 04:09,38 (01:26,27) | 400m: 05:33,07 (01:23,69) |  |          |     |     |
| 3.  | Sabrina Schültke                             | 2003                      | TuS Sundern               |                           |  | 05:45,85 | 340 |     |
|     | 100m: 01:24,29 (01:24,29)                    | 200m: 02:53,93 (01:29,64) | 300m: 04:22,95 (01:29,02) | 400m: 05:45,85 (01:22,90) |  |          |     |     |
| 4.  | Anna Buschmann                               | 2003                      | Waspo Herringen           |                           |  | 05:47,68 | 335 |     |
|     | 100m: 01:22,84 (01:22,84)                    | 200m: 02:53,23 (01:30,39) | 300m: 04:22,12 (01:28,89) | 400m: 05:47,68 (01:25,56) |  |          |     |     |
| 5.  | Delia Louisa Borchert                        | 2003                      | SG Eintracht Ergste       |                           |  | 05:52,81 | 320 |     |
|     | 100m: 01:21,75 (01:21,75)                    | 200m: 02:52,08 (01:30,33) | 300m: 04:23,63 (01:31,55) | 400m: 05:52,81 (01:29,18) |  |          |     |     |
| 6.  | Vivian Noschka                               | 2003                      | SC Wiking Herne           |                           |  | 06:01,90 | 297 |     |
|     | 100m: 01:22,87 (01:22,87)                    | 200m: 02:54,73 (01:31,86) | 300m: 04:28,85 (01:34,12) | 400m: 06:01,90 (01:33,05) |  |          |     |     |
| 7.  | Malin Achy                                   | 2003                      | SG Dortmund               |                           |  | 06:13,19 | 271 | EnM |
|     | 100m: 01:27,41 (01:27,41)                    | 200m: 03:03,47 (01:36,06) | 300m: 04:40,86 (01:37,39) | 400m: 06:13,19 (01:32,33) |  |          |     |     |
| 8.  | Dina Dorawa                                  | 2003                      | SSC Hörde 54/58 e.V.      |                           |  | 06:14,39 | 268 | EnM |
|     | 100m: 01:25,61 (01:25,61)                    | 200m: 03:01,51 (01:35,90) | 300m: 04:39,61 (01:38,10) | 400m: 06:14,39 (01:34,78) |  |          |     |     |
| 9.  | Jacky Amanda Salmen                          | 2003                      | SG Dortmund               |                           |  | 06:21,98 | 252 | EnM |
|     | 100m: 01:27,88 (01:27,88)                    | 200m: 03:07,05 (01:39,17) | 300m: 04:45,16 (01:38,11) | 400m: 06:21,98 (01:36,82) |  |          |     |     |
| 10. | Sonja Ickstadt                               | 2003                      | SG Dortmund               |                           |  | 06:24,06 | 248 | EnM |
|     | 100m: 01:31,39 (01:31,39)                    | 200m: 03:10,39 (01:39,00) | 300m: 04:51,68 (01:41,29) | 400m: 06:24,06 (01:32,38) |  |          |     |     |
| 11. | Marla Vaihinger                              | 2003                      | SV Hagen 1894             |                           |  | 06:24,31 | 248 | EnM |
|     | 100m: 01:28,73 (01:28,73)                    | 200m: 03:07,67 (01:38,94) | 300m: 04:47,61 (01:39,94) | 400m: 06:24,31 (01:36,70) |  |          |     |     |
| 12. | Eve Levermann                                | 2003                      | SV Plettenberg 51         |                           |  | 06:33,39 | 231 | EnM |
|     | 100m: 01:27,60 (01:27,60)                    | 200m: 03:08,75 (01:41,15) | 300m: 04:51,77 (01:43,02) | 400m: 06:33,39 (01:41,62) |  |          |     |     |
| 13. | Franziska Demant                             | 2003                      | SSC Hörde 54/58 e.V.      |                           |  | 06:36,13 | 226 | EnM |
|     | 100m: 01:28,45 (01:28,45)                    | 200m: 03:12,46 (01:44,01) | 300m: 04:56,68 (01:44,22) | 400m: 06:36,13 (01:39,45) |  |          |     |     |
| 14. | Paulina Kapitza                              | 2003                      | SC Wiking Herne           |                           |  | 06:40,45 | 219 | EnM |
|     | 100m: 01:32,93 (01:32,93)                    | 200m: 03:17,23 (01:44,30) | 300m: 05:00,77 (01:43,54) | 400m: 06:40,45 (01:39,68) |  |          |     |     |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

### Jahrgang 2003

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 15. | Ricarda Hirsch            | 2003                      | SC Wiking Herne           | 06:43,98                  | 213 | EnM |
|     | 100m: 01:35,82 (01:35,82) | 200m: 03:19,95 (01:44,13) | 300m: 05:06,63 (01:46,68) | 400m: 06:43,98 (01:37,35) |     |     |
| 16. | Sophia Mach               | 2003                      | SG Dortmund               | 06:44,96                  | 212 | EnM |
|     | 100m: 01:31,30 (01:31,30) | 200m: 03:16,83 (01:45,53) | 300m: 05:03,50 (01:46,67) | 400m: 06:44,96 (01:41,46) |     |     |
| 17. | Helena Brandt             | 2003                      | SVg Witten 1884/09        | 06:59,09                  | 191 | EnM |
|     | 100m: 01:38,00 (01:38,00) | 200m: 03:25,97 (01:47,97) | 300m: 05:14,82 (01:48,85) | 400m: 06:59,09 (01:44,27) |     |     |
| 18. | Doreen Schulz             | 2003                      | SG Lünen                  | 07:08,15                  | 179 | EnM |
|     | 100m: 01:31,91 (01:31,91) | 200m: 03:24,10 (01:52,19) | 300m: 05:19,54 (01:55,44) | 400m: 07:08,15 (01:48,61) |     |     |

#### abgemeldet

|                |      |                    |
|----------------|------|--------------------|
| Hannah Krummel | 2003 | Teutonia Lippstadt |
| Faye von Quast | 2003 | SG Dortmund        |

### Jahrgang 2002

|     |  |                           |                                   |                           |     |     |
|-----|--|---------------------------|-----------------------------------|---------------------------|-----|-----|
| 1.  | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                                   |                           |     |     |
|     | Teresa Helas                                 | 2002                      | SF Unna 01/10                     | 05:03,79                  | 502 |     |
|     | 100m: 01:12,35 (01:12,35)                    | 200m: 02:30,18 (01:17,83) | 300m: 03:48,34 (01:18,16)         | 400m: 05:03,79 (01:15,45) |     |     |
| 2.  | Carla Maxime Eickenhorst                     | 2002                      | SG Eintracht Ergste               | 05:34,59                  | 376 |     |
|     | 100m: 01:17,97 (01:17,97)                    | 200m: 02:43,88 (01:25,91) | 300m: 04:10,50 (01:26,62)         | 400m: 05:34,59 (01:24,09) |     |     |
| 3.  | Carla Pieper                                 | 2002                      | SG Ruhr                           | 05:34,73                  | 375 |     |
|     | 100m: 01:18,69 (01:18,69)                    | 200m: 02:44,39 (01:25,70) | 300m: 04:10,50 (01:26,11)         | 400m: 05:34,73 (01:24,23) |     |     |
| 4.  | Lea Kebrle                                   | 2002                      | SG Ruhr                           | 05:36,37                  | 370 |     |
|     | 100m: 01:19,11 (01:19,11)                    | 200m: 02:45,84 (01:26,73) | 300m: 04:13,24 (01:27,40)         | 400m: 05:36,37 (01:23,13) |     |     |
| 5.  | Nina Dreston                                 | 2002                      | SG Eintracht Ergste               | 05:38,56                  | 363 |     |
|     | 100m: 01:21,30 (01:21,30)                    | 200m: 02:47,56 (01:26,26) | 300m: 04:14,40 (01:26,84)         | 400m: 05:38,56 (01:24,16) |     |     |
| 6.  | Hannah Tillmann                              | 2002                      | SV Neptun Neheim-Hüsten 1960 e.V. | 05:41,60                  | 353 |     |
|     | 100m: 01:19,12 (01:19,12)                    | 200m: 02:46,10 (01:26,98) | 300m: 04:14,00 (01:27,90)         | 400m: 05:41,60 (01:27,60) |     |     |
| 7.  | Luzie Kindermann                             | 2002                      | SG Ruhr                           | 05:41,61                  | 353 |     |
|     | 100m: 01:19,29 (01:19,29)                    | 200m: 02:46,58 (01:27,29) | 300m: 04:14,56 (01:27,98)         | 400m: 05:41,61 (01:27,05) |     |     |
| 8.  | Jil Laggies                                  | 2002                      | SV Westfalen Hagen                | 05:46,20                  | 339 | EnM |
|     | 100m: 01:18,46 (01:18,46)                    | 200m: 02:46,83 (01:28,37) | 300m: 04:18,11 (01:31,28)         | 400m: 05:46,20 (01:28,09) |     |     |
| 9.  | Leonie Brandt                                | 2002                      | SVg Witten 1884/09                | 05:59,82                  | 302 | EnM |
|     | 100m: 01:24,35 (01:24,35)                    | 200m: 02:56,26 (01:31,91) | 300m: 04:29,65 (01:33,39)         | 400m: 05:59,82 (01:30,17) |     |     |
| 10. | Tabea Nagel                                  | 2002                      | TV Werne 03 Wasserfreunde         | 06:00,53                  | 300 | EnM |
|     | 100m: 01:25,78 (01:25,78)                    | 200m: 02:59,28 (01:33,50) | 300m: 04:32,80 (01:33,52)         | 400m: 06:00,53 (01:27,73) |     |     |
| 11. | Astrid Croissier                             | 2002                      | SG Lünen                          | 06:07,95                  | 282 | EnM |
|     | 100m: 01:21,92 (01:21,92)                    | 200m: 02:56,06 (01:34,14) | 300m: 04:34,10 (01:38,04)         | 400m: 06:07,95 (01:33,85) |     |     |
| 12. | Lilly Melenk                                 | 2002                      | SG Dortmund                       | 06:12,55                  | 272 | EnM |
|     | 100m: 01:24,52 (01:24,52)                    | 200m: 02:59,22 (01:34,70) | 300m: 04:38,71 (01:39,49)         | 400m: 06:12,55 (01:33,84) |     |     |
| 13. | Cora Engel                                   | 2002                      | SG Lünen                          | 06:12,94                  | 271 | EnM |
|     | 100m: 01:24,85 (01:24,85)                    | 200m: 03:01,40 (01:36,55) | 300m: 04:39,26 (01:37,86)         | 400m: 06:12,94 (01:33,68) |     |     |
| 14. | Hannah Stoyke                                | 2002                      | SG Eintracht Ergste               | 06:14,59                  | 268 | EnM |
|     | 100m: 01:29,81 (01:29,81)                    | 200m: 03:07,29 (01:37,48) | 300m: 04:44,24 (01:36,95)         | 400m: 06:14,59 (01:30,35) |     |     |
| 15. | Laura Köhler                                 | 2002                      | SG Eintracht Ergste               | 06:15,11                  | 266 | EnM |
|     | 100m: 01:30,70 (01:30,70)                    | 200m: 03:07,03 (01:36,33) | 300m: 04:43,83 (01:36,80)         | 400m: 06:15,11 (01:31,28) |     |     |
| 16. | Lea Backhaus                                 | 2002                      | SG Ruhr                           | 06:16,14                  | 264 | EnM |
|     | 100m: 01:30,16 (01:30,16)                    | 200m: 03:07,82 (01:37,66) | 300m: 04:44,36 (01:36,54)         | 400m: 06:16,14 (01:31,78) |     |     |
| 17. | Helen Klaes                                  | 2002                      | TV Werne 03 Wasserfreunde         | 06:29,33                  | 238 | EnM |
|     | 100m: 01:29,39 (01:29,39)                    | 200m: 03:12,65 (01:43,26) | 300m: 04:54,46 (01:41,81)         | 400m: 06:29,33 (01:34,87) |     |     |
| 18. | Gina Reimann                                 | 2002                      | SSC Hörde 54/58 e.V.              | 06:41,85                  | 217 | EnM |
|     | 100m: 01:30,50 (01:30,50)                    | 200m: 03:14,88 (01:44,38) | 300m: 05:04,03 (01:49,15)         | 400m: 06:41,85 (01:37,82) |     |     |
| 19. | Nona Söltzer                                 | 2002                      | SSC Hörde 54/58 e.V.              | 06:48,21                  | 207 | EnM |
|     | 100m: 01:32,88 (01:32,88)                    | 200m: 03:20,35 (01:47,47) | 300m: 05:07,16 (01:46,81)         | 400m: 06:48,21 (01:41,05) |     |     |

### Jahrgang 2001

|    |  |                           |                           |                           |     |  |
|----|--|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |  |
|    | Paula Schneider                              | 2001                      | SG Eintracht Ergste       | 04:57,78                  | 533 |  |
|    | 100m: 01:11,16 (01:11,16)                    | 200m: 02:27,32 (01:16,16) | 300m: 03:44,47 (01:17,15) | 400m: 04:57,78 (01:13,31) |     |  |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

### Jahrgang 2001

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 2. | Chantal Leporin           | 2001                      | Wfr. Lüdenscheid          | 05:30,66                  | 389 |
|    | 100m: 01:14,10 (01:14,10) | 200m: 02:39,85 (01:25,75) | 300m: 04:07,15 (01:27,30) | 400m: 05:30,66 (01:23,51) |     |
| 3. | Inga Akkermann            | 2001                      | SF Unna 01/10             | 05:31,39                  | 387 |
|    | 100m: 01:18,05 (01:18,05) | 200m: 02:43,40 (01:25,35) | 300m: 04:10,48 (01:27,08) | 400m: 05:31,39 (01:20,91) |     |
| 4. | Maria Vester              | 2001                      | Maxi Swim-Team Hamm       | 05:47,35                  | 336 |
|    | 100m: 01:18,23 (01:18,23) | 200m: 02:50,24 (01:32,01) | 300m: 04:19,18 (01:28,94) | 400m: 05:47,35 (01:28,17) |     |

### Jahrgang 2000

|     |  |                           |                           |                           |                    |
|-----|--|---------------------------|---------------------------|---------------------------|--------------------|
| 1.  | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |                    |
|     | Anna Heermann                                | 2000                      | SG Ruhr                   | 04:42,47                  | 625                |
|     | 100m: 01:06,44 (01:06,44)                    | 200m: 02:18,91 (01:12,47) | 300m: 03:31,84 (01:12,93) | 400m: 04:42,47 (01:10,63) |                    |
| 2.  | Kaja Reinhardt                               | 2000                      | SG Dortmund               | 04:47,38                  | 593                |
|     | 100m: 01:06,92 (01:06,92)                    | 200m: 02:21,05 (01:14,13) | 300m: 03:35,69 (01:14,64) | 400m: 04:47,38 (01:11,69) |                    |
| 3.  | Ann-Britt Lehmann                            | 2000                      | SG Dortmund               | 04:50,15                  | 576                |
|     | 100m: 01:07,98 (01:07,98)                    | 200m: 02:22,14 (01:14,16) | 300m: 03:38,01 (01:15,87) | 400m: 04:50,15 (01:12,14) |                    |
| 4.  | Anna Kroniger                                | 2000                      | SV Blau-Weiß Bochum       | 05:02,72                  | 507                |
|     | 100m: 01:09,87 (01:09,87)                    | 200m: 02:26,11 (01:16,24) | 300m: 03:44,84 (01:18,73) | 400m: 05:02,72 (01:17,88) |                    |
| 5.  | Michelle Pschuk                              | 2000                      | SG Ruhr                   | 05:03,92                  | 501                |
|     | 100m: 01:11,11 (01:11,11)                    | 200m: 02:29,38 (01:18,27) | 300m: 03:48,32 (01:18,94) | 400m: 05:03,92 (01:15,60) |                    |
| 6.  | Merle Goepfert                               | 2000                      | SG Dortmund               | 05:06,83                  | 487                |
|     | 100m: 01:12,21 (01:12,21)                    | 200m: 02:29,11 (01:16,90) | 300m: 03:48,46 (01:19,35) | 400m: 05:06,83 (01:18,37) |                    |
| 7.  | Jessica Marquardt                            | 2000                      | SV Hagen 1894             | 05:07,71                  | 483                |
|     | 100m: 01:09,15 (01:09,15)                    | 200m: 02:28,03 (01:18,88) | 300m: 03:48,56 (01:20,53) | 400m: 05:07,71 (01:19,15) |                    |
| 8.  | Katharina Fries                              | 2000                      | SG Ruhr                   | 05:10,93                  | 468                |
|     | 100m: 01:13,35 (01:13,35)                    | 200m: 02:33,01 (01:19,66) | 300m: 03:53,12 (01:20,11) | 400m: 05:10,93 (01:17,81) |                    |
| 9.  | Maike Köhne                                  | 2000                      | SG Ruhr                   | 05:16,19                  | 445                |
|     | 100m: 01:14,13 (01:14,13)                    | 200m: 02:34,94 (01:20,81) | 300m: 03:56,44 (01:21,50) | 400m: 05:16,19 (01:19,75) |                    |
| 10. | Alina Förster                                | 2000                      | SG Ruhr                   | 05:33,02                  | 381 <del>EnM</del> |
|     | 100m: 01:18,01 (01:18,01)                    | 200m: 02:42,95 (01:24,94) | 300m: 04:08,70 (01:25,75) | 400m: 05:33,02 (01:24,32) |                    |

#### abgemeldet

|               |      |         |
|---------------|------|---------|
| Ira Schmidt   | 2000 | SG Ruhr |
| Miriam Hummel | 2000 | SG Ruhr |

### Jahrgang 1999

|     |  |                           |                           |                           |                    |
|-----|--|---------------------------|---------------------------|---------------------------|--------------------|
| 1.  | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |                    |
|     | Ayleen Kramer                                | 1999                      | SV Hagen 1894             | 04:50,36                  | 575                |
|     | 100m: 01:06,96 (01:06,96)                    | 200m: 02:20,31 (01:13,35) | 300m: 03:35,38 (01:15,07) | 400m: 04:50,36 (01:14,98) |                    |
| 2.  | Leonie Schake                                | 1999                      | TuS Sundern               | 04:56,16                  | 542                |
|     | 100m: 01:07,59 (01:07,59)                    | 200m: 02:22,37 (01:14,78) | 300m: 03:39,94 (01:17,57) | 400m: 04:56,16 (01:16,22) |                    |
| 3.  | Tabea Recker                                 | 1999                      | SG Ruhr                   | 04:58,92                  | 527                |
|     | 100m: 01:08,21 (01:08,21)                    | 200m: 02:25,09 (01:16,88) | 300m: 03:43,41 (01:18,32) | 400m: 04:58,92 (01:15,51) |                    |
| 4.  | Amy Hüttebräucker                            | 1999                      | SV Hagen 1894             | 05:01,29                  | 515                |
|     | 100m: 01:09,84 (01:09,84)                    | 200m: 02:27,16 (01:17,32) | 300m: 03:45,37 (01:18,21) | 400m: 05:01,29 (01:15,92) |                    |
| 5.  | Victoria Kienitz                             | 1999                      | SF Unna 01/10             | 05:01,98                  | 511                |
|     | 100m: 01:11,34 (01:11,34)                    | 200m: 02:27,40 (01:16,06) | 300m: 03:44,90 (01:17,50) | 400m: 05:01,98 (01:17,08) |                    |
| 6.  | Jette Riecks                                 | 1999                      | SV Blau-Weiß Bochum       | 05:03,10                  | 506                |
|     | 100m: 01:10,18 (01:10,18)                    | 200m: 02:27,03 (01:16,85) | 300m: 03:45,47 (01:18,44) | 400m: 05:03,10 (01:17,63) |                    |
| 7.  | Katharina Krüger                             | 1999                      | SG Eintracht Ergste       | 05:08,72                  | 478                |
|     | 100m: 01:12,60 (01:12,60)                    | 200m: 02:31,25 (01:18,65) | 300m: 03:50,61 (01:19,36) | 400m: 05:08,72 (01:18,11) |                    |
| 8.  | Laura Drobe                                  | 1999                      | SG Siegen                 | 05:08,91                  | 477                |
|     | 100m: 01:13,10 (01:13,10)                    | 200m: 02:32,33 (01:19,23) | 300m: 03:52,63 (01:20,30) | 400m: 05:08,91 (01:16,28) |                    |
| 9.  | Lara-Sophie Wagner                           | 1999                      | SG Ruhr                   | 05:18,50                  | 436 <del>EnM</del> |
|     | 100m: 01:13,38 (01:13,38)                    | 200m: 02:35,30 (01:21,92) | 300m: 03:58,03 (01:22,73) | 400m: 05:18,50 (01:20,47) |                    |
| 10. | Isabel Stegmann                              | 1999                      | SG Ruhr                   | 05:19,93                  | 430 <del>EnM</del> |
|     | 100m: 01:13,91 (01:13,91)                    | 200m: 02:36,02 (01:22,11) | 300m: 03:59,56 (01:23,54) | 400m: 05:19,93 (01:20,37) |                    |
| 11. | Joy Bruske                                   | 1999                      | SG Eintracht Ergste       | 05:20,52                  | 427 <del>EnM</del> |
|     | 100m: 01:12,22 (01:12,22)                    | 200m: 02:34,59 (01:22,37) | 300m: 03:58,91 (01:24,32) | 400m: 05:20,52 (01:21,61) |                    |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.

Ausrichter  
Schwimm-Verband Südwestfalen e.V.

Ort  
Dortmund

Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

### Jahrgang 1999

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 12. | Alexa Dreston             | 1999                      | SG Eintracht Ergste       | 05:21,49                  | 424 | EnM |
|     | 100m: 01:13,35 (01:13,35) | 200m: 02:35,35 (01:22,00) | 300m: 03:59,30 (01:23,95) | 400m: 05:21,49 (01:22,19) |     |     |
| 13. | Lara Hasenfratz           | 1999                      | SG Ruhr                   | 05:24,70                  | 411 | EnM |
|     | 100m: 01:15,08 (01:15,08) | 200m: 02:38,14 (01:23,06) | 300m: 04:02,71 (01:24,57) | 400m: 05:24,70 (01:21,99) |     |     |

#### abgemeldet

Freda Müller 1999 SG Siegen

### Jahrgang 1998

|    |  |                           |                           |                           |     |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |     |
|    | Chiara Fiorio                                | 1998                      | SV Blau-Weiß Bochum       | 04:46,84                  | 597 |     |
|    | 100m: 01:08,16 (01:08,16)                    | 200m: 02:20,71 (01:12,55) | 300m: 03:34,22 (01:13,51) | 400m: 04:46,84 (01:12,62) |     |     |
| 2. | Anesa Begic                                  | 1998                      | Maxi Swim-Team Hamm       | 04:53,48                  | 557 |     |
|    | 100m: 01:09,21 (01:09,21)                    | 200m: 02:24,53 (01:15,32) | 300m: 03:40,31 (01:15,78) | 400m: 04:53,48 (01:13,17) |     |     |
| 3. | Luisa Stagni                                 | 1998                      | SV Plettenberg 51         | 04:53,85                  | 555 |     |
|    | 100m: 01:10,06 (01:10,06)                    | 200m: 02:25,13 (01:15,07) | 300m: 03:40,79 (01:15,66) | 400m: 04:53,85 (01:13,06) |     |     |
| 4. | Denise Quentin                               | 1998                      | SF Unna 01/10             | 05:00,13                  | 521 |     |
|    | 100m: 01:09,77 (01:09,77)                    | 200m: 02:25,51 (01:15,74) | 300m: 03:43,54 (01:18,03) | 400m: 05:00,13 (01:16,59) |     |     |
| 5. | Alina Fritz                                  | 1998                      | Maxi Swim-Team Hamm       | 05:08,93                  | 477 |     |
|    | 100m: 01:10,95 (01:10,95)                    | 200m: 02:31,17 (01:20,22) | 300m: 03:50,00 (01:18,83) | 400m: 05:08,93 (01:18,93) |     |     |
| 6. | Celina Göbel                                 | 1998                      | SG Siegen                 | 05:09,06                  | 477 |     |
|    | 100m: 01:11,58 (01:11,58)                    | 200m: 02:31,21 (01:19,63) | 300m: 03:51,91 (01:20,70) | 400m: 05:09,06 (01:17,15) |     |     |
| 7. | Lea Janetzki                                 | 1998                      | Maxi Swim-Team Hamm       | 05:14,28                  | 453 | EnM |
|    | 100m: 01:12,65 (01:12,65)                    | 200m: 02:33,20 (01:20,55) | 300m: 03:54,17 (01:20,97) | 400m: 05:14,28 (01:20,11) |     |     |

### Jahrgang 1997

|    |  |                           |                           |                           |     |  |
|----|--|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |  |
|    | Charlotte Cronjäger                          | 1997                      | SV Blau-Weiß Bochum       | 04:40,53                  | 638 |  |
|    | 100m: 01:07,31 (01:07,31)                    | 200m: 02:19,83 (01:12,52) | 300m: 03:32,11 (01:12,28) | 400m: 04:40,53 (01:08,42) |     |  |
| 2. | Dana Volmerhaus                              | 1997                      | SG Ruhr                   | 04:44,07                  | 614 |  |
|    | 100m: 01:06,37 (01:06,37)                    | 200m: 02:18,10 (01:11,73) | 300m: 03:31,51 (01:13,41) | 400m: 04:44,07 (01:12,56) |     |  |
| 3. | Katharina Neuhaus                            | 1997                      | SF Unna 01/10             | 05:05,87                  | 492 |  |
|    | 100m: 01:13,22 (01:13,22)                    | 200m: 02:31,19 (01:17,97) | 300m: 03:50,35 (01:19,16) | 400m: 05:05,87 (01:15,52) |     |  |

### Junioren

|    |   |                           |                           |                           |     |  |
|----|---|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälische Junioren-Meisterin 2014 |                           |                           |                           |     |  |
|    | Alina Weber                                 | 1995                      | SG Dortmund               | 04:26,15                  | 747 |  |
|    | 100m: 01:04,77 (01:04,77)                   | 200m: 02:12,01 (01:07,24) | 300m: 03:19,98 (01:07,97) | 400m: 04:26,15 (01:06,17) |     |  |
| 2. | Ines Leonhardt                              | 1996                      | SG Ruhr                   | 04:54,56                  | 551 |  |
|    | 100m: 01:10,39 (01:10,39)                   | 200m: 02:25,15 (01:14,76) | 300m: 03:41,04 (01:15,89) | 400m: 04:54,56 (01:13,52) |     |  |
| 3. | Hannah Lerch                                | 1996                      | SF Unna 01/10             | 04:59,36                  | 525 |  |
|    | 100m: 01:11,04 (01:11,04)                   | 200m: 02:27,16 (01:16,12) | 300m: 03:43,91 (01:16,75) | 400m: 04:59,36 (01:15,45) |     |  |

#### abgemeldet

Lucia Scholz 1995 ATV Dorstfeld 1878

### Offene Wertung

|    |                                    |                           |                           |                           |     |  |
|----|------------------------------------|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälische Meisterin 2014 |                           |                           |                           |     |  |
|    | Denise Gruhn                       | 1990                      | SG Dortmund               | 04:25,14                  | 755 |  |
|    | 100m: 01:04,84 (01:04,84)          | 200m: 02:11,91 (01:07,07) | 300m: 03:19,15 (01:07,24) | 400m: 04:25,14 (01:05,99) |     |  |
| 2. | Alina Weber                        | 1995                      | SG Dortmund               | 04:26,15                  | 747 |  |
|    | 100m: 01:04,77 (01:04,77)          | 200m: 02:12,01 (01:07,24) | 300m: 03:19,98 (01:07,97) | 400m: 04:26,15 (01:06,17) |     |  |
| 3. | Raissa Schreiber                   | 1990                      | SG Dortmund               | 04:40,53                  | 638 |  |
|    | 100m: 01:07,30 (01:07,30)          | 200m: 02:17,84 (01:10,54) | 300m: 03:30,15 (01:12,31) | 400m: 04:40,53 (01:10,38) |     |  |
| 3. | Charlotte Cronjäger                | 1997                      | SV Blau-Weiß Bochum       | 04:40,53                  | 638 |  |
|    | 100m: 01:07,31 (01:07,31)          | 200m: 02:19,83 (01:12,52) | 300m: 03:32,11 (01:12,28) | 400m: 04:40,53 (01:08,42) |     |  |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
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Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

### Offene Wertung

|     |                           |                           |                           |                           |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 5.  | Anna Heermann             | 2000                      | SG Ruhr                   | 04:42,47                  | 625 |
|     | 100m: 01:06,44 (01:06,44) | 200m: 02:18,91 (01:12,47) | 300m: 03:31,84 (01:12,93) | 400m: 04:42,47 (01:10,63) |     |
| 6.  | Dana Volmerhaus           | 1997                      | SG Ruhr                   | 04:44,07                  | 614 |
|     | 100m: 01:06,37 (01:06,37) | 200m: 02:18,10 (01:11,73) | 300m: 03:31,51 (01:13,41) | 400m: 04:44,07 (01:12,56) |     |
| 7.  | Chiara Fiorio             | 1998                      | SV Blau-Weiß Bochum       | 04:46,84                  | 597 |
|     | 100m: 01:08,16 (01:08,16) | 200m: 02:20,71 (01:12,55) | 300m: 03:34,22 (01:13,51) | 400m: 04:46,84 (01:12,62) |     |
| 8.  | Kaja Reinhardt            | 2000                      | SG Dortmund               | 04:47,38                  | 593 |
|     | 100m: 01:06,92 (01:06,92) | 200m: 02:21,05 (01:14,13) | 300m: 03:35,69 (01:14,64) | 400m: 04:47,38 (01:11,69) |     |
| 9.  | Ann-Britt Lehmann         | 2000                      | SG Dortmund               | 04:50,15                  | 576 |
|     | 100m: 01:07,98 (01:07,98) | 200m: 02:22,14 (01:14,16) | 300m: 03:38,01 (01:15,87) | 400m: 04:50,15 (01:12,14) |     |
| 10. | Ayleen Kramer             | 1999                      | SV Hagen 1894             | 04:50,36                  | 575 |
|     | 100m: 01:06,96 (01:06,96) | 200m: 02:20,31 (01:13,35) | 300m: 03:35,38 (01:15,07) | 400m: 04:50,36 (01:14,98) |     |
| 11. | Anesa Begic               | 1998                      | Maxi Swim-Team Hamm       | 04:53,48                  | 557 |
|     | 100m: 01:09,21 (01:09,21) | 200m: 02:24,53 (01:15,32) | 300m: 03:40,31 (01:15,78) | 400m: 04:53,48 (01:13,17) |     |
| 12. | Luisa Stagni              | 1998                      | SV Plettenberg 51         | 04:53,85                  | 555 |
|     | 100m: 01:10,06 (01:10,06) | 200m: 02:25,13 (01:15,07) | 300m: 03:40,79 (01:15,66) | 400m: 04:53,85 (01:13,06) |     |
| 13. | Ines Leonhardt            | 1996                      | SG Ruhr                   | 04:54,56                  | 551 |
|     | 100m: 01:10,39 (01:10,39) | 200m: 02:25,15 (01:14,76) | 300m: 03:41,04 (01:15,89) | 400m: 04:54,56 (01:13,52) |     |
| 14. | Leonie Schake             | 1999                      | TuS Sundern               | 04:56,16                  | 542 |
|     | 100m: 01:07,59 (01:07,59) | 200m: 02:22,37 (01:14,78) | 300m: 03:39,94 (01:17,57) | 400m: 04:56,16 (01:16,22) |     |
| 15. | Lara Kaufmann             | 1994                      | SG Eintracht Ergste       | 04:57,70                  | 534 |
|     | 100m: 01:10,11 (01:10,11) | 200m: 02:27,22 (01:17,11) | 300m: 03:44,54 (01:17,32) | 400m: 04:57,70 (01:13,16) |     |
| 16. | Paula Schneider           | 2001                      | SG Eintracht Ergste       | 04:57,78                  | 533 |
|     | 100m: 01:11,16 (01:11,16) | 200m: 02:27,32 (01:16,16) | 300m: 03:44,47 (01:17,15) | 400m: 04:57,78 (01:13,31) |     |
| 17. | Tabea Recker              | 1999                      | SG Ruhr                   | 04:58,92                  | 527 |
|     | 100m: 01:08,21 (01:08,21) | 200m: 02:25,09 (01:16,88) | 300m: 03:43,41 (01:18,32) | 400m: 04:58,92 (01:15,51) |     |
| 18. | Hannah Lerch              | 1996                      | SF Unna 01/10             | 04:59,36                  | 525 |
|     | 100m: 01:11,04 (01:11,04) | 200m: 02:27,16 (01:16,12) | 300m: 03:43,91 (01:16,75) | 400m: 04:59,36 (01:15,45) |     |
| 19. | Denise Quentin            | 1998                      | SF Unna 01/10             | 05:00,13                  | 521 |
|     | 100m: 01:09,77 (01:09,77) | 200m: 02:25,51 (01:15,74) | 300m: 03:43,54 (01:18,03) | 400m: 05:00,13 (01:16,59) |     |
| 20. | Amy Hüttebräucker         | 1999                      | SV Hagen 1894             | 05:01,29                  | 515 |
|     | 100m: 01:09,84 (01:09,84) | 200m: 02:27,16 (01:17,32) | 300m: 03:45,37 (01:18,21) | 400m: 05:01,29 (01:15,92) |     |
| 21. | Victoria Kienitz          | 1999                      | SF Unna 01/10             | 05:01,98                  | 511 |
|     | 100m: 01:11,34 (01:11,34) | 200m: 02:27,40 (01:16,06) | 300m: 03:44,90 (01:17,50) | 400m: 05:01,98 (01:17,08) |     |
| 22. | Anna Kroniger             | 2000                      | SV Blau-Weiß Bochum       | 05:02,72                  | 507 |
|     | 100m: 01:09,87 (01:09,87) | 200m: 02:26,11 (01:16,24) | 300m: 03:44,84 (01:18,73) | 400m: 05:02,72 (01:17,88) |     |
| 23. | Jette Riecks              | 1999                      | SV Blau-Weiß Bochum       | 05:03,10                  | 506 |
|     | 100m: 01:10,18 (01:10,18) | 200m: 02:27,03 (01:16,85) | 300m: 03:45,47 (01:18,44) | 400m: 05:03,10 (01:17,63) |     |
| 24. | Teresa Helas              | 2002                      | SF Unna 01/10             | 05:03,79                  | 502 |
|     | 100m: 01:12,35 (01:12,35) | 200m: 02:30,18 (01:17,83) | 300m: 03:48,34 (01:18,16) | 400m: 05:03,79 (01:15,45) |     |
| 25. | Michelle Pshuk            | 2000                      | SG Ruhr                   | 05:03,92                  | 501 |
|     | 100m: 01:11,11 (01:11,11) | 200m: 02:29,38 (01:18,27) | 300m: 03:48,32 (01:18,94) | 400m: 05:03,92 (01:15,60) |     |
| 26. | Katharina Neuhaus         | 1997                      | SF Unna 01/10             | 05:05,87                  | 492 |
|     | 100m: 01:13,22 (01:13,22) | 200m: 02:31,19 (01:17,97) | 300m: 03:50,35 (01:19,16) | 400m: 05:05,87 (01:15,52) |     |
| 27. | Merle Goepfert            | 2000                      | SG Dortmund               | 05:06,83                  | 487 |
|     | 100m: 01:12,21 (01:12,21) | 200m: 02:29,11 (01:16,90) | 300m: 03:48,46 (01:19,35) | 400m: 05:06,83 (01:18,37) |     |
| 28. | Jessica Marquardt         | 2000                      | SV Hagen 1894             | 05:07,71                  | 483 |
|     | 100m: 01:09,15 (01:09,15) | 200m: 02:28,03 (01:18,88) | 300m: 03:48,56 (01:20,53) | 400m: 05:07,71 (01:19,15) |     |
| 29. | Katharina Krüger          | 1999                      | SG Eintracht Ergste       | 05:08,72                  | 478 |
|     | 100m: 01:12,60 (01:12,60) | 200m: 02:31,25 (01:18,65) | 300m: 03:50,61 (01:19,36) | 400m: 05:08,72 (01:18,11) |     |
| 30. | Laura Drobe               | 1999                      | SG Siegen                 | 05:08,91                  | 477 |
|     | 100m: 01:13,10 (01:13,10) | 200m: 02:32,33 (01:19,23) | 300m: 03:52,63 (01:20,30) | 400m: 05:08,91 (01:16,28) |     |
| 31. | Alina Fritz               | 1998                      | Maxi Swim-Team Hamm       | 05:08,93                  | 477 |
|     | 100m: 01:10,95 (01:10,95) | 200m: 02:31,17 (01:20,22) | 300m: 03:50,00 (01:18,83) | 400m: 05:08,93 (01:18,93) |     |
| 32. | Celina Göbel              | 1998                      | SG Siegen                 | 05:09,06                  | 477 |
|     | 100m: 01:11,58 (01:11,58) | 200m: 02:31,21 (01:19,63) | 300m: 03:51,91 (01:20,70) | 400m: 05:09,06 (01:17,15) |     |
| 33. | Katharina Fries           | 2000                      | SG Ruhr                   | 05:10,93                  | 468 |
|     | 100m: 01:13,35 (01:13,35) | 200m: 02:33,01 (01:19,66) | 300m: 03:53,12 (01:20,11) | 400m: 05:10,93 (01:17,81) |     |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 3 - 400 m Freistil der Frauen

### Offene Wertung

|     |                           |                           |                                   |                           |     |     |
|-----|---------------------------|---------------------------|-----------------------------------|---------------------------|-----|-----|
| 34. | Lea Janetzki              | 1998                      | Maxi Swim-Team Hamm               | 05:14,28                  | 453 | EnM |
|     | 100m: 01:12,65 (01:12,65) | 200m: 02:33,20 (01:20,55) | 300m: 03:54,17 (01:20,97)         | 400m: 05:14,28 (01:20,11) |     |     |
| 35. | Maike Köhne               | 2000                      | SG Ruhr                           | 05:16,19                  | 445 |     |
|     | 100m: 01:14,13 (01:14,13) | 200m: 02:34,94 (01:20,81) | 300m: 03:56,44 (01:21,50)         | 400m: 05:16,19 (01:19,75) |     |     |
| 36. | Lara-Sophie Wagner        | 1999                      | SG Ruhr                           | 05:18,50                  | 436 | EnM |
|     | 100m: 01:13,38 (01:13,38) | 200m: 02:35,30 (01:21,92) | 300m: 03:58,03 (01:22,73)         | 400m: 05:18,50 (01:20,47) |     |     |
| 37. | Isabel Stegmann           | 1999                      | SG Ruhr                           | 05:19,93                  | 430 | EnM |
|     | 100m: 01:13,91 (01:13,91) | 200m: 02:36,02 (01:22,11) | 300m: 03:59,56 (01:23,54)         | 400m: 05:19,93 (01:20,37) |     |     |
| 38. | Joy Bruske                | 1999                      | SG Eintracht Ergste               | 05:20,52                  | 427 | EnM |
|     | 100m: 01:12,22 (01:12,22) | 200m: 02:34,59 (01:22,37) | 300m: 03:58,91 (01:24,32)         | 400m: 05:20,52 (01:21,61) |     |     |
| 39. | Alexa Dreston             | 1999                      | SG Eintracht Ergste               | 05:21,49                  | 424 | EnM |
|     | 100m: 01:13,35 (01:13,35) | 200m: 02:35,35 (01:22,00) | 300m: 03:59,30 (01:23,95)         | 400m: 05:21,49 (01:22,19) |     |     |
| 40. | Lara Hasenfratz           | 1999                      | SG Ruhr                           | 05:24,70                  | 411 | EnM |
|     | 100m: 01:15,08 (01:15,08) | 200m: 02:38,14 (01:23,06) | 300m: 04:02,71 (01:24,57)         | 400m: 05:24,70 (01:21,99) |     |     |
| 41. | Lilly Grau                | 2003                      | SG Eintracht Ergste               | 05:27,28                  | 401 |     |
|     | 100m: 01:17,50 (01:17,50) | 200m: 02:41,91 (01:24,41) | 300m: 04:06,18 (01:24,27)         | 400m: 05:27,28 (01:21,10) |     |     |
| 42. | Chantal Leporin           | 2001                      | Wfr. Lüdenscheid                  | 05:30,66                  | 389 |     |
|     | 100m: 01:14,10 (01:14,10) | 200m: 02:39,85 (01:25,75) | 300m: 04:07,15 (01:27,30)         | 400m: 05:30,66 (01:23,51) |     |     |
| 43. | Inga Akkermann            | 2001                      | SF Unna 01/10                     | 05:31,39                  | 387 |     |
|     | 100m: 01:18,05 (01:18,05) | 200m: 02:43,40 (01:25,35) | 300m: 04:10,48 (01:27,08)         | 400m: 05:31,39 (01:20,91) |     |     |
| 44. | Alina Förster             | 2000                      | SG Ruhr                           | 05:33,02                  | 381 | EnM |
|     | 100m: 01:18,01 (01:18,01) | 200m: 02:42,95 (01:24,94) | 300m: 04:08,70 (01:25,75)         | 400m: 05:33,02 (01:24,32) |     |     |
| 45. | Stefanie Buchholz         | 2003                      | SG Siegen                         | 05:33,07                  | 381 |     |
|     | 100m: 01:18,73 (01:18,73) | 200m: 02:43,11 (01:24,38) | 300m: 04:09,38 (01:26,27)         | 400m: 05:33,07 (01:23,69) |     |     |
| 46. | Carla Maxime Eickenhorst  | 2002                      | SG Eintracht Ergste               | 05:34,59                  | 376 |     |
|     | 100m: 01:17,97 (01:17,97) | 200m: 02:43,88 (01:25,91) | 300m: 04:10,50 (01:26,62)         | 400m: 05:34,59 (01:24,09) |     |     |
| 47. | Carla Pieper              | 2002                      | SG Ruhr                           | 05:34,73                  | 375 |     |
|     | 100m: 01:18,69 (01:18,69) | 200m: 02:44,39 (01:25,70) | 300m: 04:10,50 (01:26,11)         | 400m: 05:34,73 (01:24,23) |     |     |
| 48. | Lea Kebrle                | 2002                      | SG Ruhr                           | 05:36,37                  | 370 |     |
|     | 100m: 01:19,11 (01:19,11) | 200m: 02:45,84 (01:26,73) | 300m: 04:13,24 (01:27,40)         | 400m: 05:36,37 (01:23,13) |     |     |
| 49. | Nina Dreston              | 2002                      | SG Eintracht Ergste               | 05:38,56                  | 363 |     |
|     | 100m: 01:21,30 (01:21,30) | 200m: 02:47,56 (01:26,26) | 300m: 04:14,40 (01:26,84)         | 400m: 05:38,56 (01:24,16) |     |     |
| 50. | Hannah Tillmann           | 2002                      | SV Neptun Neheim-Hüsten 1960 e.V. | 05:41,60                  | 353 |     |
|     | 100m: 01:19,12 (01:19,12) | 200m: 02:46,10 (01:26,98) | 300m: 04:14,00 (01:27,90)         | 400m: 05:41,60 (01:27,60) |     |     |
| 51. | Luzie Kindermann          | 2002                      | SG Ruhr                           | 05:41,61                  | 353 |     |
|     | 100m: 01:19,29 (01:19,29) | 200m: 02:46,58 (01:27,29) | 300m: 04:14,56 (01:27,98)         | 400m: 05:41,61 (01:27,05) |     |     |
| 52. | Sabrina Schültke          | 2003                      | TuS Sundern                       | 05:45,85                  | 340 |     |
|     | 100m: 01:24,29 (01:24,29) | 200m: 02:53,93 (01:29,64) | 300m: 04:22,95 (01:29,02)         | 400m: 05:45,85 (01:22,90) |     |     |
| 53. | Jil Laggies               | 2002                      | SV Westfalen Hagen                | 05:46,20                  | 339 | EnM |
|     | 100m: 01:18,46 (01:18,46) | 200m: 02:46,83 (01:28,37) | 300m: 04:18,11 (01:31,28)         | 400m: 05:46,20 (01:28,09) |     |     |
| 54. | Maria Vester              | 2001                      | Maxi Swim-Team Hamm               | 05:47,35                  | 336 |     |
|     | 100m: 01:18,23 (01:18,23) | 200m: 02:50,24 (01:32,01) | 300m: 04:19,18 (01:28,94)         | 400m: 05:47,35 (01:28,17) |     |     |
| 55. | Anna Buschmann            | 2003                      | Waspo Herringen                   | 05:47,68                  | 335 |     |
|     | 100m: 01:22,84 (01:22,84) | 200m: 02:53,23 (01:30,39) | 300m: 04:22,12 (01:28,89)         | 400m: 05:47,68 (01:25,56) |     |     |
| 56. | Anna-Lena Kuhn            | 2004                      | Waspo Herringen                   | 05:48,74                  | 332 |     |
|     | 100m: 01:19,58 (01:19,58) | 200m: 02:48,81 (01:29,23) | 300m: 04:20,48 (01:31,67)         | 400m: 05:48,74 (01:28,26) |     |     |
| 57. | Delia Louisa Borchert     | 2003                      | SG Eintracht Ergste               | 05:52,81                  | 320 |     |
|     | 100m: 01:21,75 (01:21,75) | 200m: 02:52,08 (01:30,33) | 300m: 04:23,63 (01:31,55)         | 400m: 05:52,81 (01:29,18) |     |     |
| 58. | Leonie Brandt             | 2002                      | SVg Witten 1884/09                | 05:59,82                  | 302 | EnM |
|     | 100m: 01:24,35 (01:24,35) | 200m: 02:56,26 (01:31,91) | 300m: 04:29,65 (01:33,39)         | 400m: 05:59,82 (01:30,17) |     |     |
| 59. | Tabea Nagel               | 2002                      | TV Werne 03 Wasserfreunde         | 06:00,53                  | 300 | EnM |
|     | 100m: 01:25,78 (01:25,78) | 200m: 02:59,28 (01:33,50) | 300m: 04:32,80 (01:33,52)         | 400m: 06:00,53 (01:27,73) |     |     |
| 60. | Vivian Noschka            | 2003                      | SC Wiking Herne                   | 06:01,90                  | 297 |     |
|     | 100m: 01:22,87 (01:22,87) | 200m: 02:54,73 (01:31,86) | 300m: 04:28,85 (01:34,12)         | 400m: 06:01,90 (01:33,05) |     |     |
| 61. | Astrid Croissier          | 2002                      | SG Lünen                          | 06:07,95                  | 282 | EnM |
|     | 100m: 01:21,92 (01:21,92) | 200m: 02:56,06 (01:34,14) | 300m: 04:34,10 (01:38,04)         | 400m: 06:07,95 (01:33,85) |     |     |
| 62. | Lilly Melenk              | 2002                      | SG Dortmund                       | 06:12,55                  | 272 | EnM |
|     | 100m: 01:24,52 (01:24,52) | 200m: 02:59,22 (01:34,70) | 300m: 04:38,71 (01:39,49)         | 400m: 06:12,55 (01:33,84) |     |     |

**SVSW-Meisterschaften "Lange Strecken mit JMK"**Veranstalter  
Schwimm-Verband Südwestfalen e.V.Ausrichter  
Schwimm-Verband Südwestfalen e.V.Ort  
DortmundDatum  
22.02.2014 - 23.02.2014**Wettkampf 3 - 400 m Freistil der Frauen****Offene Wertung**

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 63. | Cora Engel                | 2002                      | SG Lünen                  | 06:12,94                  | 271 | EnM |
|     | 100m: 01:24,85 (01:24,85) | 200m: 03:01,40 (01:36,55) | 300m: 04:39,26 (01:37,86) | 400m: 06:12,94 (01:33,68) |     |     |
| 64. | Malin Achy                | 2003                      | SG Dortmund               | 06:13,19                  | 271 | EnM |
|     | 100m: 01:27,41 (01:27,41) | 200m: 03:03,47 (01:36,06) | 300m: 04:40,86 (01:37,39) | 400m: 06:13,19 (01:32,33) |     |     |
| 65. | Dina Dorawa               | 2003                      | SSC Hörde 54/58 e.V.      | 06:14,39                  | 268 | EnM |
|     | 100m: 01:25,61 (01:25,61) | 200m: 03:01,51 (01:35,90) | 300m: 04:39,61 (01:38,10) | 400m: 06:14,39 (01:34,78) |     |     |
| 66. | Janina Göke               | 2004                      | SG Eintracht Ergste       | 06:14,58                  | 268 |     |
|     | 100m: 01:29,51 (01:29,51) | 200m: 03:05,78 (01:36,27) | 300m: 04:41,81 (01:36,03) | 400m: 06:14,58 (01:32,77) |     |     |
| 67. | Hannah Stoyke             | 2002                      | SG Eintracht Ergste       | 06:14,59                  | 268 | EnM |
|     | 100m: 01:29,81 (01:29,81) | 200m: 03:07,29 (01:37,48) | 300m: 04:44,24 (01:36,95) | 400m: 06:14,59 (01:30,35) |     |     |
| 68. | Laura Köhler              | 2002                      | SG Eintracht Ergste       | 06:15,11                  | 266 | EnM |
|     | 100m: 01:30,70 (01:30,70) | 200m: 03:07,03 (01:36,33) | 300m: 04:43,83 (01:36,80) | 400m: 06:15,11 (01:31,28) |     |     |
| 69. | Lea Backhaus              | 2002                      | SG Ruhr                   | 06:16,14                  | 264 | EnM |
|     | 100m: 01:30,16 (01:30,16) | 200m: 03:07,82 (01:37,66) | 300m: 04:44,36 (01:36,54) | 400m: 06:16,14 (01:31,78) |     |     |
| 70. | Jacky Amanda Salmen       | 2003                      | SG Dortmund               | 06:21,98                  | 252 | EnM |
|     | 100m: 01:27,88 (01:27,88) | 200m: 03:07,05 (01:39,17) | 300m: 04:45,16 (01:38,11) | 400m: 06:21,98 (01:36,82) |     |     |
| 71. | Sonja Ickstadt            | 2003                      | SG Dortmund               | 06:24,06                  | 248 | EnM |
|     | 100m: 01:31,39 (01:31,39) | 200m: 03:10,39 (01:39,00) | 300m: 04:51,68 (01:41,29) | 400m: 06:24,06 (01:32,38) |     |     |
| 72. | Marla Vaihinger           | 2003                      | SV Hagen 1894             | 06:24,31                  | 248 | EnM |
|     | 100m: 01:28,73 (01:28,73) | 200m: 03:07,67 (01:38,94) | 300m: 04:47,61 (01:39,94) | 400m: 06:24,31 (01:36,70) |     |     |
| 73. | Kathleen Machatik         | 2004                      | SV Blau-Weiß Bochum       | 06:25,02                  | 246 |     |
|     | 100m: 01:30,67 (01:30,67) | 200m: 03:11,07 (01:40,40) | 300m: 04:50,44 (01:39,37) | 400m: 06:25,02 (01:34,58) |     |     |
| 74. | Helen Klaes               | 2002                      | TV Werne 03 Wasserfreunde | 06:29,33                  | 238 | EnM |
|     | 100m: 01:29,39 (01:29,39) | 200m: 03:12,65 (01:43,26) | 300m: 04:54,46 (01:41,81) | 400m: 06:29,33 (01:34,87) |     |     |
| 75. | Eve Levermann             | 2003                      | SV Plettenberg 51         | 06:33,39                  | 231 | EnM |
|     | 100m: 01:27,60 (01:27,60) | 200m: 03:08,75 (01:41,15) | 300m: 04:51,77 (01:43,02) | 400m: 06:33,39 (01:41,62) |     |     |
| 76. | Franziska Demant          | 2003                      | SSC Hörde 54/58 e.V.      | 06:36,13                  | 226 | EnM |
|     | 100m: 01:28,45 (01:28,45) | 200m: 03:12,46 (01:44,01) | 300m: 04:56,68 (01:44,22) | 400m: 06:36,13 (01:39,45) |     |     |
| 77. | Victoria Reimann          | 2004                      | Waspo Herringen           | 06:37,89                  | 223 |     |
|     | 100m: 01:30,34 (01:30,34) | 200m: 03:13,14 (01:42,80) | 300m: 04:56,88 (01:43,74) | 400m: 06:37,89 (01:41,01) |     |     |
| 78. | Paulina Kapitza           | 2003                      | SC Wiking Herne           | 06:40,45                  | 219 | EnM |
|     | 100m: 01:32,93 (01:32,93) | 200m: 03:17,23 (01:44,30) | 300m: 05:00,77 (01:43,54) | 400m: 06:40,45 (01:39,68) |     |     |
| 79. | Gina Reimann              | 2002                      | SSC Hörde 54/58 e.V.      | 06:41,85                  | 217 | EnM |
|     | 100m: 01:30,50 (01:30,50) | 200m: 03:14,88 (01:44,38) | 300m: 05:04,03 (01:49,15) | 400m: 06:41,85 (01:37,82) |     |     |
| 80. | Ricarda Hirsch            | 2003                      | SC Wiking Herne           | 06:43,98                  | 213 | EnM |
|     | 100m: 01:35,82 (01:35,82) | 200m: 03:19,95 (01:44,13) | 300m: 05:06,63 (01:46,68) | 400m: 06:43,98 (01:37,35) |     |     |
| 81. | Hannah Schulte            | 2004                      | SG Eintracht Ergste       | 06:44,34                  | 213 |     |
|     | 100m: 01:29,45 (01:29,45) | 200m: 03:15,44 (01:45,99) | 300m: 05:00,79 (01:45,35) | 400m: 06:44,34 (01:43,55) |     |     |
| 82. | Zina Berrar               | 2004                      | TuS Dortmund-Brackel      | 06:44,47                  | 212 |     |
|     | 100m: 01:30,38 (01:30,38) | 200m: 03:16,44 (01:46,06) | 300m: 05:01,13 (01:44,69) | 400m: 06:44,47 (01:43,34) |     |     |
| 83. | Jule Wichtermann          | 2004                      | SV Blau-Weiß Bochum       | 06:44,59                  | 212 | EnM |
|     | 100m: 01:33,23 (01:33,23) | 200m: 03:17,32 (01:44,09) | 300m: 05:03,14 (01:45,82) | 400m: 06:44,59 (01:41,45) |     |     |
| 84. | Sophia Mach               | 2003                      | SG Dortmund               | 06:44,96                  | 212 | EnM |
|     | 100m: 01:31,30 (01:31,30) | 200m: 03:16,83 (01:45,53) | 300m: 05:03,50 (01:46,67) | 400m: 06:44,96 (01:41,46) |     |     |
| 85. | Nona Söltzer              | 2002                      | SSC Hörde 54/58 e.V.      | 06:48,21                  | 207 | EnM |
|     | 100m: 01:32,88 (01:32,88) | 200m: 03:20,35 (01:47,47) | 300m: 05:07,16 (01:46,81) | 400m: 06:48,21 (01:41,05) |     |     |
| 86. | Jana Vonhoff              | 2004                      | Wfr. TuRa Bergkamen       | 06:48,92                  | 206 | EnM |
|     | 100m: 01:35,90 (01:35,90) | 200m: 03:21,92 (01:46,02) | 300m: 05:08,87 (01:46,95) | 400m: 06:48,92 (01:40,05) |     |     |
| 87. | Helena Brandt             | 2003                      | SVg Witten 1884/09        | 06:59,09                  | 191 | EnM |
|     | 100m: 01:38,00 (01:38,00) | 200m: 03:25,97 (01:47,97) | 300m: 05:14,82 (01:48,85) | 400m: 06:59,09 (01:44,27) |     |     |
| 88. | Lena Gmyrek               | 2004                      | TuS Dortmund-Brackel      | 07:03,69                  | 185 | EnM |
|     | 100m: 01:36,68 (01:36,68) | 200m: 03:27,14 (01:50,46) | 300m: 05:19,49 (01:52,35) | 400m: 07:03,69 (01:44,20) |     |     |
| 89. | Doreen Schulz             | 2003                      | SG Lünen                  | 07:08,15                  | 179 | EnM |
|     | 100m: 01:31,91 (01:31,91) | 200m: 03:24,10 (01:52,19) | 300m: 05:19,54 (01:55,44) | 400m: 07:08,15 (01:48,61) |     |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 4 - 400 m Freistil der Frauen (Masters)

Keine Pflichtzeiten

### Ak 75

1. und Südwestfälische Masters-Meisterin AK 75 2014  
Helga Reich 1936/AK75 SC Wiking Herne 07:04,62 184  
100m: 01:40,79 (01:40,79) 200m: 03:29,18 (01:48,39) 300m: 05:17,79 (01:48,61) 400m: 07:04,62 (01:46,83)

### Ak 60

1. und Südwestfälische Masters-Meisterin AK 60 2014  
Heli Houben 1951/AK60 SV Blau-Weiß Bochum 06:44,76 212  
100m: 01:29,99 (01:29,99) 200m: 03:12,78 (01:42,79) 300m: 04:58,49 (01:45,71) 400m: 06:44,76 (01:46,27)
2. Petra Henn 1950/AK60 TuS Breckerfeld 09:03,86 87  
100m: 02:06,81 (02:06,81) 200m: 04:24,59 (02:17,78) 300m: 06:43,56 (02:18,97) 400m: 09:03,86 (02:20,30)

### Ak 50

1. und Südwestfälische Masters-Meisterin AK 50 2014  
Rita Bohnet 1964/AK50 SV Blau-Weiß Bochum 05:22,29 420  
100m: 01:18,00 (01:18,00) 200m: 02:40,14 (01:22,14) 300m: 04:02,17 (01:22,03) 400m: 05:22,29 (01:20,12)
2. Gabriele Brkowski 1961/AK50 SC Wiking Herne 05:25,58 408  
100m: 01:14,77 (01:14,77) 200m: 02:36,77 (01:22,00) 300m: 03:59,95 (01:23,18) 400m: 05:25,58 (01:25,63)
3. Gabriele Jünemann 1960/AK50 SC Wiking Herne 06:38,67 222  
100m: 01:32,40 (01:32,40) 200m: 03:14,70 (01:42,30) 300m: 04:56,91 (01:42,21) 400m: 06:38,67 (01:41,76)
4. Susanne Lückel 1963/AK50 Schwimmverein Kamen 1891 07:05,94 182  
100m: 01:37,17 (01:37,17) 200m: 03:28,05 (01:50,88) 300m: 05:19,35 (01:51,30) 400m: 07:05,94 (01:46,59)

### Ak 45

1. und Südwestfälische Masters-Meisterin AK 45 2014  
Verena Haselhoff 1966/AK45 SSV Meschede 05:05,50 494  
100m: 01:09,83 (01:09,83) 200m: 02:27,87 (01:18,04) 300m: 03:46,94 (01:19,07) 400m: 05:05,50 (01:18,56)
2. Teodora König 1966/AK45 TSV Vorhalle 1879 e.V. 05:38,25 364  
100m: 01:18,67 (01:18,67) 200m: 02:45,55 (01:26,88) 300m: 04:12,64 (01:27,09) 400m: 05:38,25 (01:25,61)
3. Susanne Fischer 1967/AK45 SV Hagen 1894 06:13,45 270  
100m: 01:24,58 (01:24,58) 200m: 03:01,07 (01:36,49) 300m: 04:38,99 (01:37,92) 400m: 06:13,45 (01:34,46)
4. Undine Botz 1965/AK45 SV Hagen 1894 06:29,80 237  
100m: 01:25,00 (01:25,00) 200m: 03:04,18 (01:39,18) 300m: 04:47,68 (01:43,50) 400m: 06:29,80 (01:42,12)

### Ak 40

1. und Südwestfälische Masters-Meisterin AK 40 2014  
Verena Krömeke 1974/AK40 SSV Meschede 04:59,72 523  
100m: 01:08,37 (01:08,37) 200m: 02:24,92 (01:16,55) 300m: 03:42,47 (01:17,55) 400m: 04:59,72 (01:17,25)
2. Melanie Kroniger 1970/AK40 SV Blau-Weiß Bochum 05:26,47 404  
100m: 01:17,46 (01:17,46) 200m: 02:39,71 (01:22,25) 300m: 04:03,08 (01:23,37) 400m: 05:26,47 (01:23,39)
3. Sonja Wundrock 1971/AK40 Schwimmverein Kamen 1891 06:36,95 225  
100m: 01:28,39 (01:28,39) 200m: 03:10,11 (01:41,72) 300m: 04:53,47 (01:43,36) 400m: 06:36,95 (01:43,48)

### Ak 35

1. und Südwestfälische Masters-Meisterin AK 35 2014  
Silke Wende 1976/AK35 Schwimmverein Kamen 1891 06:00,66 300  
100m: 01:18,65 (01:18,65) 200m: 02:49,66 (01:31,01) 300m: 04:25,49 (01:35,83) 400m: 06:00,66 (01:35,17)

### Ak 30

1. und Südwestfälische Masters-Meisterin AK 30 2014  
Vanessa Wolny 1983/AK30 Waspo Herringen 05:39,50 360  
100m: 01:18,08 (01:18,08) 200m: 02:43,53 (01:25,45) 300m: 04:11,10 (01:27,57) 400m: 05:39,50 (01:28,40)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

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## Wettkampf 4 - 400 m Freistil der Frauen (Masters)

### Ak 25

1. und Südwestfälische Masters-Meisterin AK 25 2014  
Nina Papenfuß 1989/AK25 TuS Breckerfeld 06:14,67 267  
100m: 01:26,56 (01:26,56) 200m: 03:02,67 (01:36,11) 300m: 04:40,45 (01:37,78) 400m: 06:14,67 (01:34,22)
2. Sabrina Fettin 1988/AK25 SSV Meschede 06:19,15 258  
100m: 01:24,06 (01:24,06) 200m: 03:00,75 (01:36,69) 300m: 04:40,52 (01:39,77) 400m: 06:19,15 (01:38,63)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 5 - 400 m Freistil der Männer

| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Pflichtzeit | 04:40,80 | 04:48,00    | 04:51,10 | 04:56,70 | 05:03,60 | 05:10,00 | 05:22,40 | 05:37,90 |
| Jahrgang    | 2003     | 2004        |          |          |          |          |          |          |
| Pflichtzeit | 06:04,30 | 06:23,40    |          |          |          |          |          |          |

## Junioren

1. und Südwestfälischer Junioren-Meister 2014  
Marius Glajcar 1996 SG Lünen 04:28,82 548  
100m: 01:03,56 (01:03,56) 200m: 02:12,88 (01:09,32) 300m: 03:22,22 (01:09,34) 400m: 04:28,82 (01:06,60)
2. Silas Irlle 1996 SG Siegen 04:42,41 473  
100m: 01:04,97 (01:04,97) 200m: 02:17,48 (01:12,51) 300m: 03:31,52 (01:14,04) 400m: 04:42,41 (01:10,89)
3. Vitali Bondarenko 1996 SG Siegen 04:45,63 457  
100m: 01:04,67 (01:04,67) 200m: 02:17,69 (01:13,02) 300m: 03:31,98 (01:14,29) 400m: 04:45,63 (01:13,65)
4. Pascal Grewer 1996 Maxi Swim-Team Hamm 04:45,79 456  
100m: 01:06,51 (01:06,51) 200m: 02:19,21 (01:12,70) 300m: 03:33,72 (01:14,51) 400m: 04:45,79 (01:12,07)

## Jahrgang 1997

1. und Südwestfälischer Jahrgangs-Meister 2014  
Gianluca Bick 1997 SF Unna 01/10 04:36,29 505  
100m: 01:04,48 (01:04,48) 200m: 02:15,04 (01:10,56) 300m: 03:26,30 (01:11,26) 400m: 04:36,29 (01:09,99)
2. Julius Schumann 1997 SG Siegen 04:42,65 472  
100m: 01:06,84 (01:06,84) 200m: 02:19,51 (01:12,67) 300m: 03:33,22 (01:13,71) 400m: 04:42,65 (01:09,43)
3. Bastian Rabe 1997 SG Ruhr 04:47,17 450  
100m: 01:06,43 (01:06,43) 200m: 02:19,81 (01:13,38) 300m: 03:34,40 (01:14,59) 400m: 04:47,17 (01:12,77)

## Jahrgang 1998

1. und Südwestfälischer Jahrgangs-Meister 2014  
Björn Kroniger 1998 SV Blau-Weiß Bochum 04:14,78 644  
100m: 01:01,72 (01:01,72) 200m: 02:06,10 (01:04,38) 300m: 03:11,30 (01:05,20) 400m: 04:14,78 (01:03,48)
2. Lasse Dumke 1998 SG Ruhr 04:29,31 545  
100m: 01:03,17 (01:03,17) 200m: 02:12,72 (01:09,55) 300m: 03:22,25 (01:09,53) 400m: 04:29,31 (01:07,06)
3. Lennard-Alexander Raabe 1998 SG Lünen 04:43,91 465  
100m: 01:05,48 (01:05,48) 200m: 02:18,68 (01:13,20) 300m: 03:32,60 (01:13,92) 400m: 04:43,91 (01:11,31)
4. Jonah Irlle 1998 SG Siegen 04:54,94 415  
100m: 01:08,51 (01:08,51) 200m: 02:24,24 (01:15,73) 300m: 03:40,03 (01:15,79) 400m: 04:54,94 (01:14,91)

## Jahrgang 1999

1. und Südwestfälischer Jahrgangs-Meister 2014  
Nicolas Kowalczyk 1999 SG Ruhr 04:34,42 515  
100m: 01:06,06 (01:06,06) 200m: 02:15,83 (01:09,77) 300m: 03:27,29 (01:11,46) 400m: 04:34,42 (01:07,13)
2. Thorben Grzanna 1999 SF Unna 01/10 04:36,17 506  
100m: 01:04,16 (01:04,16) 200m: 02:15,03 (01:10,87) 300m: 03:26,45 (01:11,42) 400m: 04:36,17 (01:09,72)
3. Tim Odenkirchen 1999 SF Unna 01/10 04:51,81 428  
100m: 01:07,06 (01:07,06) 200m: 02:20,30 (01:13,24) 300m: 03:36,56 (01:16,26) 400m: 04:51,81 (01:15,25)
4. Marc Schulte 1999 SG Eintracht Ergste 04:54,26 418  
100m: 01:07,80 (01:07,80) 200m: 02:22,29 (01:14,49) 300m: 03:39,16 (01:16,87) 400m: 04:54,26 (01:15,10)
5. Lennart Tollrian 1999 SV Blau-Weiß Bochum 04:56,45 409  
100m: 01:09,21 (01:09,21) 200m: 02:25,35 (01:16,14) 300m: 03:42,79 (01:17,44) 400m: 04:56,45 (01:13,66)
6. Johannes Malz 1999 SG Ruhr 04:56,81 407  
100m: 01:09,21 (01:09,21) 200m: 02:25,03 (01:15,82) 300m: 03:42,57 (01:17,54) 400m: 04:56,81 (01:14,24)
7. Yannis Baumeister 1999 SV Hagen 1894 05:01,17 390  
100m: 01:10,20 (01:10,20) 200m: 02:27,16 (01:16,96) 300m: 03:44,69 (01:17,53) 400m: 05:01,17 (01:16,48)

## Jahrgang 2000

1. und Südwestfälischer Jahrgangs-Meister 2014  
Alexander Neuhaus 2000 SF Unna 01/10 04:53,63 421  
100m: 01:08,36 (01:08,36) 200m: 02:24,29 (01:15,93) 300m: 03:40,90 (01:16,61) 400m: 04:53,63 (01:12,73)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 5 - 400 m Freistil der Männer

### Jahrgang 2000

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 2. | Konstantin Koch           | 2000                      | SG Ruhr                   | 04:56,86                  | 407 |
|    | 100m: 01:08,26 (01:08,26) | 200m: 02:24,81 (01:16,55) | 300m: 03:42,43 (01:17,62) | 400m: 04:56,86 (01:14,43) |     |
| 3. | Matthias Sosna            | 2000                      | SV Plettenberg 51         | 04:57,82                  | 403 |
|    | 100m: 01:08,33 (01:08,33) | 200m: 02:24,88 (01:16,55) | 300m: 03:42,85 (01:17,97) | 400m: 04:57,82 (01:14,97) |     |
| 4. | Felix Aubke               | 2000                      | SG Lünen                  | 05:01,58                  | 388 |
|    | 100m: 01:10,32 (01:10,32) | 200m: 02:27,54 (01:17,22) | 300m: 03:45,50 (01:17,96) | 400m: 05:01,58 (01:16,08) |     |
| 5. | Fynn Wissemann            | 2000                      | Maxi Swim-Team Hamm       | 05:20,86                  | 322 |
|    | 100m: 01:12,56 (01:12,56) | 200m: 02:36,83 (01:24,27) | 300m: 04:00,08 (01:23,25) | 400m: 05:20,86 (01:20,78) |     |

### Jahrgang 2001

|     |   |                           |                           |                           |         |
|-----|---|---------------------------|---------------------------|---------------------------|---------|
| 1.  | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |         |
|     | Kevin Wessel                                | 2001                      | SG Ruhr                   | 04:54,13                  | 418     |
|     | 100m: 01:08,81 (01:08,81)                   | 200m: 02:23,25 (01:14,44) | 300m: 03:39,56 (01:16,31) | 400m: 04:54,13 (01:14,57) |         |
| 2.  | Lennart Brendler                            | 2001                      | SSC Hörde 54/58 e.V.      | 05:00,22                  | 393     |
|     | 100m: 01:08,72 (01:08,72)                   | 200m: 02:25,14 (01:16,42) | 300m: 03:44,10 (01:18,96) | 400m: 05:00,22 (01:16,12) |         |
| 3.  | Lino Stagni                                 | 2001                      | SV Plettenberg 51         | 05:05,50                  | 373     |
|     | 100m: 01:09,90 (01:09,90)                   | 200m: 02:26,69 (01:16,79) | 300m: 03:46,24 (01:19,55) | 400m: 05:05,50 (01:19,26) |         |
| 4.  | Mika Dumke                                  | 2001                      | SG Ruhr                   | 05:08,70                  | 362     |
|     | 100m: 01:12,93 (01:12,93)                   | 200m: 02:32,19 (01:19,26) | 300m: 03:51,62 (01:19,43) | 400m: 05:08,70 (01:17,08) |         |
| 5.  | Jonas Bruha                                 | 2001                      | Sport-Union Annen         | 05:13,38                  | 346     |
|     | 100m: 01:09,05 (01:09,05)                   | 200m: 02:27,91 (01:18,86) | 300m: 03:50,99 (01:23,08) | 400m: 05:13,38 (01:22,39) |         |
| 6.  | Nicolas Jochum                              | 2001                      | SG Ruhr                   | 05:16,01                  | 337     |
|     | 100m: 01:13,08 (01:13,08)                   | 200m: 02:33,74 (01:20,66) | 300m: 03:55,77 (01:22,03) | 400m: 05:16,01 (01:20,24) |         |
| 7.  | Dorian Mielke                               | 2001                      | Maxi Swim-Team Hamm       | 05:22,83                  | 316 EnM |
|     | 100m: 01:16,74 (01:16,74)                   | 200m: 02:39,23 (01:22,49) | 300m: 04:02,17 (01:22,94) | 400m: 05:22,83 (01:20,66) |         |
| 8.  | Lars Miguel Heinke                          | 2001                      | SG Eintracht Ergste       | 05:32,02                  | 291 EnM |
|     | 100m: 01:15,73 (01:15,73)                   | 200m: 02:41,44 (01:25,71) | 300m: 04:07,53 (01:26,09) | 400m: 05:32,02 (01:24,49) |         |
| 9.  | Maximilian Buchholz                         | 2001                      | SG Siegen                 | 05:33,85                  | 286 EnM |
|     | 100m: 01:18,72 (01:18,72)                   | 200m: 02:44,29 (01:25,57) | 300m: 04:09,56 (01:25,27) | 400m: 05:33,85 (01:24,29) |         |
| 10. | Niklas Kuhn                                 | 2001                      | Waspo Herringen           | 05:38,69                  | 274 EnM |
|     | 100m: 01:18,75 (01:18,75)                   | 200m: 02:45,53 (01:26,78) | 300m: 04:14,34 (01:28,81) | 400m: 05:38,69 (01:24,35) |         |
| 11. | Maximilian Ligges                           | 2001                      | SG Dortmund               | 05:42,18                  | 266 EnM |
|     | 100m: 01:20,59 (01:20,59)                   | 200m: 02:48,09 (01:27,50) | 300m: 04:18,98 (01:30,89) | 400m: 05:42,18 (01:23,20) |         |
| 12. | Bastian Hollmann                            | 2001                      | SV Bieber Lendringsen     | 05:44,52                  | 260 EnM |
|     | 100m: 01:20,55 (01:20,55)                   | 200m: 02:50,55 (01:30,00) | 300m: 04:19,69 (01:29,14) | 400m: 05:44,52 (01:24,83) |         |

#### abgemeldet

Robin Recker 2001 SG Ruhr

### Jahrgang 2002

|    |   |                           |                           |                           |         |
|----|---|---------------------------|---------------------------|---------------------------|---------|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |         |
|    | Silas Leowald                               | 2002                      | Wasserfreunde Finnentrop  | 05:26,24                  | 306     |
|    | 100m: 01:16,29 (01:16,29)                   | 200m: 02:40,56 (01:24,27) | 300m: 04:05,51 (01:24,95) | 400m: 05:26,24 (01:20,73) |         |
| 2. | Moritz Lohrmann                             | 2002                      | SG Ruhr                   | 05:37,70                  | 276     |
|    | 100m: 01:16,60 (01:16,60)                   | 200m: 02:42,60 (01:26,00) | 300m: 04:11,20 (01:28,60) | 400m: 05:37,70 (01:26,50) |         |
| 3. | Patrick Marquardt                           | 2002                      | SV Hagen 1894             | 05:38,89                  | 273     |
|    | 100m: 01:20,57 (01:20,57)                   | 200m: 02:48,10 (01:27,53) | 300m: 04:16,88 (01:28,78) | 400m: 05:38,89 (01:22,01) |         |
| 4. | Jan-Philipp Kortmann                        | 2002                      | TV Werne 03 Wasserfreunde | 05:42,93                  | 264     |
|    | 100m: 01:18,45 (01:18,45)                   | 200m: 02:47,38 (01:28,93) | 300m: 04:18,76 (01:31,38) | 400m: 05:42,93 (01:24,17) |         |
| 5. | Julian Hankiewicz                           | 2002                      | SV Aegir Arnsberg         | 05:44,39                  | 260     |
|    | 100m: 01:19,81 (01:19,81)                   | 200m: 02:49,04 (01:29,23) | 300m: 04:19,20 (01:30,16) | 400m: 05:44,39 (01:25,19) |         |
| 6. | Yunus Albayrak                              | 2002                      | SG Dortmund               | 05:45,68                  | 258     |
|    | 100m: 01:21,50 (01:21,50)                   | 200m: 02:50,97 (01:29,47) | 300m: 04:21,05 (01:30,08) | 400m: 05:45,68 (01:24,63) |         |
| 7. | Leon Owie                                   | 2002                      | SG Siegen                 | 05:48,68                  | 251 EnM |
|    | 100m: 01:20,39 (01:20,39)                   | 200m: 02:50,91 (01:30,52) | 300m: 04:22,29 (01:31,38) | 400m: 05:48,68 (01:26,39) |         |
| 8. | Egor Gubenko                                | 2002                      | SSC Hörde 54/58 e.V.      | 05:50,27                  | 248 EnM |
|    | 100m: 01:21,75 (01:21,75)                   | 200m: 02:53,59 (01:31,84) | 300m: 04:24,99 (01:31,40) | 400m: 05:50,27 (01:25,28) |         |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 5 - 400 m Freistil der Männer

### Jahrgang 2002

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 9.  | Jonathan Gröne            | 2002                      | SG Lünen                  | 05:57,28                  | 233 | EnM |
|     | 100m: 01:22,10 (01:22,10) | 200m: 02:54,21 (01:32,11) | 300m: 04:28,36 (01:34,15) | 400m: 05:57,28 (01:28,92) |     |     |
| 10. | Dario Pandev              | 2002                      | Wasserfreunde Finnentrop  | 05:58,13                  | 232 | EnM |
|     | 100m: 01:19,22 (01:19,22) | 200m: 02:51,13 (01:31,91) | 300m: 04:25,13 (01:34,00) | 400m: 05:58,13 (01:33,00) |     |     |
| 11. | Felix Eißing              | 2002                      | SSC Hörde 54/58 e.V.      | 06:22,77                  | 190 | EnM |
|     | 100m: 01:28,72 (01:28,72) | 200m: 03:08,67 (01:39,95) | 300m: 04:48,58 (01:39,91) | 400m: 06:22,77 (01:34,19) |     |     |
| 12. | Maximilian Weiß           | 2002                      | Wfr. TuRa Bergkamen       | 06:28,77                  | 181 | EnM |
|     | 100m: 01:33,10 (01:33,10) | 200m: 03:12,88 (01:39,78) | 300m: 04:54,51 (01:41,63) | 400m: 06:28,77 (01:34,26) |     |     |

#### nicht am Start

Max Kochanek 2002 Wasserfreunde Finnentrop EnM

### Jahrgang 2003

|    |   |                           |                                   |                           |     |     |
|----|---|---------------------------|-----------------------------------|---------------------------|-----|-----|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                                   |                           |     |     |
|    | Jasper Schlak                               | 2003                      | SG Eintracht Ergste               | 05:45,31                  | 258 |     |
|    | 100m: 01:21,88 (01:21,88)                   | 200m: 02:51,13 (01:29,25) | 300m: 04:21,71 (01:30,58)         | 400m: 05:45,31 (01:23,60) |     |     |
| 2. | Armin Wefers                                | 2003                      | Waspo Herringen                   | 05:47,72                  | 253 |     |
|    | 100m: 01:23,46 (01:23,46)                   | 200m: 02:54,13 (01:30,67) | 300m: 04:23,77 (01:29,64)         | 400m: 05:47,72 (01:23,95) |     |     |
| 3. | Sirke Dorn                                  | 2003                      | SV Hagen 1894                     | 05:58,51                  | 231 |     |
|    | 100m: 01:22,19 (01:22,19)                   | 200m: 02:56,42 (01:34,23) | 300m: 04:29,25 (01:32,83)         | 400m: 05:58,51 (01:29,26) |     |     |
| 4. | Leon Detambel                               | 2003                      | SG Eintracht Ergste               | 06:02,18                  | 224 |     |
|    | 100m: 01:24,13 (01:24,13)                   | 200m: 02:58,93 (01:34,80) | 300m: 04:31,46 (01:32,53)         | 400m: 06:02,18 (01:30,72) |     |     |
| 5. | Joel Sökeland                               | 2003                      | SG Ruhr                           | 06:05,09                  | 219 |     |
|    | 100m: 01:24,70 (01:24,70)                   | 200m: 02:59,51 (01:34,81) | 300m: 04:35,16 (01:35,65)         | 400m: 06:05,09 (01:29,93) |     |     |
| 6. | Marco Steube                                | 2003                      | Wfr. TuRa Bergkamen               | 06:07,51                  | 214 |     |
|    | 100m: 01:24,94 (01:24,94)                   | 200m: 03:00,60 (01:35,66) | 300m: 04:35,86 (01:35,26)         | 400m: 06:07,51 (01:31,65) |     |     |
| 7. | Til Schmidt                                 | 2003                      | SC Wiking Herne                   | 06:15,15                  | 201 | EnM |
|    | 100m: 01:28,35 (01:28,35)                   | 200m: 03:05,31 (01:36,96) | 300m: 04:41,96 (01:36,65)         | 400m: 06:15,15 (01:33,19) |     |     |
| 8. | Kevin-Noah Kaminski                         | 2003                      | Wfr. TuRa Bergkamen               | 06:23,61                  | 188 | EnM |
|    | 100m: 01:31,53 (01:31,53)                   | 200m: 03:11,73 (01:40,20) | 300m: 04:51,56 (01:39,83)         | 400m: 06:23,61 (01:32,05) |     |     |
| 9. | Pascal Metze                                | 2003                      | SV Neptun Neheim-Hüsten 1960 e.V. | 07:12,06                  | 132 | EnM |
|    | 100m: 01:41,56 (01:41,56)                   | 200m: 03:34,37 (01:52,81) | 300m: 05:27,43 (01:53,06)         | 400m: 07:12,06 (01:44,63) |     |     |

#### abgemeldet

Jonas Laar 2003 SG Ruhr  
Denis Gurdzhi 2003 SG Dortmund

### Jahrgang 2004

|    |   |                           |                           |                           |     |  |
|----|---|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |     |  |
|    | Constantin Krüger                           | 2004                      | SG Eintracht Ergste       | 05:59,76                  | 228 |  |
|    | 100m: 01:21,98 (01:21,98)                   | 200m: 02:56,51 (01:34,53) | 300m: 04:30,54 (01:34,03) | 400m: 05:59,76 (01:29,22) |     |  |
| 2. | Devran Sensoy                               | 2004                      | SG Lünen                  | 06:17,51                  | 198 |  |
|    | 100m: 01:27,03 (01:27,03)                   | 200m: 03:04,84 (01:37,81) | 300m: 04:42,12 (01:37,28) | 400m: 06:17,51 (01:35,39) |     |  |
| 3. | Henrik Kahl                                 | 2004                      | TuS Dortmund-Brackel      | 06:23,52                  | 188 |  |
|    | 100m: 01:31,07 (01:31,07)                   | 200m: 03:09,20 (01:38,13) | 300m: 04:49,07 (01:39,87) | 400m: 06:23,52 (01:34,45) |     |  |
| 4. | Maximilian Krüger                           | 2004                      | SG Eintracht Ergste       | 06:54,81                  | 149 |  |
|    | 100m: 01:36,38 (01:36,38)                   | 200m: 03:22,91 (01:46,53) | 300m: 05:10,13 (01:47,22) | 400m: 06:54,81 (01:44,68) |     |  |
| 5. | Jannis Malz                                 | 2004                      | SG Eintracht Ergste       | 07:11,25                  | 132 |  |
|    | 100m: 01:39,25 (01:39,25)                   | 200m: 03:29,08 (01:49,83) | 300m: 05:21,85 (01:52,77) | 400m: 07:11,25 (01:49,40) |     |  |

### Offene Wertung

|    |                                   |                           |                           |                           |     |  |
|----|-----------------------------------|---------------------------|---------------------------|---------------------------|-----|--|
| 1. | und Südwestfälischer Meister 2014 |                           |                           |                           |     |  |
|    | Björn Kroniger                    | 1998                      | SV Blau-Weiß Bochum       | 04:14,78                  | 644 |  |
|    | 100m: 01:01,72 (01:01,72)         | 200m: 02:06,10 (01:04,38) | 300m: 03:11,30 (01:05,20) | 400m: 04:14,78 (01:03,48) |     |  |
| 2. | Jens Sturm                        | 1993                      | SG Ruhr                   | 04:27,40                  | 557 |  |
|    | 100m: 01:03,22 (01:03,22)         | 200m: 02:10,55 (01:07,33) | 300m: 03:20,55 (01:10,00) | 400m: 04:27,40 (01:06,85) |     |  |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 5 - 400 m Freistil der Männer

### Offene Wertung

|     |                           |                           |                           |                           |                    |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|--------------------|
| 3.  | Marius Glajcar            | 1996                      | SG Lünen                  | 04:28,82                  | 548                |
|     | 100m: 01:03,56 (01:03,56) | 200m: 02:12,88 (01:09,32) | 300m: 03:22,22 (01:09,34) | 400m: 04:28,82 (01:06,60) |                    |
| 4.  | Lasse Dumke               | 1998                      | SG Ruhr                   | 04:29,31                  | 545                |
|     | 100m: 01:03,17 (01:03,17) | 200m: 02:12,72 (01:09,55) | 300m: 03:22,25 (01:09,53) | 400m: 04:29,31 (01:07,06) |                    |
| 5.  | Nicolas Kowalczyk         | 1999                      | SG Ruhr                   | 04:34,42                  | 515                |
|     | 100m: 01:06,06 (01:06,06) | 200m: 02:15,83 (01:09,77) | 300m: 03:27,29 (01:11,46) | 400m: 04:34,42 (01:07,13) |                    |
| 6.  | Thorben Grzanna           | 1999                      | SF Unna 01/10             | 04:36,17                  | 506                |
|     | 100m: 01:04,16 (01:04,16) | 200m: 02:15,03 (01:10,87) | 300m: 03:26,45 (01:11,42) | 400m: 04:36,17 (01:09,72) |                    |
| 7.  | Gianluca Bick             | 1997                      | SF Unna 01/10             | 04:36,29                  | 505                |
|     | 100m: 01:04,48 (01:04,48) | 200m: 02:15,04 (01:10,56) | 300m: 03:26,30 (01:11,26) | 400m: 04:36,29 (01:09,99) |                    |
| 8.  | Silas Irle                | 1996                      | SG Siegen                 | 04:42,41                  | 473                |
|     | 100m: 01:04,97 (01:04,97) | 200m: 02:17,48 (01:12,51) | 300m: 03:31,52 (01:14,04) | 400m: 04:42,41 (01:10,89) |                    |
| 9.  | Julius Schumann           | 1997                      | SG Siegen                 | 04:42,65                  | 472                |
|     | 100m: 01:06,84 (01:06,84) | 200m: 02:19,51 (01:12,67) | 300m: 03:33,22 (01:13,71) | 400m: 04:42,65 (01:09,43) |                    |
| 10. | Lennard-Alexander Raabe   | 1998                      | SG Lünen                  | 04:43,91                  | 465                |
|     | 100m: 01:05,48 (01:05,48) | 200m: 02:18,68 (01:13,20) | 300m: 03:32,60 (01:13,92) | 400m: 04:43,91 (01:11,31) |                    |
| 11. | Vitali Bondarenko         | 1996                      | SG Siegen                 | 04:45,63                  | 457                |
|     | 100m: 01:04,67 (01:04,67) | 200m: 02:17,69 (01:13,02) | 300m: 03:31,98 (01:14,29) | 400m: 04:45,63 (01:13,65) |                    |
| 12. | Pascal Grewer             | 1996                      | Maxi Swim-Team Hamm       | 04:45,79                  | 456                |
|     | 100m: 01:06,51 (01:06,51) | 200m: 02:19,21 (01:12,70) | 300m: 03:33,72 (01:14,51) | 400m: 04:45,79 (01:12,07) |                    |
| 13. | Bastian Rabe              | 1997                      | SG Ruhr                   | 04:47,17                  | 450                |
|     | 100m: 01:06,43 (01:06,43) | 200m: 02:19,81 (01:13,38) | 300m: 03:34,40 (01:14,59) | 400m: 04:47,17 (01:12,77) |                    |
| 14. | Tim Odenkirchen           | 1999                      | SF Unna 01/10             | 04:51,81                  | 428                |
|     | 100m: 01:07,06 (01:07,06) | 200m: 02:20,30 (01:13,24) | 300m: 03:36,56 (01:16,26) | 400m: 04:51,81 (01:15,25) |                    |
| 15. | Firas Ben Mahmoud         | 1994                      | SV Blau-Weiß Bochum       | 04:52,77                  | 424 <del>EnM</del> |
|     | 100m: 01:06,79 (01:06,79) | 200m: 02:21,35 (01:14,56) | 300m: 03:37,81 (01:16,46) | 400m: 04:52,77 (01:14,96) |                    |
| 16. | Alexander Neuhaus         | 2000                      | SF Unna 01/10             | 04:53,63                  | 421                |
|     | 100m: 01:08,36 (01:08,36) | 200m: 02:24,29 (01:15,93) | 300m: 03:40,90 (01:16,61) | 400m: 04:53,63 (01:12,73) |                    |
| 17. | Kevin Wessel              | 2001                      | SG Ruhr                   | 04:54,13                  | 418                |
|     | 100m: 01:08,81 (01:08,81) | 200m: 02:23,25 (01:14,44) | 300m: 03:39,56 (01:16,31) | 400m: 04:54,13 (01:14,57) |                    |
| 18. | Marc Schulte              | 1999                      | SG Eintracht Ergste       | 04:54,26                  | 418                |
|     | 100m: 01:07,80 (01:07,80) | 200m: 02:22,29 (01:14,49) | 300m: 03:39,16 (01:16,87) | 400m: 04:54,26 (01:15,10) |                    |
| 19. | Jonah Irle                | 1998                      | SG Siegen                 | 04:54,94                  | 415                |
|     | 100m: 01:08,51 (01:08,51) | 200m: 02:24,24 (01:15,73) | 300m: 03:40,03 (01:15,79) | 400m: 04:54,94 (01:14,91) |                    |
| 20. | Lennart Tollrian          | 1999                      | SV Blau-Weiß Bochum       | 04:56,45                  | 409                |
|     | 100m: 01:09,21 (01:09,21) | 200m: 02:25,35 (01:16,14) | 300m: 03:42,79 (01:17,44) | 400m: 04:56,45 (01:13,66) |                    |
| 21. | Johannes Malz             | 1999                      | SG Ruhr                   | 04:56,81                  | 407                |
|     | 100m: 01:09,21 (01:09,21) | 200m: 02:25,03 (01:15,82) | 300m: 03:42,57 (01:17,54) | 400m: 04:56,81 (01:14,24) |                    |
| 22. | Konstantin Koch           | 2000                      | SG Ruhr                   | 04:56,86                  | 407                |
|     | 100m: 01:08,26 (01:08,26) | 200m: 02:24,81 (01:16,55) | 300m: 03:42,43 (01:17,62) | 400m: 04:56,86 (01:14,43) |                    |
| 23. | Matthias Sosna            | 2000                      | SV Plettenberg 51         | 04:57,82                  | 403                |
|     | 100m: 01:08,33 (01:08,33) | 200m: 02:24,88 (01:16,55) | 300m: 03:42,85 (01:17,97) | 400m: 04:57,82 (01:14,97) |                    |
| 24. | Lennart Brendler          | 2001                      | SSC Hörde 54/58 e.V.      | 05:00,22                  | 393                |
|     | 100m: 01:08,72 (01:08,72) | 200m: 02:25,14 (01:16,42) | 300m: 03:44,10 (01:18,96) | 400m: 05:00,22 (01:16,12) |                    |
| 25. | Yannis Baumeister         | 1999                      | SV Hagen 1894             | 05:01,17                  | 390                |
|     | 100m: 01:10,20 (01:10,20) | 200m: 02:27,16 (01:16,96) | 300m: 03:44,69 (01:17,53) | 400m: 05:01,17 (01:16,48) |                    |
| 26. | Felix Aubke               | 2000                      | SG Lünen                  | 05:01,58                  | 388                |
|     | 100m: 01:10,32 (01:10,32) | 200m: 02:27,54 (01:17,22) | 300m: 03:45,50 (01:17,96) | 400m: 05:01,58 (01:16,08) |                    |
| 27. | Lino Stagni               | 2001                      | SV Plettenberg 51         | 05:05,50                  | 373                |
|     | 100m: 01:09,90 (01:09,90) | 200m: 02:26,69 (01:16,79) | 300m: 03:46,24 (01:19,55) | 400m: 05:05,50 (01:19,26) |                    |
| 28. | Mika Dumke                | 2001                      | SG Ruhr                   | 05:08,70                  | 362                |
|     | 100m: 01:12,93 (01:12,93) | 200m: 02:32,19 (01:19,26) | 300m: 03:51,62 (01:19,43) | 400m: 05:08,70 (01:17,08) |                    |
| 29. | Jonas Bruha               | 2001                      | Sport-Union Annen         | 05:13,38                  | 346                |
|     | 100m: 01:09,05 (01:09,05) | 200m: 02:27,91 (01:18,86) | 300m: 03:50,99 (01:23,08) | 400m: 05:13,38 (01:22,39) |                    |
| 30. | Nicolas Jochum            | 2001                      | SG Ruhr                   | 05:16,01                  | 337                |
|     | 100m: 01:13,08 (01:13,08) | 200m: 02:33,74 (01:20,66) | 300m: 03:55,77 (01:22,03) | 400m: 05:16,01 (01:20,24) |                    |
| 31. | Fynn Wissemann            | 2000                      | Maxi Swim-Team Hamm       | 05:20,86                  | 322                |
|     | 100m: 01:12,56 (01:12,56) | 200m: 02:36,83 (01:24,27) | 300m: 04:00,08 (01:23,25) | 400m: 05:20,86 (01:20,78) |                    |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
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Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 5 - 400 m Freistil der Männer

### Offene Wertung

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 32. | Dorian Mielke             | 2001                      | Maxi Swim-Team Hamm       | 05:22,83                  | 316 | EnM |
|     | 100m: 01:16,74 (01:16,74) | 200m: 02:39,23 (01:22,49) | 300m: 04:02,17 (01:22,94) | 400m: 05:22,83 (01:20,66) |     |     |
| 33. | Silas Leowald             | 2002                      | Wasserfreunde Finnentrop  | 05:26,24                  | 306 |     |
|     | 100m: 01:16,29 (01:16,29) | 200m: 02:40,56 (01:24,27) | 300m: 04:05,51 (01:24,95) | 400m: 05:26,24 (01:20,73) |     |     |
| 34. | Lars Miguel Heinke        | 2001                      | SG Eintracht Ergste       | 05:32,02                  | 291 | EnM |
|     | 100m: 01:15,73 (01:15,73) | 200m: 02:41,44 (01:25,71) | 300m: 04:07,53 (01:26,09) | 400m: 05:32,02 (01:24,49) |     |     |
| 35. | Maximilian Buchholz       | 2001                      | SG Siegen                 | 05:33,85                  | 286 | EnM |
|     | 100m: 01:18,72 (01:18,72) | 200m: 02:44,29 (01:25,57) | 300m: 04:09,56 (01:25,27) | 400m: 05:33,85 (01:24,29) |     |     |
| 36. | Moritz Lohrmann           | 2002                      | SG Ruhr                   | 05:37,70                  | 276 |     |
|     | 100m: 01:16,60 (01:16,60) | 200m: 02:42,60 (01:26,00) | 300m: 04:11,20 (01:28,60) | 400m: 05:37,70 (01:26,50) |     |     |
| 37. | Niklas Kuhn               | 2001                      | Waspo Herringen           | 05:38,69                  | 274 | EnM |
|     | 100m: 01:18,75 (01:18,75) | 200m: 02:45,53 (01:26,78) | 300m: 04:14,34 (01:28,81) | 400m: 05:38,69 (01:24,35) |     |     |
| 38. | Patrick Marquardt         | 2002                      | SV Hagen 1894             | 05:38,89                  | 273 |     |
|     | 100m: 01:20,57 (01:20,57) | 200m: 02:48,10 (01:27,53) | 300m: 04:16,88 (01:28,78) | 400m: 05:38,89 (01:22,01) |     |     |
| 39. | Maximilian Ligges         | 2001                      | SG Dortmund               | 05:42,18                  | 266 | EnM |
|     | 100m: 01:20,59 (01:20,59) | 200m: 02:48,09 (01:27,50) | 300m: 04:18,98 (01:30,89) | 400m: 05:42,18 (01:23,20) |     |     |
| 40. | Jan-Philipp Kortmann      | 2002                      | TV Werne 03 Wasserfreunde | 05:42,93                  | 264 |     |
|     | 100m: 01:18,45 (01:18,45) | 200m: 02:47,38 (01:28,93) | 300m: 04:18,76 (01:31,38) | 400m: 05:42,93 (01:24,17) |     |     |
| 41. | Julian Hankiewicz         | 2002                      | SV Aegir Arnsberg         | 05:44,39                  | 260 |     |
|     | 100m: 01:19,81 (01:19,81) | 200m: 02:49,04 (01:29,23) | 300m: 04:19,20 (01:30,16) | 400m: 05:44,39 (01:25,19) |     |     |
| 42. | Bastian Hollmann          | 2001                      | SV Bieber Lendringsen     | 05:44,52                  | 260 | EnM |
|     | 100m: 01:20,55 (01:20,55) | 200m: 02:50,55 (01:30,00) | 300m: 04:19,69 (01:29,14) | 400m: 05:44,52 (01:24,83) |     |     |
| 43. | Jasper Schlak             | 2003                      | SG Eintracht Ergste       | 05:45,31                  | 258 |     |
|     | 100m: 01:21,88 (01:21,88) | 200m: 02:51,13 (01:29,25) | 300m: 04:21,71 (01:30,58) | 400m: 05:45,31 (01:23,60) |     |     |
| 44. | Yunus Albayrak            | 2002                      | SG Dortmund               | 05:45,68                  | 258 |     |
|     | 100m: 01:21,50 (01:21,50) | 200m: 02:50,97 (01:29,47) | 300m: 04:21,05 (01:30,08) | 400m: 05:45,68 (01:24,63) |     |     |
| 45. | Armin Wefers              | 2003                      | Waspo Herringen           | 05:47,72                  | 253 |     |
|     | 100m: 01:23,46 (01:23,46) | 200m: 02:54,13 (01:30,67) | 300m: 04:23,77 (01:29,64) | 400m: 05:47,72 (01:23,95) |     |     |
| 46. | Leon Owie                 | 2002                      | SG Siegen                 | 05:48,68                  | 251 | EnM |
|     | 100m: 01:20,39 (01:20,39) | 200m: 02:50,91 (01:30,52) | 300m: 04:22,29 (01:31,38) | 400m: 05:48,68 (01:26,39) |     |     |
| 47. | Egor Gubenko              | 2002                      | SSC Hörde 54/58 e.V.      | 05:50,27                  | 248 | EnM |
|     | 100m: 01:21,75 (01:21,75) | 200m: 02:53,59 (01:31,84) | 300m: 04:24,99 (01:31,40) | 400m: 05:50,27 (01:25,28) |     |     |
| 48. | Jonathan Gröne            | 2002                      | SG Lünen                  | 05:57,28                  | 233 | EnM |
|     | 100m: 01:22,10 (01:22,10) | 200m: 02:54,21 (01:32,11) | 300m: 04:28,36 (01:34,15) | 400m: 05:57,28 (01:28,92) |     |     |
| 49. | Dario Pandev              | 2002                      | Wasserfreunde Finnentrop  | 05:58,13                  | 232 | EnM |
|     | 100m: 01:19,22 (01:19,22) | 200m: 02:51,13 (01:31,91) | 300m: 04:25,13 (01:34,00) | 400m: 05:58,13 (01:33,00) |     |     |
| 50. | Sirke Dorn                | 2003                      | SV Hagen 1894             | 05:58,51                  | 231 |     |
|     | 100m: 01:22,19 (01:22,19) | 200m: 02:56,42 (01:34,23) | 300m: 04:29,25 (01:32,83) | 400m: 05:58,51 (01:29,26) |     |     |
| 51. | Constantin Krüger         | 2004                      | SG Eintracht Ergste       | 05:59,76                  | 228 |     |
|     | 100m: 01:21,98 (01:21,98) | 200m: 02:56,51 (01:34,53) | 300m: 04:30,54 (01:34,03) | 400m: 05:59,76 (01:29,22) |     |     |
| 52. | Leon Detambel             | 2003                      | SG Eintracht Ergste       | 06:02,18                  | 224 |     |
|     | 100m: 01:24,13 (01:24,13) | 200m: 02:58,93 (01:34,80) | 300m: 04:31,46 (01:32,53) | 400m: 06:02,18 (01:30,72) |     |     |
| 53. | Joel Sökeland             | 2003                      | SG Ruhr                   | 06:05,09                  | 219 |     |
|     | 100m: 01:24,70 (01:24,70) | 200m: 02:59,51 (01:34,81) | 300m: 04:35,16 (01:35,65) | 400m: 06:05,09 (01:29,93) |     |     |
| 54. | Marco Steube              | 2003                      | Wfr. TuRa Bergkamen       | 06:07,51                  | 214 |     |
|     | 100m: 01:24,94 (01:24,94) | 200m: 03:00,60 (01:35,66) | 300m: 04:35,86 (01:35,26) | 400m: 06:07,51 (01:31,65) |     |     |
| 55. | Til Schmidt               | 2003                      | SC Wiking Herne           | 06:15,15                  | 201 | EnM |
|     | 100m: 01:28,35 (01:28,35) | 200m: 03:05,31 (01:36,96) | 300m: 04:41,96 (01:36,65) | 400m: 06:15,15 (01:33,19) |     |     |
| 56. | Devran Sensoy             | 2004                      | SG Lünen                  | 06:17,51                  | 198 |     |
|     | 100m: 01:27,03 (01:27,03) | 200m: 03:04,84 (01:37,81) | 300m: 04:42,12 (01:37,28) | 400m: 06:17,51 (01:35,39) |     |     |
| 57. | Felix Eißing              | 2002                      | SSC Hörde 54/58 e.V.      | 06:22,77                  | 190 | EnM |
|     | 100m: 01:28,72 (01:28,72) | 200m: 03:08,67 (01:39,95) | 300m: 04:48,58 (01:39,91) | 400m: 06:22,77 (01:34,19) |     |     |
| 58. | Henrik Kahl               | 2004                      | TuS Dortmund-Brackel      | 06:23,52                  | 188 |     |
|     | 100m: 01:31,07 (01:31,07) | 200m: 03:09,20 (01:38,13) | 300m: 04:49,07 (01:39,87) | 400m: 06:23,52 (01:34,45) |     |     |
| 59. | Kevin-Noah Kaminski       | 2003                      | Wfr. TuRa Bergkamen       | 06:23,61                  | 188 | EnM |
|     | 100m: 01:31,53 (01:31,53) | 200m: 03:11,73 (01:40,20) | 300m: 04:51,56 (01:39,83) | 400m: 06:23,61 (01:32,05) |     |     |
| 60. | Maximilian Weiß           | 2002                      | Wfr. TuRa Bergkamen       | 06:28,77                  | 181 | EnM |
|     | 100m: 01:33,10 (01:33,10) | 200m: 03:12,88 (01:39,78) | 300m: 04:54,51 (01:41,63) | 400m: 06:28,77 (01:34,26) |     |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.

Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.

Datum  
22.02.2014 - 23.02.2014

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## Wettkampf 5 - 400 m Freistil der Männer

### Offene Wertung

|     |                           |                           |                                   |                           |         |
|-----|---------------------------|---------------------------|-----------------------------------|---------------------------|---------|
| 61. | Maximilian Krüger         | 2004                      | SG Eintracht Ergste               | 06:54,81                  | 149     |
|     | 100m: 01:36,38 (01:36,38) | 200m: 03:22,91 (01:46,53) | 300m: 05:10,13 (01:47,22)         | 400m: 06:54,81 (01:44,68) |         |
| 62. | Jannis Malz               | 2004                      | SG Eintracht Ergste               | 07:11,25                  | 132     |
|     | 100m: 01:39,25 (01:39,25) | 200m: 03:29,08 (01:49,83) | 300m: 05:21,85 (01:52,77)         | 400m: 07:11,25 (01:49,40) |         |
| 63. | Pascal Metze              | 2003                      | SV Neptun Neheim-Hüsten 1960 e.V. | 07:12,06                  | 132 EnM |
|     | 100m: 01:41,56 (01:41,56) | 200m: 03:34,37 (01:52,81) | 300m: 05:27,43 (01:53,06)         | 400m: 07:12,06 (01:44,63) |         |

### abgemeldet

|                  |      |           |
|------------------|------|-----------|
| Kevin Geiselhart | 1992 | SG Siegen |
| Lukas Besser     | 1992 | SG Ruhr   |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 6 - 400 m Freistil der Männer (Masters)

Keine Pflichtzeiten

### Ak 70

1. und Südwestfälischer Masters-Meister AK 70 2014

Hans-Jürgen Ackermann 1941/AK70 TuS Breckerfeld 08:23,08 83  
100m: 01:44,08 (01:44,08) 200m: 03:56,87 (02:12,79) 300m: 06:14,10 (02:17,23) 400m: 08:23,08 (02:08,98)

### Ak 65

1. und Südwestfälischer Masters-Meister AK 65 2014

Günter Mitlewski 1946/AK65 SV Blau-Weiß Bochum 06:50,13 154  
100m: 01:34,41 (01:34,41) 200m: 03:19,46 (01:45,05) 300m: 05:07,26 (01:47,80) 400m: 06:50,13 (01:42,87)

### Ak 60

1. und Südwestfälischer Masters-Meister AK 60 2014

Dr. Franz Denzer 1953/AK60 Waspo Herringen 05:53,25 241  
100m: 01:23,45 (01:23,45) 200m: 02:55,48 (01:32,03) 300m: 04:25,40 (01:29,92) 400m: 05:53,25 (01:27,85)  
2. Lutz Wollny 1951/AK60 Waspo Herringen 06:11,71 207  
100m: 01:24,74 (01:24,74) 200m: 03:00,03 (01:35,29) 300m: 04:37,30 (01:37,27) 400m: 06:11,71 (01:34,41)  
3. Karl-Heinz Rickert 1951/AK60 SC Wiking Herne 06:48,59 156  
100m: 01:33,94 (01:33,94) 200m: 03:20,27 (01:46,33) 300m: 05:06,54 (01:46,27) 400m: 06:48,59 (01:42,05)  
4. Lothar Henn 1950/AK60 TuS Breckerfeld 07:35,77 112  
100m: 01:47,14 (01:47,14) 200m: 03:43,88 (01:56,74) 300m: 05:42,01 (01:58,13) 400m: 07:35,77 (01:53,76)

### Ak 55

1. und Südwestfälischer Masters-Meister AK 55 2014

Ulrich Stadthaus 1956/AK55 SC Wiking Herne 06:16,14 200  
100m: 01:24,63 (01:24,63) 200m: 03:00,92 (01:36,29) 300m: 04:40,37 (01:39,45) 400m: 06:16,14 (01:35,77)  
2. Axel Vipotnik 1957/AK55 Waspo Herringen 06:30,01 179  
100m: 01:27,23 (01:27,23) 200m: 03:06,72 (01:39,49) 300m: 04:48,23 (01:41,51) 400m: 06:30,01 (01:41,78)  
3. Friedrich Irlle 1957/AK55 SC Wiking Herne 06:42,20 163  
100m: 01:28,58 (01:28,58) 200m: 03:12,49 (01:43,91) 300m: 04:59,69 (01:47,20) 400m: 06:42,20 (01:42,51)

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014

Volker Rumpel 1960/AK50 SG Dortmund 05:08,84 361  
100m: 01:12,59 (01:12,59) 200m: 02:30,69 (01:18,10) 300m: 03:50,66 (01:19,97) 400m: 05:08,84 (01:18,18)  
2. Jörg Buddenhorn 1962/AK50 SG Dortmund 05:19,47 326  
100m: 01:13,91 (01:13,91) 200m: 02:34,54 (01:20,63) 300m: 03:57,65 (01:23,11) 400m: 05:19,47 (01:21,82)

nicht am Start

Uwe Pollmann 1964/AK50 SC Wiking Herne EnM

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014

Karsten Kuhn 1969/AK45 Waspo Herringen 05:13,45 346  
100m: 01:12,32 (01:12,32) 200m: 02:32,03 (01:19,71) 300m: 03:54,11 (01:22,08) 400m: 05:13,45 (01:19,34)  
2. Marco Boß 1969/AK45 Wfr. Lüdenscheid 05:23,85 313  
100m: 01:15,21 (01:15,21) 200m: 02:38,34 (01:23,13) 300m: 04:02,55 (01:24,21) 400m: 05:23,85 (01:21,30)  
3. Marcus Höller-Schlieper 1967/AK45 TuS Breckerfeld 06:33,30 175  
100m: 01:24,38 (01:24,38) 200m: 03:10,50 (01:46,12) 300m: 04:56,82 (01:46,32) 400m: 06:33,30 (01:36,48)

abgemeldet

Ekkehard Lackhoff 1968/AK45 SG Siegen

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
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Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
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## Wettkampf 6 - 400 m Freistil der Männer (Masters)

### Ak 40

1. und Südwestfälischer Masters-Meister AK 40 2014

Frank Winkelmann 1972/AK40 SV Hagen 1894 05:12,92 347  
100m: 01:10,94 (01:10,94) 200m: 02:30,64 (01:19,70) 300m: 03:52,10 (01:21,46) 400m: 05:12,92 (01:20,82)

### Ak 35

1. und Südwestfälischer Masters-Meister AK 35 2014

Martin Behler-Appel 1975/AK35 SG Dortmund 05:20,96 322  
100m: 01:13,77 (01:13,77) 200m: 02:34,94 (01:21,17) 300m: 03:58,36 (01:23,42) 400m: 05:20,96 (01:22,60)

### Ak 30

1. und Südwestfälischer Masters-Meister AK 30 2014

Thomas Grösch 1980/AK30 Waspo Herringen 05:10,74 355  
100m: 01:12,95 (01:12,95) 200m: 02:30,69 (01:17,74) 300m: 03:51,18 (01:20,49) 400m: 05:10,74 (01:19,56)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014

Matthias Reketat 1989/AK25 SSC Hörde 54/58 e.V. 04:46,36 453  
100m: 01:05,73 (01:05,73) 200m: 02:17,06 (01:11,33) 300m: 03:32,01 (01:14,95) 400m: 04:46,36 (01:14,35)

### Ak 20

1. und Südwestfälischer Masters-Meister AK 20 2014

Julian Haselhoff 1994/AK20 SSV Meschede 04:58,61 400  
100m: 01:06,02 (01:06,02) 200m: 02:22,67 (01:16,65) 300m: 03:42,20 (01:19,53) 400m: 04:58,61 (01:16,41)

2. Mirko Kolberg 1992/AK20 SSC Hörde 54/58 e.V. 04:58,98 398  
100m: 01:06,42 (01:06,42) 200m: 02:22,01 (01:15,59) 300m: 03:41,73 (01:19,72) 400m: 04:58,98 (01:17,25)

3. Jendrik Fettin 1991/AK20 SSV Meschede 05:16,65 335  
100m: 01:11,34 (01:11,34) 200m: 02:30,40 (01:19,06) 300m: 03:52,56 (01:22,16) 400m: 05:16,65 (01:24,09)

4. Daniel Papenfuß 1993/AK20 TuS Breckerfeld 06:48,47 156  
100m: 01:25,29 (01:25,29) 200m: 03:10,73 (01:45,44) 300m: 05:00,79 (01:50,06) 400m: 06:48,47 (01:47,68)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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22.02.2014 - 23.02.2014

## Wettkampf 45 - JMK-Pflichtübung: 50 m Kraulbeinbewegung der Frauen

### Offene Wertung

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Anna-Lena Kuhn           | 2004 | Waspo Herringen                   | 00:44,71 | 151 |
| Carla Pieper             | 2002 | SG Ruhr                           | 00:44,74 | 151 |
| Teresa Helas             | 2002 | SF Unna 01/10                     | 00:44,95 | 150 |
| Luzie Kindermann         | 2002 | SG Ruhr                           | 00:46,81 | 140 |
| Lea Kebrle               | 2002 | SG Ruhr                           | 00:48,58 | 132 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 00:48,60 | 132 |
| Dina Dorawa              | 2003 | SSC Hörde 54/58 e.V.              | 00:49,82 | 125 |
| Lilly Grau               | 2003 | SG Eintracht Ergste               | 00:50,41 | 122 |
| Hannah Schulte           | 2004 | SG Eintracht Ergste               | 00:51,22 | 118 |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 00:51,32 | 118 |
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 00:51,33 | 118 |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 00:51,45 | 117 |
| Astrid Croissier         | 2002 | SG Lünen                          | 00:52,05 | 114 |
| Lea Backhaus             | 2002 | SG Ruhr                           | 00:52,12 | 114 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 00:52,56 | 112 |
| Anna Buschmann           | 2003 | Waspo Herringen                   | 00:53,10 | 109 |
| Cora Engel               | 2002 | SG Lünen                          | 00:55,05 | 99  |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 00:55,62 | 96  |
| Janina Göke              | 2004 | SG Eintracht Ergste               | 00:55,70 | 96  |
| Malin Achy               | 2003 | SG Dortmund                       | 00:55,74 | 96  |
| Leonie Brandt            | 2002 | SVg Witten 1884/09                | 00:55,93 | 95  |
| Vivian Noschka           | 2003 | SC Wiking Herne                   | 00:56,47 | 92  |
| Sabrina Schültke         | 2003 | TuS Sundern                       | 00:56,97 | 90  |
| Jule Wichtermann         | 2004 | SV Blau-Weiß Bochum               | 00:57,06 | 89  |
| Doreen Schulz            | 2003 | SG Lünen                          | 00:58,44 | 82  |
| Franziska Demant         | 2003 | SSC Hörde 54/58 e.V.              | 00:58,62 | 81  |
| Paulina Kapitza          | 2003 | SC Wiking Herne                   | 00:58,89 | 80  |
| Sonja Ickstadt           | 2003 | SG Dortmund                       | 00:58,97 | 80  |
| Kathleen Machatik        | 2004 | SV Blau-Weiß Bochum               | 00:59,07 | 79  |
| Marla Vaihinger          | 2003 | SV Hagen 1894                     | 00:59,32 | 78  |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 01:00,02 | 74  |
| Ricarda Hirsch           | 2003 | SC Wiking Herne                   | 01:00,04 | 74  |
| Lilly Melenk             | 2002 | SG Dortmund                       | 01:00,48 | 72  |
| Delia Louisa Borchert    | 2003 | SG Eintracht Ergste               | 01:01,62 | 66  |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 01:02,92 | 60  |
| Zina Berrar              | 2004 | TuS Dortmund-Brackel              | 01:03,86 | 55  |
| Victoria Reimann         | 2004 | Waspo Herringen                   | 01:04,37 | 53  |
| Lena Gmyrek              | 2004 | TuS Dortmund-Brackel              | 01:04,61 | 51  |
| Helena Brandt            | 2003 | SVg Witten 1884/09                | 01:04,68 | 51  |
| Jana Vonhoff             | 2004 | Wfr. TuRa Bergkamen               | 01:05,68 | 46  |
| Jacky Amanda Salmen      | 2003 | SG Dortmund                       | 01:06,38 | 43  |
| Sophia Mach              | 2003 | SG Dortmund                       | 01:10,88 | 20  |
| Laura Köhler             | 2002 | SG Eintracht Ergste               | 01:18,21 |     |
| <u>abgemeldet</u>        |      |                                   |          |     |
| Gina Reimann             | 2002 | SSC Hörde 54/58 e.V.              |          |     |
| Laura Stoyke             | 2004 | SG Eintracht Ergste               |          |     |
| Faye von Quast           | 2003 | SG Dortmund                       |          |     |
| Hannah Krummel           | 2003 | Teutonia Lippstadt                |          |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Ort  
Dortmund

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Schwimm-Verband Südwestfalen e.V.

Datum  
22.02.2014 - 23.02.2014

## Wettkampf 46 - JMK-Pflichtübung: 50 m Kraulbeinbewegung der Männer

### Offene Wertung

|                      |      |                                   |          |     |
|----------------------|------|-----------------------------------|----------|-----|
| Lennart Brendler     | 2001 | SSC Hörde 54/58 e.V.              | 00:40,75 | 146 |
| Mika Dumke           | 2001 | SG Ruhr                           | 00:42,21 | 138 |
| Jan-Philipp Kortmann | 2002 | TV Werne 03 Wasserfreunde         | 00:42,32 | 138 |
| Kevin Wessel         | 2001 | SG Ruhr                           | 00:45,83 | 120 |
| Dario Pandev         | 2002 | Wasserfreunde Finnentrop          | 00:47,23 | 113 |
| Moritz Lohrmann      | 2002 | SG Ruhr                           | 00:47,84 | 110 |
| Leon Owie            | 2002 | SG Siegen                         | 00:48,55 | 107 |
| Nicolas Jochum       | 2001 | SG Ruhr                           | 00:48,86 | 105 |
| Patrick Marquardt    | 2002 | SV Hagen 1894                     | 00:50,19 | 99  |
| Lars Miguel Heinke   | 2001 | SG Eintracht Ergste               | 00:50,59 | 97  |
| Bastian Hollmann     | 2001 | SV Bieber Lendringsen             | 00:51,81 | 90  |
| Constantin Krüger    | 2004 | SG Eintracht Ergste               | 00:52,02 | 89  |
| Niklas Kuhn          | 2001 | Waspo Herringen                   | 00:52,59 | 87  |
| Armin Wefers         | 2003 | Waspo Herringen                   | 00:52,73 | 86  |
| Maximilian Buchholz  | 2001 | SG Siegen                         | 00:52,93 | 85  |
| Egor Gubenko         | 2002 | SSC Hörde 54/58 e.V.              | 00:53,28 | 83  |
| Kevin-Noah Kaminski  | 2003 | Wfr. TuRa Bergkamen               | 00:54,44 | 77  |
| Marco Steube         | 2003 | Wfr. TuRa Bergkamen               | 00:54,57 | 77  |
| Silas Leowald        | 2002 | Wasserfreunde Finnentrop          | 00:54,65 | 76  |
| Maximilian Ligges    | 2001 | SG Dortmund                       | 00:54,74 | 76  |
| Yunus Albayrak       | 2002 | SG Dortmund                       | 00:55,55 | 72  |
| Jannis Malz          | 2004 | SG Eintracht Ergste               | 00:55,63 | 71  |
| Julian Hankiewicz    | 2002 | SV Aegir Arnsberg                 | 00:56,39 | 68  |
| Devran Sensoy        | 2004 | SG Lünen                          | 00:57,43 | 62  |
| Henrik Kahl          | 2004 | TuS Dortmund-Brackel              | 00:58,48 | 57  |
| Jonathan Gröne       | 2002 | SG Lünen                          | 00:59,55 | 52  |
| Maximilian Krüger    | 2004 | SG Eintracht Ergste               | 01:00,35 | 48  |
| Til Schmidt          | 2003 | SC Wiking Herne                   | 01:00,99 | 45  |
| Sirke Dorn           | 2003 | SV Hagen 1894                     | 01:01,14 | 44  |
| Leon Detambel        | 2003 | SG Eintracht Ergste               | 01:01,84 | 40  |
| Maximilian Weiß      | 2002 | Wfr. TuRa Bergkamen               | 01:03,56 | 32  |
| Jasper Schlak        | 2003 | SG Eintracht Ergste               | 01:04,62 | 26  |
| Felix Eißing         | 2002 | SSC Hörde 54/58 e.V.              | 01:05,47 | 22  |
| Pascal Metze         | 2003 | SV Neptun Neheim-Hüsten 1960 e.V. | 01:07,40 | 13  |

#### abgemeldet

|               |      |             |
|---------------|------|-------------|
| Robin Recker  | 2001 | SG Ruhr     |
| Denis Gurdzhi | 2003 | SG Dortmund |

#### nicht am Start

|              |      |                          |
|--------------|------|--------------------------|
| Max Kochanek | 2002 | Wasserfreunde Finnentrop |
|--------------|------|--------------------------|

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Ort  
Dortmund

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## Wettkampf 7 - 400 m Lagen der Frauen

|             |          |             |          |          |          |          |          |          |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
| Pflichtzeit | 05:48,80 | 05:54,30    | 05:57,00 | 05:59,60 | 06:01,40 | 06:08,70 | 06:16,00 | 06:30,20 |
| Jahrgang    | 2003     |             |          |          |          |          |          |          |
| Pflichtzeit | 06:51,30 |             |          |          |          |          |          |          |

## Junioren

1. und Südwestfälische Junioren-Meisterin 2014  
Ines Leonhardt 1996 SG Ruhr 05:24,11 574  
100m: 01:11,29 (01:11,29) 200m: 02:35,91 (01:24,62) 300m: 04:09,46 (01:33,55) 400m: 05:24,11 (01:14,65)
2. Hannah Lerch 1996 SF Unna 01/10 05:33,69 526  
100m: 01:20,25 (01:20,25) 200m: 02:45,64 (01:25,39) 300m: 04:19,26 (01:33,62) 400m: 05:33,69 (01:14,43)
3. Katharina Heußen 1996 SG Dortmund 05:37,92 506  
100m: 01:24,64 (01:24,64) 200m: 02:47,55 (01:22,91) 300m: 04:22,68 (01:35,13) 400m: 05:37,92 (01:15,24)
4. Linda Bohnenkamp 1996 SG Dortmund 05:48,83 460  
100m: 01:22,21 (01:22,21) 200m: 02:50,79 (01:28,58) 300m: 04:34,32 (01:43,53) 400m: 05:48,83 (01:14,51)

## Jahrgang 1997

1. und Südwestfälische Jahrgangs-Meisterin 2014  
Dana Volmerhaus 1997 SG Ruhr 05:09,94 657  
100m: 01:07,36 (01:07,36) 200m: 02:29,44 (01:22,08) 300m: 03:59,16 (01:29,72) 400m: 05:09,94 (01:10,78)
2. Jacqueline Daszkiewicz 1997 SG Dortmund 05:20,15 596  
100m: 01:15,22 (01:15,22) 200m: 02:39,40 (01:24,18) 300m: 04:07,12 (01:27,72) 400m: 05:20,15 (01:13,03)
3. Michelle Schamell 1997 SV Blau-Weiß Bochum 05:25,05 569  
100m: 01:13,82 (01:13,82) 200m: 02:41,05 (01:27,23) 300m: 04:09,58 (01:28,53) 400m: 05:25,05 (01:15,47)
4. Katherine-Michelle David 1997 SG Dortmund 05:30,35 542  
100m: 01:13,85 (01:13,85) 200m: 02:36,16 (01:22,31) 300m: 04:11,72 (01:35,56) 400m: 05:30,35 (01:18,63)

## Jahrgang 1998

1. und Südwestfälische Jahrgangs-Meisterin 2014  
Lina Flägel 1998 SG Dortmund 05:29,84 545  
100m: 01:11,66 (01:11,66) 200m: 02:38,46 (01:26,80) 300m: 04:17,63 (01:39,17) 400m: 05:29,84 (01:12,21)
2. Anesa Begic 1998 Maxi Swim-Team Hamm 05:33,84 525  
100m: 01:12,74 (01:12,74) 200m: 02:38,19 (01:25,45) 300m: 04:19,40 (01:41,21) 400m: 05:33,84 (01:14,44)
3. Luisa Stagni 1998 SV Plettenberg 51 05:37,06 510  
100m: 01:16,60 (01:16,60) 200m: 02:43,78 (01:27,18) 300m: 04:21,09 (01:37,31) 400m: 05:37,06 (01:15,97)
4. Celina Göbel 1998 SG Siegen 05:44,23 479  
100m: 01:18,52 (01:18,52) 200m: 02:48,33 (01:29,81) 300m: 04:24,49 (01:36,16) 400m: 05:44,23 (01:19,74)
5. Alina Fritz 1998 Maxi Swim-Team Hamm 05:45,47 474  
100m: 01:22,19 (01:22,19) 200m: 02:46,42 (01:24,23) 300m: 04:26,40 (01:39,98) 400m: 05:45,47 (01:19,07)
6. Denise Quentin 1998 SF Unna 01/10 05:46,22 471  
100m: 01:14,05 (01:14,05) 200m: 02:44,15 (01:30,10) 300m: 04:28,74 (01:44,59) 400m: 05:46,22 (01:17,48)
7. Alisha Simmes 1998 ATV Dorstfeld 1878 05:55,83 434  
100m: 01:17,74 (01:17,74) 200m: 02:54,19 (01:36,45) 300m: 04:33,98 (01:39,79) 400m: 05:55,83 (01:21,85)
8. Kristin Kruse 1998 SG Dortmund 06:07,83 393 EnM  
100m: 01:23,98 (01:23,98) 200m: 03:02,17 (01:38,19) 300m: 04:41,37 (01:39,20) 400m: 06:07,83 (01:26,46)

## Jahrgang 1999

1. und Südwestfälische Jahrgangs-Meisterin 2014  
Ayleen Kramer 1999 SV Hagen 1894 05:33,38 527  
100m: 01:16,94 (01:16,94) 200m: 02:40,06 (01:23,12) 300m: 04:21,72 (01:41,66) 400m: 05:33,38 (01:11,66)
2. Amy Hüttebräucker 1999 SV Hagen 1894 05:36,90 511  
100m: 01:19,01 (01:19,01) 200m: 02:46,95 (01:27,94) 300m: 04:19,76 (01:32,81) 400m: 05:36,90 (01:17,14)
3. Tabea Recker 1999 SG Ruhr 05:40,55 495  
100m: 01:16,11 (01:16,11) 200m: 02:45,95 (01:29,84) 300m: 04:24,68 (01:38,73) 400m: 05:40,55 (01:15,87)
4. Laura Drobe 1999 SG Siegen 05:42,41 487  
100m: 01:18,65 (01:18,65) 200m: 02:49,75 (01:31,10) 300m: 04:24,53 (01:34,78) 400m: 05:42,41 (01:17,88)
5. Katharina Krüger 1999 SG Eintracht Ergste 05:42,81 485  
100m: 01:17,17 (01:17,17) 200m: 02:51,91 (01:34,74) 300m: 04:26,13 (01:34,22) 400m: 05:42,81 (01:16,68)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 7 - 400 m Lagen der Frauen

### Jahrgang 1999

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 6. | Valeria Hinz              | 1999                      | SC Rote Erde Hamm 1919    | 05:49,30                  | 459 |
|    | 100m: 01:21,67 (01:21,67) | 200m: 02:55,24 (01:33,57) | 300m: 04:30,39 (01:35,15) | 400m: 05:49,30 (01:18,91) |     |
| 7. | Lara-Sophie Wagner        | 1999                      | SG Ruhr                   | 05:51,78                  | 449 |
|    | 100m: 01:18,59 (01:18,59) | 200m: 02:49,22 (01:30,63) | 300m: 04:32,08 (01:42,86) | 400m: 05:51,78 (01:19,70) |     |
| 8. | Isabel Stegmann           | 1999                      | SG Ruhr                   | 05:57,15                  | 429 |
|    | 100m: 01:17,98 (01:17,98) | 200m: 02:51,91 (01:33,93) | 300m: 04:38,86 (01:46,95) | 400m: 05:57,15 (01:18,29) |     |

#### abgemeldet

Freda Müller 1999 SG Siegen

### Jahrgang 2000

|     |  |                           |                           |                           |         |
|-----|--|---------------------------|---------------------------|---------------------------|---------|
| 1.  | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |         |
|     | Anna Heermann                                | 2000                      | SG Ruhr                   | 05:21,86                  | 586     |
|     | 100m: 01:11,34 (01:11,34)                    | 200m: 02:39,07 (01:27,73) | 300m: 04:10,45 (01:31,38) | 400m: 05:21,86 (01:11,41) |         |
| 2.  | Luisa Müller                                 | 2000                      | SG Dortmund               | 05:27,25                  | 558     |
|     | 100m: 01:13,66 (01:13,66)                    | 200m: 02:37,22 (01:23,56) | 300m: 04:12,74 (01:35,52) | 400m: 05:27,25 (01:14,51) |         |
| 3.  | Michelle Pschuk                              | 2000                      | SG Ruhr                   | 05:35,07                  | 520     |
|     | 100m: 01:17,55 (01:17,55)                    | 200m: 02:43,36 (01:25,81) | 300m: 04:18,39 (01:35,03) | 400m: 05:35,07 (01:16,68) |         |
| 4.  | Jasmin Hüchtebrock                           | 2000                      | SV Blau-Weiß Bochum       | 05:40,26                  | 496     |
|     | 100m: 01:17,75 (01:17,75)                    | 200m: 02:42,83 (01:25,08) | 300m: 04:20,56 (01:37,73) | 400m: 05:40,26 (01:19,70) |         |
| 5.  | Anna Kroniger                                | 2000                      | SV Blau-Weiß Bochum       | 05:45,85                  | 472     |
|     | 100m: 01:22,77 (01:22,77)                    | 200m: 02:55,43 (01:32,66) | 300m: 04:28,84 (01:33,41) | 400m: 05:45,85 (01:17,01) |         |
| 6.  | Jessica Marquardt                            | 2000                      | SV Hagen 1894             | 05:49,12                  | 459     |
|     | 100m: 01:22,95 (01:22,95)                    | 200m: 02:53,70 (01:30,75) | 300m: 04:31,44 (01:37,74) | 400m: 05:49,12 (01:17,68) |         |
| 7.  | Katharina Fries                              | 2000                      | SG Ruhr                   | 05:57,63                  | 427     |
|     | 100m: 01:21,08 (01:21,08)                    | 200m: 01:21,08 (00:00,00) | 300m: 04:36,63 (03:15,55) | 400m: 05:57,63 (01:21,00) |         |
| 8.  | Hannah Brinkmann                             | 2000                      | SC Rote Erde Hamm 1919    | 06:00,07                  | 419     |
|     | 100m: 01:26,58 (01:26,58)                    | 200m: 03:00,92 (01:34,34) | 300m: 04:40,61 (01:39,69) | 400m: 06:00,07 (01:19,46) |         |
| 9.  | Maike Köhne                                  | 2000                      | SG Ruhr                   | 06:07,66                  | 393     |
|     | 100m: 01:31,85 (01:31,85)                    | 200m: 03:01,88 (01:30,03) | 300m: 04:50,97 (01:49,09) | 400m: 06:07,66 (01:16,69) |         |
| 10. | Imke Lerch                                   | 2000                      | SF Unna 01/10             | 06:08,70                  | 390     |
|     | 100m: 01:31,51 (01:31,51)                    | 200m: 03:02,22 (01:30,71) | 300m: 04:44,91 (01:42,69) | 400m: 06:08,70 (01:23,79) |         |
| 11. | Nina Darenberg                               | 2000                      | SF Unna 01/10             | 06:17,47                  | 363 EnM |
|     | 100m: 01:33,17 (01:33,17)                    | 200m: 03:13,06 (01:39,89) | 300m: 04:52,60 (01:39,54) | 400m: 06:17,47 (01:24,87) |         |
| 12. | Alina Förster                                | 2000                      | SG Ruhr                   | 06:21,53                  | 352 EnM |
|     | 100m: 01:34,47 (01:34,47)                    | 200m: 03:09,63 (01:35,16) | 300m: 04:58,98 (01:49,35) | 400m: 06:21,53 (01:22,55) |         |

#### abgemeldet

Miriam Hummel 2000 SG Ruhr  
Ira Schmidt 2000 SG Ruhr

### Jahrgang 2001

|    |  |                           |                           |                           |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |
|    | Paula Schneider                              | 2001                      | SG Eintracht Ergste       | 05:49,91                  | 456 |
|    | 100m: 01:22,31 (01:22,31)                    | 200m: 02:53,41 (01:31,10) | 300m: 04:34,85 (01:41,44) | 400m: 05:49,91 (01:15,06) |     |
| 2. | Hannah Becker                                | 2001                      | TuS Westfalia Hombruch    | 06:07,28                  | 394 |
|    | 100m: 01:22,88 (01:22,88)                    | 200m: 02:56,36 (01:33,48) | 300m: 04:47,10 (01:50,74) | 400m: 06:07,28 (01:20,18) |     |
| 3. | Sophie Waschke                               | 2001                      | FS Bochum                 | 06:16,21                  | 367 |
|    | 100m: 01:26,60 (01:26,60)                    | 200m: 03:05,34 (01:38,74) | 300m: 04:50,57 (01:45,23) | 400m: 06:16,21 (01:25,64) |     |

### Jahrgang 2002

|    |  |                           |                           |                           |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |
|    | Teresa Helas                                 | 2002                      | SF Unna 01/10             | 05:42,68                  | 486 |
|    | 100m: 01:16,50 (01:16,50)                    | 200m: 02:44,39 (01:27,89) | 300m: 04:28,39 (01:44,00) | 400m: 05:42,68 (01:14,29) |     |
| 2. | Leah Schreiner                               | 2002                      | SC Rote Erde Hamm 1919    | 06:06,12                  | 398 |
|    | 100m: 01:27,62 (01:27,62)                    | 200m: 03:03,59 (01:35,97) | 300m: 04:47,86 (01:44,27) | 400m: 06:06,12 (01:18,26) |     |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 7 - 400 m Lagen der Frauen

### Jahrgang 2002

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 3. | Luzie Kindermann          | 2002                      | SG Ruhr                   | 06:25,95                  | 340 |
|    | 100m: 01:24,53 (01:24,53) | 200m: 03:02,96 (01:38,43) | 300m: 04:58,92 (01:55,96) | 400m: 06:25,95 (01:27,03) |     |
| 4. | Nina Dreston              | 2002                      | SG Eintracht Ergste       | 06:39,31                  | 307 |
|    | 100m: 01:47,95 (01:47,95) | 200m: 03:23,17 (01:35,22) | 300m: 05:14,87 (01:51,70) | 400m: 06:39,31 (01:24,44) |     |

### Jahrgang 2003

|    |  |                           |                           |                           |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |
|    | Lilly Grau                                   | 2003                      | SG Eintracht Ergste       | 06:09,67                  | 387 |
|    | 100m: 01:25,64 (01:25,64)                    | 200m: 03:03,28 (01:37,64) | 300m: 04:50,28 (01:47,00) | 400m: 06:09,67 (01:19,39) |     |
| 2. | Stefanie Buchholz                            | 2003                      | SG Siegen                 | 06:30,39                  | 328 |
|    | 100m: 01:35,84 (01:35,84)                    | 200m: 03:11,98 (01:36,14) | 300m: 05:03,17 (01:51,19) | 400m: 06:30,39 (01:27,22) |     |
| 3. | Delia Louisa Borchert                        | 2003                      | SG Eintracht Ergste       | 07:08,49                  | 248 |
|    | 100m: 01:50,45 (01:50,45)                    | 200m: 03:36,99 (01:46,54) | 300m: 05:38,72 (02:01,73) | 400m: 07:08,49 (01:29,77) |     |
| 4. | Eve Levermann                                | 2003                      | SV Plettenberg 51         | 07:12,44                  | 241 |
|    | 100m: 01:40,22 (01:40,22)                    | 200m: 03:37,60 (01:57,38) | 300m: 05:30,91 (01:53,31) | 400m: 07:12,44 (01:41,53) |     |

### Offene Wertung

|     |                                    |                           |                           |                           |     |
|-----|------------------------------------|---------------------------|---------------------------|---------------------------|-----|
| 1.  | und Südwestfälische Meisterin 2014 |                           |                           |                           |     |
|     | Hannah Freiwald                    | 1993                      | SG Dortmund               | 05:04,07                  | 695 |
|     | 100m: 01:07,74 (01:07,74)          | 200m: 02:27,23 (01:19,49) | 300m: 03:59,19 (01:31,96) | 400m: 05:04,07 (01:04,88) |     |
| 2.  | Nina Wächter                       | 1994                      | SV Blau-Weiß Bochum       | 05:04,18                  | 695 |
|     | 100m: 01:09,55 (01:09,55)          | 200m: 02:33,23 (01:23,68) | 300m: 03:55,31 (01:22,08) | 400m: 05:04,18 (01:08,87) |     |
| 3.  | Dana Volmerhaus                    | 1997                      | SG Ruhr                   | 05:09,94                  | 657 |
|     | 100m: 01:07,36 (01:07,36)          | 200m: 02:29,44 (01:22,08) | 300m: 03:59,16 (01:29,72) | 400m: 05:09,94 (01:10,78) |     |
| 4.  | Jacqueline Daszkiewicz             | 1997                      | SG Dortmund               | 05:20,15                  | 596 |
|     | 100m: 01:15,22 (01:15,22)          | 200m: 02:39,40 (01:24,18) | 300m: 04:07,12 (01:27,72) | 400m: 05:20,15 (01:13,03) |     |
| 5.  | Anna Heermann                      | 2000                      | SG Ruhr                   | 05:21,86                  | 586 |
|     | 100m: 01:11,34 (01:11,34)          | 200m: 02:39,07 (01:27,73) | 300m: 04:10,45 (01:31,38) | 400m: 05:21,86 (01:11,41) |     |
| 6.  | Ines Leonhardt                     | 1996                      | SG Ruhr                   | 05:24,11                  | 574 |
|     | 100m: 01:11,29 (01:11,29)          | 200m: 02:35,91 (01:24,62) | 300m: 04:09,46 (01:33,55) | 400m: 05:24,11 (01:14,65) |     |
| 7.  | Michelle Schamell                  | 1997                      | SV Blau-Weiß Bochum       | 05:25,05                  | 569 |
|     | 100m: 01:13,82 (01:13,82)          | 200m: 02:41,05 (01:27,23) | 300m: 04:09,58 (01:28,53) | 400m: 05:25,05 (01:15,47) |     |
| 8.  | Luisa Müller                       | 2000                      | SG Dortmund               | 05:27,25                  | 558 |
|     | 100m: 01:13,66 (01:13,66)          | 200m: 02:37,22 (01:23,56) | 300m: 04:12,74 (01:35,52) | 400m: 05:27,25 (01:14,51) |     |
| 9.  | Lina Fligel                        | 1998                      | SG Dortmund               | 05:29,84                  | 545 |
|     | 100m: 01:11,66 (01:11,66)          | 200m: 02:38,46 (01:26,80) | 300m: 04:17,63 (01:39,17) | 400m: 05:29,84 (01:12,21) |     |
| 10. | Katherine-Michelle David           | 1997                      | SG Dortmund               | 05:30,35                  | 542 |
|     | 100m: 01:13,85 (01:13,85)          | 200m: 02:36,16 (01:22,31) | 300m: 04:11,72 (01:35,56) | 400m: 05:30,35 (01:18,63) |     |
| 11. | Ayleen Kramer                      | 1999                      | SV Hagen 1894             | 05:33,38                  | 527 |
|     | 100m: 01:16,94 (01:16,94)          | 200m: 02:40,06 (01:23,12) | 300m: 04:21,72 (01:41,66) | 400m: 05:33,38 (01:11,66) |     |
| 12. | Hannah Lerch                       | 1996                      | SF Unna 01/10             | 05:33,69                  | 526 |
|     | 100m: 01:20,25 (01:20,25)          | 200m: 02:45,64 (01:25,39) | 300m: 04:19,26 (01:33,62) | 400m: 05:33,69 (01:14,43) |     |
| 13. | Anesa Begic                        | 1998                      | Maxi Swim-Team Hamm       | 05:33,84                  | 525 |
|     | 100m: 01:12,74 (01:12,74)          | 200m: 02:38,19 (01:25,45) | 300m: 04:19,40 (01:41,21) | 400m: 05:33,84 (01:14,44) |     |
| 14. | Michelle Pschuk                    | 2000                      | SG Ruhr                   | 05:35,07                  | 520 |
|     | 100m: 01:17,55 (01:17,55)          | 200m: 02:43,36 (01:25,81) | 300m: 04:18,39 (01:35,03) | 400m: 05:35,07 (01:16,68) |     |
| 15. | Amy Hüttebräucker                  | 1999                      | SV Hagen 1894             | 05:36,90                  | 511 |
|     | 100m: 01:19,01 (01:19,01)          | 200m: 02:46,95 (01:27,94) | 300m: 04:19,76 (01:32,81) | 400m: 05:36,90 (01:17,14) |     |
| 16. | Luisa Stagni                       | 1998                      | SV Plettenberg 51         | 05:37,06                  | 510 |
|     | 100m: 01:16,60 (01:16,60)          | 200m: 02:43,78 (01:27,18) | 300m: 04:21,09 (01:37,31) | 400m: 05:37,06 (01:15,97) |     |
| 17. | Katharina Heußen                   | 1996                      | SG Dortmund               | 05:37,92                  | 506 |
|     | 100m: 01:24,64 (01:24,64)          | 200m: 02:47,55 (01:22,91) | 300m: 04:22,68 (01:35,13) | 400m: 05:37,92 (01:15,24) |     |
| 18. | Jasmin Hüchtebrock                 | 2000                      | SV Blau-Weiß Bochum       | 05:40,26                  | 496 |
|     | 100m: 01:17,75 (01:17,75)          | 200m: 02:42,83 (01:25,08) | 300m: 04:20,56 (01:37,73) | 400m: 05:40,26 (01:19,70) |     |
| 19. | Tabea Recker                       | 1999                      | SG Ruhr                   | 05:40,55                  | 495 |
|     | 100m: 01:16,11 (01:16,11)          | 200m: 02:45,95 (01:29,84) | 300m: 04:24,68 (01:38,73) | 400m: 05:40,55 (01:15,87) |     |
| 20. | Laura Drobe                        | 1999                      | SG Siegen                 | 05:42,41                  | 487 |
|     | 100m: 01:18,65 (01:18,65)          | 200m: 02:49,75 (01:31,10) | 300m: 04:24,53 (01:34,78) | 400m: 05:42,41 (01:17,88) |     |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 7 - 400 m Lagen der Frauen

### Offene Wertung

|     |                           |                           |                           |                           |         |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|---------|
| 21. | Teresa Helas              | 2002                      | SF Unna 01/10             | 05:42,68                  | 486     |
|     | 100m: 01:16,50 (01:16,50) | 200m: 02:44,39 (01:27,89) | 300m: 04:28,39 (01:44,00) | 400m: 05:42,68 (01:14,29) |         |
| 22. | Katharina Krüger          | 1999                      | SG Eintracht Ergste       | 05:42,81                  | 485     |
|     | 100m: 01:17,17 (01:17,17) | 200m: 02:51,91 (01:34,74) | 300m: 04:26,13 (01:34,22) | 400m: 05:42,81 (01:16,68) |         |
| 23. | Celina Göbel              | 1998                      | SG Siegen                 | 05:44,23                  | 479     |
|     | 100m: 01:18,52 (01:18,52) | 200m: 02:48,33 (01:29,81) | 300m: 04:24,49 (01:36,16) | 400m: 05:44,23 (01:19,74) |         |
| 24. | Alina Fritz               | 1998                      | Maxi Swim-Team Hamm       | 05:45,47                  | 474     |
|     | 100m: 01:22,19 (01:22,19) | 200m: 02:46,42 (01:24,23) | 300m: 04:26,40 (01:39,98) | 400m: 05:45,47 (01:19,07) |         |
| 25. | Anna Kroniger             | 2000                      | SV Blau-Weiß Bochum       | 05:45,85                  | 472     |
|     | 100m: 01:22,77 (01:22,77) | 200m: 02:55,43 (01:32,66) | 300m: 04:28,84 (01:33,41) | 400m: 05:45,85 (01:17,01) |         |
| 26. | Denise Quentin            | 1998                      | SF Unna 01/10             | 05:46,22                  | 471     |
|     | 100m: 01:14,05 (01:14,05) | 200m: 02:44,15 (01:30,10) | 300m: 04:28,74 (01:44,59) | 400m: 05:46,22 (01:17,48) |         |
| 27. | Linda Bohnenkamp          | 1996                      | SG Dortmund               | 05:48,83                  | 460     |
|     | 100m: 01:22,21 (01:22,21) | 200m: 02:50,79 (01:28,58) | 300m: 04:34,32 (01:43,53) | 400m: 05:48,83 (01:14,51) |         |
| 28. | Jessica Marquardt         | 2000                      | SV Hagen 1894             | 05:49,12                  | 459     |
|     | 100m: 01:22,95 (01:22,95) | 200m: 02:53,70 (01:30,75) | 300m: 04:31,44 (01:37,74) | 400m: 05:49,12 (01:17,68) |         |
| 29. | Valeria Hinz              | 1999                      | SC Rote Erde Hamm 1919    | 05:49,30                  | 459     |
|     | 100m: 01:21,67 (01:21,67) | 200m: 02:55,24 (01:33,57) | 300m: 04:30,39 (01:35,15) | 400m: 05:49,30 (01:18,91) |         |
| 30. | Paula Schneider           | 2001                      | SG Eintracht Ergste       | 05:49,91                  | 456     |
|     | 100m: 01:22,31 (01:22,31) | 200m: 02:53,41 (01:31,10) | 300m: 04:34,85 (01:41,44) | 400m: 05:49,91 (01:15,06) |         |
| 31. | Lara-Sophie Wagner        | 1999                      | SG Ruhr                   | 05:51,78                  | 449     |
|     | 100m: 01:18,59 (01:18,59) | 200m: 02:49,22 (01:30,63) | 300m: 04:32,08 (01:42,86) | 400m: 05:51,78 (01:19,70) |         |
| 32. | Alisha Simmes             | 1998                      | ATV Dorstfeld 1878        | 05:55,83                  | 434     |
|     | 100m: 01:17,74 (01:17,74) | 200m: 02:54,19 (01:36,45) | 300m: 04:33,98 (01:39,79) | 400m: 05:55,83 (01:21,85) |         |
| 33. | Isabel Stegmann           | 1999                      | SG Ruhr                   | 05:57,15                  | 429     |
|     | 100m: 01:17,98 (01:17,98) | 200m: 02:51,91 (01:33,93) | 300m: 04:38,86 (01:46,95) | 400m: 05:57,15 (01:18,29) |         |
| 34. | Lara Kaufmann             | 1994                      | SG Eintracht Ergste       | 05:57,62                  | 427 EnM |
|     | 100m: 01:22,38 (01:22,38) | 200m: 02:51,10 (01:28,72) | 300m: 04:40,70 (01:49,60) | 400m: 05:57,62 (01:16,92) |         |
| 35. | Katharina Fries           | 2000                      | SG Ruhr                   | 05:57,63                  | 427     |
|     | 100m: 01:21,08 (01:21,08) | 200m: 01:21,08 (00:00,00) | 300m: 04:36,63 (03:15,55) | 400m: 05:57,63 (01:21,00) |         |
| 36. | Hannah Brinkmann          | 2000                      | SC Rote Erde Hamm 1919    | 06:00,07                  | 419     |
|     | 100m: 01:26,58 (01:26,58) | 200m: 03:00,92 (01:34,34) | 300m: 04:40,61 (01:39,69) | 400m: 06:00,07 (01:19,46) |         |
| 37. | Leah Schreiner            | 2002                      | SC Rote Erde Hamm 1919    | 06:06,12                  | 398     |
|     | 100m: 01:27,62 (01:27,62) | 200m: 03:03,59 (01:35,97) | 300m: 04:47,86 (01:44,27) | 400m: 06:06,12 (01:18,26) |         |
| 38. | Hannah Becker             | 2001                      | TuS Westfalia Hombruch    | 06:07,28                  | 394     |
|     | 100m: 01:22,88 (01:22,88) | 200m: 02:56,36 (01:33,48) | 300m: 04:47,10 (01:50,74) | 400m: 06:07,28 (01:20,18) |         |
| 39. | Maike Köhne               | 2000                      | SG Ruhr                   | 06:07,66                  | 393     |
|     | 100m: 01:31,85 (01:31,85) | 200m: 03:01,88 (01:30,03) | 300m: 04:50,97 (01:49,09) | 400m: 06:07,66 (01:16,69) |         |
| 40. | Kristin Kruse             | 1998                      | SG Dortmund               | 06:07,83                  | 393 EnM |
|     | 100m: 01:23,98 (01:23,98) | 200m: 03:02,17 (01:38,19) | 300m: 04:41,37 (01:39,20) | 400m: 06:07,83 (01:26,46) |         |
| 41. | Imke Lerch                | 2000                      | SF Unna 01/10             | 06:08,70                  | 390     |
|     | 100m: 01:31,51 (01:31,51) | 200m: 03:02,22 (01:30,71) | 300m: 04:44,91 (01:42,69) | 400m: 06:08,70 (01:23,79) |         |
| 42. | Lilly Grau                | 2003                      | SG Eintracht Ergste       | 06:09,67                  | 387     |
|     | 100m: 01:25,64 (01:25,64) | 200m: 03:03,28 (01:37,64) | 300m: 04:50,28 (01:47,00) | 400m: 06:09,67 (01:19,39) |         |
| 43. | Sophie Waschke            | 2001                      | FS Bochum                 | 06:16,21                  | 367     |
|     | 100m: 01:26,60 (01:26,60) | 200m: 03:05,34 (01:38,74) | 300m: 04:50,57 (01:45,23) | 400m: 06:16,21 (01:25,64) |         |
| 44. | Nina Darenberg            | 2000                      | SF Unna 01/10             | 06:17,47                  | 363 EnM |
|     | 100m: 01:33,17 (01:33,17) | 200m: 03:13,06 (01:39,89) | 300m: 04:52,60 (01:39,54) | 400m: 06:17,47 (01:24,87) |         |
| 45. | Alina Förster             | 2000                      | SG Ruhr                   | 06:21,53                  | 352 EnM |
|     | 100m: 01:34,47 (01:34,47) | 200m: 03:09,63 (01:35,16) | 300m: 04:58,98 (01:49,35) | 400m: 06:21,53 (01:22,55) |         |
| 46. | Luzie Kindermann          | 2002                      | SG Ruhr                   | 06:25,95                  | 340     |
|     | 100m: 01:24,53 (01:24,53) | 200m: 03:02,96 (01:38,43) | 300m: 04:58,92 (01:55,96) | 400m: 06:25,95 (01:27,03) |         |
| 47. | Stefanie Buchholz         | 2003                      | SG Siegen                 | 06:30,39                  | 328     |
|     | 100m: 01:35,84 (01:35,84) | 200m: 03:11,98 (01:36,14) | 300m: 05:03,17 (01:51,19) | 400m: 06:30,39 (01:27,22) |         |
| 48. | Nina Dreston              | 2002                      | SG Eintracht Ergste       | 06:39,31                  | 307     |
|     | 100m: 01:47,95 (01:47,95) | 200m: 03:23,17 (01:35,22) | 300m: 05:14,87 (01:51,70) | 400m: 06:39,31 (01:24,44) |         |
| 49. | Delia Louisa Borchert     | 2003                      | SG Eintracht Ergste       | 07:08,49                  | 248     |
|     | 100m: 01:50,45 (01:50,45) | 200m: 03:36,99 (01:46,54) | 300m: 05:38,72 (02:01,73) | 400m: 07:08,49 (01:29,77) |         |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
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Ausrichter  
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Datum  
22.02.2014 - 23.02.2014

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## Wettkampf 7 - 400 m Lagen der Frauen

### Offene Wertung

50. Eve Levermann                      2003    SV Plettenberg 51                      07:12,44              241  
    100m: 01:40,22 (01:40,22) 200m: 03:37,60 (01:57,38) 300m: 05:30,91 (01:53,31) 400m: 07:12,44 (01:41,53)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 8 - 400 m Lagen der Frauen (Masters)

Keine Pflichtzeiten

### Ak 75

1. und Südwestfälische Masters-Meisterin AK 75 2014

Helga Reich 1936/AK75 SC Wiking Herne 08:37,41 141  
100m: 02:06,22 (02:06,22) 200m: 04:26,17 (02:19,95) 300m: 06:49,60 (02:23,43) 400m: 08:37,41 (01:47,81)

### Ak 60

1. und Südwestfälische Masters-Meisterin AK 60 2014

Heli Houben 1951/AK60 SV Blau-Weiß Bochum 07:28,93 216  
100m: 01:48,45 (01:48,45) 200m: 03:41,86 (01:53,41) 300m: 05:46,56 (02:04,70) 400m: 07:28,93 (01:42,37)

### Ak 45

1. und Südwestfälische Masters-Meisterin AK 45 2014

Verena Haselhoff 1966/AK45 SSV Meschede 05:57,45 428  
100m: 01:18,43 (01:18,43) 200m: 02:52,03 (01:33,60) 300m: 04:42,57 (01:50,54) 400m: 05:57,45 (01:14,88)

2. Teodora König 1966/AK45 TSV Vorhalle 1879 e.V. 06:27,59 335  
100m: 01:30,93 (01:30,93) 200m: 03:12,04 (01:41,11) 300m: 05:02,28 (01:50,24) 400m: 06:27,59 (01:25,31)

3. Undine Botz 1965/AK45 SV Hagen 1894 06:59,16 265  
100m: 01:40,78 (01:40,78) 200m: 03:24,68 (01:43,90) 300m: 05:21,40 (01:56,72) 400m: 06:59,16 (01:37,76)

### Ak 40

nicht am Start

Melanie Kroniger 1970/AK40 SV Blau-Weiß Bochum EnM

### Ak 30

1. und Südwestfälische Masters-Meisterin AK 30 2014

Vanessa Wollny 1983/AK30 Waspo Herringen 06:37,95 310  
100m: 01:35,65 (01:35,65) 200m: 03:20,78 (01:45,13) 300m: 05:07,08 (01:46,30) 400m: 06:37,95 (01:30,87)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 9 - 400 m Lagen der Männer

| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Pflichtzeit | 05:19,20 | 05:28,40    | 05:28,70 | 05:38,70 | 05:38,70 | 05:50,90 | 06:04,80 | 06:29,30 |
| Jahrgang    | 2003     |             |          |          |          |          |          |          |
| Pflichtzeit | 07:03,20 |             |          |          |          |          |          |          |

## Junioren

1. und Südwestfälischer Junioren-Meister 2014  
Rouven Nagel 1995 SG Dortmund 05:01,06 531  
100m: 01:06,08 (01:06,08) 200m: 02:20,34 (01:14,26) 300m: 03:55,15 (01:34,81) 400m: 05:01,06 (01:05,91)
2. Eric Storck 1996 SG Dortmund 05:14,73 465  
100m: 01:06,04 (01:06,04) 200m: 02:31,09 (01:25,05) 300m: 04:06,23 (01:35,14) 400m: 05:14,73 (01:08,50)
3. Silas Irlle 1996 SG Siegen 05:15,55 461  
100m: 01:10,16 (01:10,16) 200m: 02:36,39 (01:26,23) 300m: 04:04,02 (01:27,63) 400m: 05:15,55 (01:11,53)
4. Viktor Koscharnyj 1996 SG Dortmund 05:22,59 431  
100m: 01:11,75 (01:11,75) 200m: 02:40,18 (01:28,43) 300m: 04:14,50 (01:34,32) 400m: 05:22,59 (01:08,09)
5. Pascal Grewer 1996 Maxi Swim-Team Hamm 05:24,68 423  
100m: 01:12,14 (01:12,14) 200m: 02:36,46 (01:24,32) 300m: 04:14,58 (01:38,12) 400m: 05:24,68 (01:10,10)

### disqualifiziert

Jan Hüchtebrock 1996 SV Blau-Weiß Bochum EnM  
Der Schwimmer bewegte auf der 5. und 6. Bahn die Beine in Form eines Delphinbeinschlags.  
Uhrzeit der Bekanntgabe: 19:25

## Jahrgang 1997

1. und Südwestfälischer Jahrgangs-Meister 2014  
Til Goepfert 1997 SG Dortmund 05:07,13 500  
100m: 01:06,47 (01:06,47) 200m: 02:27,94 (01:21,47) 300m: 04:00,86 (01:32,92) 400m: 05:07,13 (01:06,27)
2. Daniel Pisalski 1997 SG Lünen 05:15,06 463  
100m: 01:14,75 (01:14,75) 200m: 02:38,63 (01:23,88) 300m: 04:05,49 (01:26,86) 400m: 05:15,06 (01:09,57)
3. Bastian Rabe 1997 SG Ruhr 05:16,65 456  
100m: 01:08,53 (01:08,53) 200m: 02:33,61 (01:25,08) 300m: 04:04,60 (01:30,99) 400m: 05:16,65 (01:12,05)
4. Jan Odenkirchen 1997 SF Unna 01/10 05:22,42 432  
100m: 01:11,40 (01:11,40) 200m: 02:35,16 (01:23,76) 300m: 04:10,48 (01:35,32) 400m: 05:22,42 (01:11,94)
5. Julius Schumann 1997 SG Siegen 05:23,96 426  
100m: 01:11,15 (01:11,15) 200m: 02:37,43 (01:26,28) 300m: 04:11,38 (01:33,95) 400m: 05:23,96 (01:12,58)

## Jahrgang 1998

1. und Südwestfälischer Jahrgangs-Meister 2014  
Björn Kroniger 1998 SV Blau-Weiß Bochum 04:53,13 575  
100m: 01:06,50 (01:06,50) 200m: 02:23,90 (01:17,40) 300m: 03:49,68 (01:25,78) 400m: 04:53,13 (01:03,45)
2. Lasse Dumke 1998 SG Ruhr 05:02,12 525  
100m: 01:08,72 (01:08,72) 200m: 02:24,10 (01:15,38) 300m: 03:52,52 (01:28,42) 400m: 05:02,12 (01:09,60)
3. Justus Krüger 1998 SG Dortmund 05:17,89 451  
100m: 01:09,88 (01:09,88) 200m: 02:34,60 (01:24,72) 300m: 04:06,00 (01:31,40) 400m: 05:17,89 (01:11,89)
4. Lennard-Alexander Raabe 1998 SG Lünen 05:22,47 432  
100m: 01:13,78 (01:13,78) 200m: 02:38,38 (01:24,60) 300m: 04:08,23 (01:29,85) 400m: 05:22,47 (01:14,24)
5. Paul Vöing 1998 SG Dortmund 05:25,31 421  
100m: 01:11,46 (01:11,46) 200m: 02:35,22 (01:23,76) 300m: 04:14,30 (01:39,08) 400m: 05:25,31 (01:11,01)
6. Jonah Irlle 1998 SG Siegen 05:29,94 403  
100m: 01:12,70 (01:12,70) 200m: 02:37,33 (01:24,63) 300m: 04:11,33 (01:34,00) 400m: 05:29,94 (01:18,61)

## Jahrgang 1999

1. und Südwestfälischer Jahrgangs-Meister 2014  
Luca Kuehn 1999 SG Dortmund 05:00,75 532  
100m: 01:04,69 (01:04,69) 200m: 02:23,43 (01:18,74) 300m: 03:50,77 (01:27,34) 400m: 05:00,75 (01:09,98)
2. Mika Max Bovensmann 1999 SG Dortmund 05:07,49 498  
100m: 01:07,16 (01:07,16) 200m: 02:21,69 (01:14,53) 300m: 03:55,14 (01:33,45) 400m: 05:07,49 (01:12,35)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Ausrichter  
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Datum  
22.02.2014 - 23.02.2014

## Wettkampf 9 - 400 m Lagen der Männer

### Jahrgang 1999

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 3. | Nicolas Kowalczyk         | 1999                      | SG Ruhr                   | 05:21,23                  | 437 |
|    | 100m: 01:09,39 (01:09,39) | 200m: 02:33,92 (01:24,53) | 300m: 04:13,18 (01:39,26) | 400m: 05:21,23 (01:08,05) |     |
| 4. | Johannes Malz             | 1999                      | SG Ruhr                   | 05:42,23                  | 361 |
|    | 100m: 01:19,41 (01:19,41) | 200m: 02:43,82 (01:24,41) | 300m: 04:23,41 (01:39,59) | 400m: 05:42,23 (01:18,82) |     |
| 5. | Tim Odenkirchen           | 1999                      | SF Unna 01/10             | 05:44,21                  | 355 |
|    | 100m: 01:13,68 (01:13,68) | 200m: 02:41,76 (01:28,08) | 300m: 04:28,22 (01:46,46) | 400m: 05:44,21 (01:15,99) |     |

### Jahrgang 2000

|    |   |                           |                           |                           |     |
|----|---|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |     |
|    | Matthias Sosna                              | 2000                      | SV Plettenberg 51         | 05:26,59                  | 416 |
|    | 100m: 01:10,69 (01:10,69)                   | 200m: 02:35,72 (01:25,03) | 300m: 04:09,22 (01:33,50) | 400m: 05:26,59 (01:17,37) |     |
| 2. | Konstantin Koch                             | 2000                      | SG Ruhr                   | 05:37,68                  | 376 |
|    | 100m: 01:19,86 (01:19,86)                   | 200m: 02:42,85 (01:22,99) | 300m: 04:23,86 (01:41,01) | 400m: 05:37,68 (01:13,82) |     |
| 3. | Alexander Neuhaus                           | 2000                      | SF Unna 01/10             | 05:47,64                  | 345 |
|    | 100m: 01:18,57 (01:18,57)                   | 200m: 02:44,69 (01:26,12) | 300m: 04:29,18 (01:44,49) | 400m: 05:47,64 (01:18,46) |     |

### Jahrgang 2001

|    |   |                           |                           |                           |         |
|----|---|---------------------------|---------------------------|---------------------------|---------|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |         |
|    | Luca Nik Armbruster                         | 2001                      | SG Dortmund               | 05:19,96                  | 442     |
|    | 100m: 01:13,09 (01:13,09)                   | 200m: 02:36,50 (01:23,41) | 300m: 04:09,38 (01:32,88) | 400m: 05:19,96 (01:10,58) |         |
| 2. | Kevin Wessel                                | 2001                      | SG Ruhr                   | 05:25,84                  | 419     |
|    | 100m: 01:17,29 (01:17,29)                   | 200m: 02:41,40 (01:24,11) | 300m: 04:14,96 (01:33,56) | 400m: 05:25,84 (01:10,88) |         |
| 3. | Kilian Serwe                                | 2001                      | SG Dortmund               | 05:31,87                  | 396     |
|    | 100m: 01:17,48 (01:17,48)                   | 200m: 02:43,05 (01:25,57) | 300m: 04:17,54 (01:34,49) | 400m: 05:31,87 (01:14,33) |         |
| 4. | Nicolas Jochum                              | 2001                      | SG Ruhr                   | 05:43,75                  | 356     |
|    | 100m: 01:19,24 (01:19,24)                   | 200m: 02:50,70 (01:31,46) | 300m: 04:26,56 (01:35,86) | 400m: 05:43,75 (01:17,19) |         |
| 5. | Tim Hegemann                                | 2001                      | SG Dortmund               | 05:45,01                  | 353     |
|    | 100m: 01:19,34 (01:19,34)                   | 200m: 02:45,81 (01:26,47) | 300m: 04:26,83 (01:41,02) | 400m: 05:45,01 (01:18,18) |         |
| 6. | Mika Dumke                                  | 2001                      | SG Ruhr                   | 05:45,17                  | 352     |
|    | 100m: 01:23,91 (01:23,91)                   | 200m: 02:46,03 (01:22,12) | 300m: 04:30,32 (01:44,29) | 400m: 05:45,17 (01:14,85) |         |
| 7. | Lars Miguel Heinke                          | 2001                      | SG Eintracht Ergste       | 06:05,30                  | 297 EnM |
|    | 100m: 01:28,30 (01:28,30)                   | 200m: 03:00,70 (01:32,40) | 300m: 04:42,21 (01:41,51) | 400m: 06:05,30 (01:23,09) |         |
| 8. | Jonas Arndt                                 | 2001                      | Sport-Union Annen         | 06:08,72                  | 289 EnM |
|    | 100m: 01:25,63 (01:25,63)                   | 200m: 03:00,20 (01:34,57) | 300m: 04:48,59 (01:48,39) | 400m: 06:08,72 (01:20,13) |         |

#### nicht am Start

Lino Stagni 2001 SV Plettenberg 51 EnM

### Jahrgang 2003

|    |   |                           |                           |                           |     |
|----|---|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälischer Jahrgangs-Meister 2014 |                           |                           |                           |     |
|    | Marco Steube                                | 2003                      | Wfr. TuRa Bergkamen       | 06:37,82                  | 230 |
|    | 100m: 01:37,93 (01:37,93)                   | 200m: 03:19,25 (01:41,32) | 300m: 05:13,11 (01:53,86) | 400m: 06:37,82 (01:24,71) |     |
| 2. | Leon Detambel                               | 2003                      | SG Eintracht Ergste       | 06:38,75                  | 228 |
|    | 100m: 01:43,74 (01:43,74)                   | 200m: 03:29,29 (01:45,55) | 300m: 05:12,47 (01:43,18) | 400m: 06:38,75 (01:26,28) |     |
| 3. | Jasper Schlak                               | 2003                      | SG Eintracht Ergste       | 06:40,61                  | 225 |
|    | 100m: 01:44,12 (01:44,12)                   | 200m: 03:25,53 (01:41,41) | 300m: 05:18,36 (01:52,83) | 400m: 06:40,61 (01:22,25) |     |

### Offene Wertung

|    |                                   |                           |                           |                           |     |
|----|-----------------------------------|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälischer Meister 2014 |                           |                           |                           |     |
|    | Björn Kroniger                    | 1998                      | SV Blau-Weiß Bochum       | 04:53,13                  | 575 |
|    | 100m: 01:06,50 (01:06,50)         | 200m: 02:23,90 (01:17,40) | 300m: 03:49,68 (01:25,78) | 400m: 04:53,13 (01:03,45) |     |
| 2. | Maximilian Wessner                | 1993                      | SG Dortmund               | 04:58,93                  | 542 |
|    | 100m: 01:06,71 (01:06,71)         | 200m: 02:25,70 (01:18,99) | 300m: 03:50,62 (01:24,92) | 400m: 04:58,93 (01:08,31) |     |
| 3. | Jens Sturm                        | 1993                      | SG Ruhr                   | 04:59,16                  | 541 |
|    | 100m: 01:05,93 (01:05,93)         | 200m: 02:25,91 (01:19,98) | 300m: 03:55,36 (01:29,45) | 400m: 04:59,16 (01:03,80) |     |
| 4. | Luca Kuehn                        | 1999                      | SG Dortmund               | 05:00,75                  | 532 |
|    | 100m: 01:04,69 (01:04,69)         | 200m: 02:23,43 (01:18,74) | 300m: 03:50,77 (01:27,34) | 400m: 05:00,75 (01:09,98) |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 9 - 400 m Lagen der Männer

### Offene Wertung

|     |                           |                           |                           |                           |                    |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|--------------------|
| 5.  | Rouven Nagel              | 1995                      | SG Dortmund               | 05:01,06                  | 531                |
|     | 100m: 01:06,08 (01:06,08) | 200m: 02:20,34 (01:14,26) | 300m: 03:55,15 (01:34,81) | 400m: 05:01,06 (01:05,91) |                    |
| 6.  | Lasse Dumke               | 1998                      | SG Ruhr                   | 05:02,12                  | 525                |
|     | 100m: 01:08,72 (01:08,72) | 200m: 02:24,10 (01:15,38) | 300m: 03:52,52 (01:28,42) | 400m: 05:02,12 (01:09,60) |                    |
| 7.  | Til Goepfert              | 1997                      | SG Dortmund               | 05:07,13                  | 500                |
|     | 100m: 01:06,47 (01:06,47) | 200m: 02:27,94 (01:21,47) | 300m: 04:00,86 (01:32,92) | 400m: 05:07,13 (01:06,27) |                    |
| 8.  | Mika Max Bovensmann       | 1999                      | SG Dortmund               | 05:07,49                  | 498                |
|     | 100m: 01:07,16 (01:07,16) | 200m: 02:21,69 (01:14,53) | 300m: 03:55,14 (01:33,45) | 400m: 05:07,49 (01:12,35) |                    |
| 9.  | Eric Storck               | 1996                      | SG Dortmund               | 05:14,73                  | 465                |
|     | 100m: 01:06,04 (01:06,04) | 200m: 02:31,09 (01:25,05) | 300m: 04:06,23 (01:35,14) | 400m: 05:14,73 (01:08,50) |                    |
| 10. | Daniel Pisalski           | 1997                      | SG Lünen                  | 05:15,06                  | 463                |
|     | 100m: 01:14,75 (01:14,75) | 200m: 02:38,63 (01:23,88) | 300m: 04:05,49 (01:26,86) | 400m: 05:15,06 (01:09,57) |                    |
| 11. | Silas Irlle               | 1996                      | SG Siegen                 | 05:15,55                  | 461                |
|     | 100m: 01:10,16 (01:10,16) | 200m: 02:36,39 (01:26,23) | 300m: 04:04,02 (01:27,63) | 400m: 05:15,55 (01:11,53) |                    |
| 12. | Bastian Rabe              | 1997                      | SG Ruhr                   | 05:16,65                  | 456                |
|     | 100m: 01:08,53 (01:08,53) | 200m: 02:33,61 (01:25,08) | 300m: 04:04,60 (01:30,99) | 400m: 05:16,65 (01:12,05) |                    |
| 13. | Justus Krüger             | 1998                      | SG Dortmund               | 05:17,89                  | 451                |
|     | 100m: 01:09,88 (01:09,88) | 200m: 02:34,60 (01:24,72) | 300m: 04:06,00 (01:31,40) | 400m: 05:17,89 (01:11,89) |                    |
| 14. | Luca Nik Armbruster       | 2001                      | SG Dortmund               | 05:19,96                  | 442                |
|     | 100m: 01:13,09 (01:13,09) | 200m: 02:36,50 (01:23,41) | 300m: 04:09,38 (01:32,88) | 400m: 05:19,96 (01:10,58) |                    |
| 15. | Nicolas Kowalczyk         | 1999                      | SG Ruhr                   | 05:21,23                  | 437                |
|     | 100m: 01:09,39 (01:09,39) | 200m: 02:33,92 (01:24,53) | 300m: 04:13,18 (01:39,26) | 400m: 05:21,23 (01:08,05) |                    |
| 16. | Jan Odenkirchen           | 1997                      | SF Unna 01/10             | 05:22,42                  | 432                |
|     | 100m: 01:11,40 (01:11,40) | 200m: 02:35,16 (01:23,76) | 300m: 04:10,48 (01:35,32) | 400m: 05:22,42 (01:11,94) |                    |
| 17. | Lennard-Alexander Raabe   | 1998                      | SG Lünen                  | 05:22,47                  | 432                |
|     | 100m: 01:13,78 (01:13,78) | 200m: 02:38,38 (01:24,60) | 300m: 04:08,23 (01:29,85) | 400m: 05:22,47 (01:14,24) |                    |
| 18. | Viktor Koscharynj         | 1996                      | SG Dortmund               | 05:22,59                  | 431                |
|     | 100m: 01:11,75 (01:11,75) | 200m: 02:40,18 (01:28,43) | 300m: 04:14,50 (01:34,32) | 400m: 05:22,59 (01:08,09) |                    |
| 19. | Julius Schumann           | 1997                      | SG Siegen                 | 05:23,96                  | 426                |
|     | 100m: 01:11,15 (01:11,15) | 200m: 02:37,43 (01:26,28) | 300m: 04:11,38 (01:33,95) | 400m: 05:23,96 (01:12,58) |                    |
| 20. | Pascal Grewer             | 1996                      | Maxi Swim-Team Hamm       | 05:24,68                  | 423                |
|     | 100m: 01:12,14 (01:12,14) | 200m: 02:36,46 (01:24,32) | 300m: 04:14,58 (01:38,12) | 400m: 05:24,68 (01:10,10) |                    |
| 21. | Paul Vöing                | 1998                      | SG Dortmund               | 05:25,31                  | 421                |
|     | 100m: 01:11,46 (01:11,46) | 200m: 02:35,22 (01:23,76) | 300m: 04:14,30 (01:39,08) | 400m: 05:25,31 (01:11,01) |                    |
| 22. | Kevin Wessel              | 2001                      | SG Ruhr                   | 05:25,84                  | 419                |
|     | 100m: 01:17,29 (01:17,29) | 200m: 02:41,40 (01:24,11) | 300m: 04:14,96 (01:33,56) | 400m: 05:25,84 (01:10,88) |                    |
| 23. | Matthias Sosna            | 2000                      | SV Plettenberg 51         | 05:26,59                  | 416                |
|     | 100m: 01:10,69 (01:10,69) | 200m: 02:35,72 (01:25,03) | 300m: 04:09,22 (01:33,50) | 400m: 05:26,59 (01:17,37) |                    |
| 24. | Jonah Irlle               | 1998                      | SG Siegen                 | 05:29,94                  | 403                |
|     | 100m: 01:12,70 (01:12,70) | 200m: 02:37,33 (01:24,63) | 300m: 04:11,33 (01:34,00) | 400m: 05:29,94 (01:18,61) |                    |
| 25. | Kilian Serwe              | 2001                      | SG Dortmund               | 05:31,87                  | 396                |
|     | 100m: 01:17,48 (01:17,48) | 200m: 02:43,05 (01:25,57) | 300m: 04:17,54 (01:34,49) | 400m: 05:31,87 (01:14,33) |                    |
| 26. | Konstantin Koch           | 2000                      | SG Ruhr                   | 05:37,68                  | 376                |
|     | 100m: 01:19,86 (01:19,86) | 200m: 02:42,85 (01:22,99) | 300m: 04:23,86 (01:41,01) | 400m: 05:37,68 (01:13,82) |                    |
| 27. | Johannes Malz             | 1999                      | SG Ruhr                   | 05:42,23                  | 361                |
|     | 100m: 01:19,41 (01:19,41) | 200m: 02:43,82 (01:24,41) | 300m: 04:23,41 (01:39,59) | 400m: 05:42,23 (01:18,82) |                    |
| 28. | Nicolas Jochum            | 2001                      | SG Ruhr                   | 05:43,75                  | 356                |
|     | 100m: 01:19,24 (01:19,24) | 200m: 02:50,70 (01:31,46) | 300m: 04:26,56 (01:35,86) | 400m: 05:43,75 (01:17,19) |                    |
| 29. | Tim Odenkirchen           | 1999                      | SF Unna 01/10             | 05:44,21                  | 355                |
|     | 100m: 01:13,68 (01:13,68) | 200m: 02:41,76 (01:28,08) | 300m: 04:28,22 (01:46,46) | 400m: 05:44,21 (01:15,99) |                    |
| 30. | Tim Hegemann              | 2001                      | SG Dortmund               | 05:45,01                  | 353                |
|     | 100m: 01:19,34 (01:19,34) | 200m: 02:45,81 (01:26,47) | 300m: 04:26,83 (01:41,02) | 400m: 05:45,01 (01:18,18) |                    |
| 31. | Mika Dumke                | 2001                      | SG Ruhr                   | 05:45,17                  | 352                |
|     | 100m: 01:23,91 (01:23,91) | 200m: 02:46,03 (01:22,12) | 300m: 04:30,32 (01:44,29) | 400m: 05:45,17 (01:14,85) |                    |
| 32. | Alexander Neuhaus         | 2000                      | SF Unna 01/10             | 05:47,64                  | 345                |
|     | 100m: 01:18,57 (01:18,57) | 200m: 02:44,69 (01:26,12) | 300m: 04:29,18 (01:44,49) | 400m: 05:47,64 (01:18,46) |                    |
| 33. | Lars Miguel Heinke        | 2001                      | SG Eintracht Ergste       | 06:05,30                  | 297 <del>ENM</del> |
|     | 100m: 01:28,30 (01:28,30) | 200m: 03:00,70 (01:32,40) | 300m: 04:42,21 (01:41,51) | 400m: 06:05,30 (01:23,09) |                    |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.

Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.

Datum  
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## Wettkampf 9 - 400 m Lagen der Männer

### Offene Wertung

|     |                           |                           |                           |                           |     |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 34. | Jonas Arndt               | 2001                      | Sport-Union Annen         | 06:08,72                  | 289 | EnM |
|     | 100m: 01:25,63 (01:25,63) | 200m: 03:00,20 (01:34,57) | 300m: 04:48,59 (01:48,39) | 400m: 06:08,72 (01:20,13) |     |     |
| 35. | Marco Steube              | 2003                      | Wfr. TuRa Bergkamen       | 06:37,82                  | 230 |     |
|     | 100m: 01:37,93 (01:37,93) | 200m: 03:19,25 (01:41,32) | 300m: 05:13,11 (01:53,86) | 400m: 06:37,82 (01:24,71) |     |     |
| 36. | Leon Detambel             | 2003                      | SG Eintracht Ergste       | 06:38,75                  | 228 |     |
|     | 100m: 01:43,74 (01:43,74) | 200m: 03:29,29 (01:45,55) | 300m: 05:12,47 (01:43,18) | 400m: 06:38,75 (01:26,28) |     |     |
| 37. | Jasper Schlak             | 2003                      | SG Eintracht Ergste       | 06:40,61                  | 225 |     |
|     | 100m: 01:44,12 (01:44,12) | 200m: 03:25,53 (01:41,41) | 300m: 05:18,36 (01:52,83) | 400m: 06:40,61 (01:22,25) |     |     |

### abgemeldet

|                  |      |           |
|------------------|------|-----------|
| Kevin Geiselhart | 1992 | SG Siegen |
| Lukas Besser     | 1992 | SG Ruhr   |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 10 - 400 m Lagen der Männer (Masters)

Keine Pflichtzeiten

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014

Götz Hübenthal 1964/AK50 SC Gut Nass Altena 07:20,87 169  
100m: 01:36,82 (01:36,82) 200m: 03:35,59 (01:58,77) 300m: 05:34,53 (01:58,94) 400m: 07:20,87 (01:46,34)

### Ak 45

abgemeldet

Ekkehard Lackhoff 1968/AK45 SG Siegen

### Ak 40

1. und Südwestfälischer Masters-Meister AK 40 2014

Frank Winkelmann 1972/AK40 SV Hagen 1894 06:09,37 287  
100m: 01:21,16 (01:21,16) 200m: 03:05,14 (01:43,98) 300m: 04:49,66 (01:44,52) 400m: 06:09,37 (01:19,71)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014

Matthias Reketat 1989/AK25 SSC Hörde 54/58 e.V. 05:17,58 452  
100m: 01:11,67 (01:11,67) 200m: 02:38,18 (01:26,51) 300m: 04:03,49 (01:25,31) 400m: 05:17,58 (01:14,09)

2. Eike Zandecki

1989/AK25 SG Ruhr 05:43,37 358

100m: 01:09,29 (01:09,29) 200m: 02:37,93 (01:28,64) 300m: 04:21,58 (01:43,65) 400m: 05:43,37 (01:21,79)

### Ak 20

nicht am Start

Julian Haselhoff 1994/AK20 SSV Meschede

EnM

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Wettkampf 11 - 4 x 100 m Freistilstaffel der Frauen  
Offene Wertung

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 12 - 4 x 100 m Freistilstaffel der Männer Offene Wertung

Dortmund, den 22.02.2014  
Abschnittsende: 19:29 Uhr  
Protokollende: 19:29 Uhr

gez. Holger Mende

Schiedsrichter weiblich

gez. Petra Hein

Schiedsrichter männlich

gez. Jörg Husemann

Protokollführer

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Ort  
Dortmund

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Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Kampfgericht Abschnitt 3

| Position                | Name                 | Verein                  |
|-------------------------|----------------------|-------------------------|
| Schiedsrichter weiblich | Holger Mende         |                         |
| Schiedsrichter männlich | Petra Hein           |                         |
| Starter weiblich        | Thomas Reiter        | Gerhard Latsch (AZUBI)  |
| Starter männlich        | Ralf Griggel (AZUBI) | Jörg Baumeister (AZUBI) |
| Schwimmrichter 1        | Klaus Kissmann       |                         |
| Sprecher 1              | Stephan Kertscher    |                         |
| Auswerter 1             | Alexander Ziemski    |                         |
| Auswerter 2             | Thorsten Weißberg    |                         |
| Protokollführer         | Jörg Husemann        |                         |
| Zeitmessanlage          | Alexander Ziemski    |                         |
| Computer 1              | Oliver Reinert       |                         |

## Zielgericht

|                   |                         |
|-------------------|-------------------------|
| Zielrichterobmann | Karl Borgschulze        |
| Zielrichter 1     | Anna-Lena Sieker        |
| Zielrichter 2     | Arnina Drogovic (AZUBI) |

## Zeitgericht 1

|                   |                   |
|-------------------|-------------------|
| Zeitnehmerobmann  | Anja Vössing-Guth |
| Zeitnehmer Bahn 1 | Timo Lindhof      |
| Zeitnehmer Bahn 2 | Beate Pelani      |
| Zeitnehmer Bahn 3 | Veronika Renze    |
| Zeitnehmer Bahn 4 | Pamela Strauß     |
| Zeitnehmer Bahn 5 | Günter Miele      |
| Zeitnehmer Bahn 6 | Doris Schulte     |
| Zeitnehmer Bahn 7 | Karla Heckmann    |
| Zeitnehmer Bahn 8 | Susanne Fischer   |

## Zeitgericht 2

|                   |                   |
|-------------------|-------------------|
| Zeitnehmer Bahn 3 | Karl-Heinz Kranz  |
| Zeitnehmer Bahn 4 | Sebastian Wächter |
| Zeitnehmer Bahn 5 | Karsten Kuhn      |
| Zeitnehmer Bahn 6 | Simone Dreston    |

## Wendegericht

|                     |                  |
|---------------------|------------------|
| Wenderichterobmann  | Elke Bauer       |
| Wenderichter Bahn 1 | Elke Bauer       |
| Wenderichter Bahn 3 | Anja Jochum-John |
| Wenderichter Bahn 5 | Nicole Wessel    |
| Wenderichter Bahn 7 | Franco Murgia    |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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22.02.2014 - 23.02.2014

## Wettkampfbecken

8 Bahnen à 50m Wellenkillerleinen Automatische Zeitnahme Wassertemperatur: ca. 26°C

## Abschnitt 3

|              |  |
|--------------|--|
| Wettkampf 13 | JMK-Wahl: 100 m Rückenschwimmen der Frauen         |
| Wettkampf 14 | JMK-Wahl: 100 m Rückenschwimmen der Männer         |
| Wettkampf 15 | 800 m Freistil der Männer                          |
| Wettkampf 16 | 1500 m Freistil der Frauen                         |
| Wettkampf 17 | JMK-Wahl: 100 m Schmetterlingsschwimmen der Frauen |
| Wettkampf 18 | JMK-Wahl: 100 m Schmetterlingsschwimmen der Männer |
| Wettkampf 19 | 200 m Brust der Frauen (Masters)                   |
| Wettkampf 20 | 200 m Brust der Männer (Masters)                   |
| Wettkampf 21 | 200 m Freistil der Frauen (Masters)                |
| Wettkampf 22 | 200 m Freistil der Männer (Masters)                |
| Wettkampf 23 | 4 x 200 m Freistilstaffel der Frauen               |
| Wettkampf 24 | 4 x 200 m Freistilstaffel der Männer               |

## Wettkampf 13 - JMK-Wahl: 100 m Rückenschwimmen der Frauen

### Offene Wertung

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 01:18,21 | 424 |
| Sabrina Schültke         | 2003 | TuS Sundern                       | 01:20,69 | 386 |
| Lea Kebrle               | 2002 | SG Ruhr                           | 01:23,35 | 350 |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 01:25,49 | 324 |
| Carla Pieper             | 2002 | SG Ruhr                           | 01:26,00 | 319 |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 01:26,01 | 319 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 01:26,59 | 312 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 01:27,22 | 305 |
| Anna Buschmann           | 2003 | Waspo Herringen                   | 01:27,64 | 301 |
| Astrid Croissier         | 2002 | SG Lünen                          | 01:27,71 | 300 |
| Cora Engel               | 2002 | SG Lünen                          | 01:27,96 | 298 |
| Lilly Grau               | 2003 | SG Eintracht Ergste               | 01:28,24 | 295 |
| Lea Backhaus             | 2002 | SG Ruhr                           | 01:29,82 | 280 |
| Lilly Melenk             | 2002 | SG Dortmund                       | 01:30,43 | 274 |
| Marla Vaihinger          | 2003 | SV Hagen 1894                     | 01:30,91 | 270 |
| Dina Dorawa              | 2003 | SSC Hörde 54/58 e.V.              | 01:31,11 | 268 |
| Vivian Noschka           | 2003 | SC Wiking Herne                   | 01:31,31 | 266 |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 01:31,52 | 264 |
| Paulina Kapitza          | 2003 | SC Wiking Herne                   | 01:31,55 | 264 |
| Janina Göke              | 2004 | SG Eintracht Ergste               | 01:32,16 | 259 |
| Hannah Schulte           | 2004 | SG Eintracht Ergste               | 01:32,23 | 258 |
| Malin Achy               | 2003 | SG Dortmund                       | 01:32,31 | 258 |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 01:33,73 | 246 |
| Delia Louisa Borchert    | 2003 | SG Eintracht Ergste               | 01:33,92 | 245 |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 01:34,63 | 239 |
| Zina Berrar              | 2004 | TuS Dortmund-Brackel              | 01:34,99 | 236 |
| Jacky Amanda Salmen      | 2003 | SG Dortmund                       | 01:36,03 | 229 |
| Sonja Ickstadt           | 2003 | SG Dortmund                       | 01:36,40 | 226 |
| Doreen Schulz            | 2003 | SG Lünen                          | 01:37,95 | 216 |
| Franziska Demant         | 2003 | SSC Hörde 54/58 e.V.              | 01:38,03 | 215 |
| Laura Köhler             | 2002 | SG Eintracht Ergste               | 01:38,70 | 211 |
| Ricarda Hirsch           | 2003 | SC Wiking Herne                   | 01:38,84 | 210 |
| Kathleen Machatik        | 2004 | SV Blau-Weiß Bochum               | 01:41,57 | 193 |
| Jule Wichtermann         | 2004 | SV Blau-Weiß Bochum               | 01:42,08 | 190 |
| Jana Vonhoff             | 2004 | Wfr. TuRa Bergkamen               | 01:43,74 | 181 |
| Sophia Mach              | 2003 | SG Dortmund                       | 01:44,60 | 177 |
| Lena Gmyrek              | 2004 | TuS Dortmund-Brackel              | 01:45,05 | 175 |
| Helena Brandt            | 2003 | SVg Witten 1884/09                | 01:50,93 | 148 |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 13 - JMK-Wahl: 100 m Rückenschwimmen der Frauen Offene Wertung

### abgemeldet

|                |      |                      |
|----------------|------|----------------------|
| Hannah Krummel | 2003 | Teutonia Lippstadt   |
| Gina Reimann   | 2002 | SSC Hörde 54/58 e.V. |
| Laura Stoyke   | 2004 | SG Eintracht Ergste  |
| Faye von Quast | 2003 | SG Dortmund          |

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## Wettkampf 14 - JMK-Wahl: 100 m Rückenschwimmen der Männer

### Offene Wertung

|                      |      |                           |          |     |
|----------------------|------|---------------------------|----------|-----|
| Mika Dumke           | 2001 | SG Ruhr                   | 01:12,57 | 379 |
| Kevin Wessel         | 2001 | SG Ruhr                   | 01:12,84 | 375 |
| Maximilian Ligges    | 2001 | SG Dortmund               | 01:17,44 | 312 |
| Nicolas Jochum       | 2001 | SG Ruhr                   | 01:18,29 | 302 |
| Maximilian Buchholz  | 2001 | SG Siegen                 | 01:20,86 | 274 |
| Moritz Lohrmann      | 2002 | SG Ruhr                   | 01:21,30 | 269 |
| Jonathan Gröne       | 2002 | SG Lünen                  | 01:21,77 | 265 |
| Lars Miguel Heinke   | 2001 | SG Eintracht Ergste       | 01:22,27 | 260 |
| Jan-Philipp Kortmann | 2002 | TV Werne 03 Wasserfreunde | 01:23,11 | 252 |
| Patrick Marquardt    | 2002 | SV Hagen 1894             | 01:24,67 | 238 |
| Felix Eißing         | 2002 | SSC Hörde 54/58 e.V.      | 01:24,78 | 238 |
| Yunus Albayrak       | 2002 | SG Dortmund               | 01:25,96 | 228 |
| Egor Gubenko         | 2002 | SSC Hörde 54/58 e.V.      | 01:26,93 | 220 |
| Dario Pandev         | 2002 | Wasserfreunde Finnentrop  | 01:27,55 | 216 |
| Armin Wefers         | 2003 | Waspo Herringen           | 01:28,94 | 206 |
| Marco Steube         | 2003 | Wfr. TuRa Bergkamen       | 01:30,02 | 198 |
| Henrik Kahl          | 2004 | TuS Dortmund-Brackel      | 01:31,10 | 191 |
| Sirke Dorn           | 2003 | SV Hagen 1894             | 01:31,60 | 188 |
| Devran Sensoy        | 2004 | SG Lünen                  | 01:32,16 | 185 |
| Maximilian Weiß      | 2002 | Wfr. TuRa Bergkamen       | 01:32,18 | 185 |
| Jasper Schlak        | 2003 | SG Eintracht Ergste       | 01:33,44 | 177 |
| Leon Detambel        | 2003 | SG Eintracht Ergste       | 01:35,86 | 164 |
| Kevin-Noah Kaminski  | 2003 | Wfr. TuRa Bergkamen       | 01:36,13 | 163 |
| Constantin Krüger    | 2004 | SG Eintracht Ergste       | 01:37,43 | 156 |
| Jannis Malz          | 2004 | SG Eintracht Ergste       | 01:44,98 | 125 |

### abgemeldet

|               |      |             |
|---------------|------|-------------|
| Robin Recker  | 2001 | SG Ruhr     |
| Denis Gurdzhi | 2003 | SG Dortmund |

### nicht am Start

|              |      |                          |
|--------------|------|--------------------------|
| Max Kochanek | 2002 | Wasserfreunde Finnentrop |
|--------------|------|--------------------------|







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## Wettkampf 16 - 1500 m Freistil der Frauen Offene Wertung

### abgemeldet

|                  |      |                         |
|------------------|------|-------------------------|
| Ira Schmidt      | 2000 | SG Ruhr                 |
| Alexa Dreston    | 1999 | SG Eintracht Ergste     |
| Eileen Andraczek | 2000 | SG Wassersport Iserlohn |

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## Wettkampf 17 - JMK-Wahl: 100 m Schmetterlingsschwimmen der Frauen

### Offene Wertung

|                  |      |                    |          |     |
|------------------|------|--------------------|----------|-----|
| Teresa Helas     | 2002 | SF Unna 01/10      | 01:13,59 | 455 |
| Luzie Kindermann | 2002 | SG Ruhr            | 01:21,29 | 337 |
| Anna-Lena Kuhn   | 2004 | Waspo Herringen    | 01:24,07 | 305 |
| Sabrina Schültke | 2003 | TuS Sundern        | 01:29,95 | 249 |
| Vivian Noschka   | 2003 | SC Wiking Herne    | 01:30,11 | 247 |
| Leonie Brandt    | 2002 | SVg Witten 1884/09 | 01:33,81 | 219 |
| Victoria Reimann | 2004 | Waspo Herringen    | 01:48,67 | 141 |

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## Wettkampf 18 - JMK-Wahl: 100 m Schmetterlingsschwimmen der Männer

### Offene Wertung

|                   |      |                                   |          |     |
|-------------------|------|-----------------------------------|----------|-----|
| Lennart Brendler  | 2001 | SSC Hörde 54/58 e.V.              | 01:11,43 | 351 |
| Niklas Kuhn       | 2001 | Waspo Herringen                   | 01:27,27 | 192 |
| Leon Owie         | 2002 | SG Siegen                         | 01:27,30 | 192 |
| Bastian Hollmann  | 2001 | SV Bieber Lendringsen             | 01:29,17 | 180 |
| Dario Pandev      | 2002 | Wasserfreunde Finnentrop          | 01:34,63 | 151 |
| Pascal Metze      | 2003 | SV Neptun Neheim-Hüsten 1960 e.V. | 01:42,83 | 117 |
| Maximilian Krüger | 2004 | SG Eintracht Ergste               | 01:43,13 | 116 |

### disqualifiziert

Julian Hankiewicz 2002 SV Aegir Arnsberg  
Der Schwimmer benutzte unerlaubte Hilfsmittel (startete mit zwei Badehosen)  
Uhrzeit der Bekanntgabe: 11:10

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Ort  
Dortmund

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22.02.2014 - 23.02.2014

## Wettkampf 19 - 200 m Brust der Frauen (Masters)

Keine Pflichtzeiten

### Ak 65

1. und Südwestfälische Masters-Meisterin AK 65 2014  
Ursula Sonntag 1946/AK65 SV Aegir Arnsberg 05:28,97 77  
100m: 02:40,66 (02:40,66) 200m: 05:28,97 (02:48,31)

### Ak 60

1. und Südwestfälische Masters-Meisterin AK 60 2014  
Susanne Ostgathe 1954/AK60 SV Blau-Weiß Bochum 03:25,79 316  
100m: 01:40,12 (01:40,12) 200m: 03:25,79 (01:45,67)
2. Gisela Haushalter 1954/AK60 SG Lünen 03:52,57 219  
100m: 01:52,15 (01:52,15) 200m: 03:52,57 (02:00,42)
3. Renate Kissmann 1951/AK60 Schwimmverein Kamen 1891 04:10,11 176  
100m: 02:00,35 (02:00,35) 200m: 04:10,11 (02:09,76)

### Ak 55

1. und Südwestfälische Masters-Meisterin AK 55 2014  
Britta Hackländer 1959/AK55 SG Lünen 04:29,78 140  
100m: 02:10,98 (02:10,98) 200m: 04:29,78 (02:18,80)

### Ak 50

1. und Südwestfälische Masters-Meisterin AK 50 2014  
Martina Volk 1963/AK50 SG Lünen 04:06,39 184  
100m: 01:56,60 (01:56,60) 200m: 04:06,39 (02:09,79)

### Ak 45

1. und Südwestfälische Masters-Meisterin AK 45 2014  
Teodora König 1966/AK45 TSV Vorhalle 1879 e.V. 03:24,90 320  
100m: 01:38,63 (01:38,63) 200m: 03:24,90 (01:46,27)
2. Undine Botz 1965/AK45 SV Hagen 1894 03:27,47 308  
100m: 01:39,11 (01:39,11) 200m: 03:27,47 (01:48,36)

### Ak 40

1. und Südwestfälische Masters-Meisterin AK 40 2014  
Gabriele Brier 1973/AK40 Waspo Herringen 03:30,21 296  
100m: 01:40,01 (01:40,01) 200m: 03:30,21 (01:50,20)

#### disqualifiziert

Sonja Wundrock 1971/AK40 Schwimmverein Kamen 1891 EnM  
Der Schwimmer hat bei der 50m Wende nur mit einer Hand angeschlagen.  
Uhrzeit der Bekanntgabe: 11:25

### Ak 35

1. und Südwestfälische Masters-Meisterin AK 35 2014  
Yvonne Viertel 1977/AK35 Schwimmverein Kamen 1891 04:15,00 166  
100m: 02:03,70 (02:03,70) 200m: 04:15,00 (02:11,30)

### Ak 30

1. und Südwestfälische Masters-Meisterin AK 30 2014  
Vanessa Wollny 1983/AK30 Waspo Herringen 03:19,55 346  
100m: 01:35,88 (01:35,88) 200m: 03:19,55 (01:43,67)
2. Anke Knieling-Zimmer 1981/AK30 TuS Wengern 03:40,14 258  
100m: 01:43,23 (01:43,23) 200m: 03:40,14 (01:56,91)

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## Wettkampf 19 - 200 m Brust der Frauen (Masters)

### Ak 25

|   |           |                 |          |     |
|---|-----------|-----------------|----------|-----|
| 1. und Südwestfälische Masters-Meisterin AK 25 2014 |           |                 |          |     |
| Nina Papenfuß                                       | 1989/AK25 | TuS Breckerfeld | 03:20,60 | 341 |
| 100m: 01:36,57 (01:36,57) 200m: 03:20,60 (01:44,03) |           |                 |          |     |

### Ak 20

|   |           |               |          |     |
|---|-----------|---------------|----------|-----|
| 1. und Südwestfälische Masters-Meisterin AK 20 2014 |           |               |          |     |
| Lena Maren Busch                                    | 1990/AK20 | SF Unna 01/10 | 02:47,85 | 582 |
| 100m: 01:20,54 (01:20,54) 200m: 02:47,85 (01:27,31) |           |               |          |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 20 - 200 m Brust der Männer (Masters)

Keine Pflichtzeiten

### Ak 80

1. und Südwestfälischer Masters-Meister AK 80 2014  
Werner Beil 1932/AK80 SVg Witten 1884/09 05:23,10 61  
100m: 02:38,41 (02:38,41) 200m: 05:23,10 (02:44,69)

### Ak 75

1. und Südwestfälischer Masters-Meister AK 75 2014  
Wolfgang Burkowsky 1937/AK75 SG Dortmund 03:47,95 175  
100m: 01:51,12 (01:51,12) 200m: 03:47,95 (01:56,83)

### Ak 70

1. und Südwestfälischer Masters-Meister AK 70 2014  
Rainer Opitz 1942/AK70 SG Dortmund 03:58,56 152  
100m: 01:55,51 (01:55,51) 200m: 03:58,56 (02:03,05)

### Ak 55

1. und Südwestfälischer Masters-Meister AK 55 2014  
Wolfgang Thomas 1957/AK55 SC Wiking Herne 03:09,22 306  
100m: 01:31,39 (01:31,39) 200m: 03:09,22 (01:37,83)  
2. Andreas Kühnlenz 1958/AK55 SG Siegen 03:18,97 263  
100m: 01:39,75 (01:39,75) 200m: 03:18,97 (01:39,22)

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014  
Marco Boß 1969/AK45 Wfr. Lüdenscheid 02:52,18 406  
100m: 01:22,84 (01:22,84) 200m: 02:52,18 (01:29,34)

### Ak 40

aufgegeben

Tim Ulrich 1971/AK40 SF Unna 01/10 EnM

### Ak 35

1. und Südwestfälischer Masters-Meister AK 35 2014  
Marc Zimmer 1978/AK35 TuS Wengern 04:16,90 122  
100m: 01:59,98 (01:59,98) 200m: 04:16,90 (02:16,92)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014  
Matthias Reketat 1989/AK25 SSC Hörde 54/58 e.V. 02:44,87 462  
100m: 01:17,80 (01:17,80) 200m: 02:44,87 (01:27,07)

### Ak 20

1. und Südwestfälischer Masters-Meister AK 20 2014  
Mirko Kolberg 1992/AK20 SSC Hörde 54/58 e.V. 02:57,26 372  
100m: 01:22,54 (01:22,54) 200m: 02:57,26 (01:34,72)  
2. Daniel Papenfuß 1993/AK20 TuS Breckerfeld 03:35,30 207  
100m: 01:40,58 (01:40,58) 200m: 03:35,30 (01:54,72)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
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Ort  
Dortmund

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## Wettkampf 21 - 200 m Freistil der Frauen (Masters)

Keine Pflichtzeiten

### Ak 60

1. und Südwestfälische Masters-Meisterin AK 60 2014  
Heli Houben 1951/AK60 SV Blau-Weiß Bochum 03:09,29 223  
100m: 01:28,54 (01:28,54) 200m: 03:09,29 (01:40,75)
2. Michaela Schorlemer 1950/AK60 Wfr. Lüdenscheid 03:51,75 121  
100m: 01:51,74 (01:51,74) 200m: 03:51,75 (02:00,01)

### Ak 55

1. und Südwestfälische Masters-Meisterin AK 55 2014  
Angela Kloppenburg 1958/AK55 SSV Meschede 03:02,97 247  
100m: 01:24,71 (01:24,71) 200m: 03:02,97 (01:38,26)

### Ak 50

1. und Südwestfälische Masters-Meisterin AK 50 2014  
Gabriele Brkowski 1961/AK50 SC Wiking Herne 02:32,95 423  
100m: 01:13,22 (01:13,22) 200m: 02:32,95 (01:19,73)
2. Rita Bohnet 1964/AK50 SV Blau-Weiß Bochum 02:35,54 402  
100m: 01:15,52 (01:15,52) 200m: 02:35,54 (01:20,02)
3. Gabriele Jünemann 1960/AK50 SC Wiking Herne 03:12,36 212  
100m: 01:31,33 (01:31,33) 200m: 03:12,36 (01:41,03)

### Ak 45

1. und Südwestfälische Masters-Meisterin AK 45 2014  
Teodora König 1966/AK45 TSV Vorhalle 1879 e.V. 02:48,99 313  
100m: 01:20,89 (01:20,89) 200m: 02:48,99 (01:28,10)
2. Undine Botz 1965/AK45 SV Hagen 1894 03:02,44 249  
100m: 01:25,46 (01:25,46) 200m: 03:02,44 (01:36,98)

### Ak 40

1. und Südwestfälische Masters-Meisterin AK 40 2014  
Nicole Rütter 1970/AK40 Waspo Herringen 03:35,28 151  
100m: 01:35,78 (01:35,78) 200m: 03:35,28 (01:59,50)

#### abgemeldet

Tanja Kintrup 1973/AK40 SC Wiking Herne

### Ak 35

1. und Südwestfälische Masters-Meisterin AK 35 2014  
Yvonne Viertel 1977/AK35 Schwimmverein Kamen 1891 03:35,89 150  
100m: 01:44,89 (01:44,89) 200m: 03:35,89 (01:51,00)

### Ak 30

1. und Südwestfälische Masters-Meisterin AK 30 2014  
Anke Knieling-Zimmer 1981/AK30 TuS Wengern 02:55,92 278  
100m: 01:23,54 (01:23,54) 200m: 02:55,92 (01:32,38)

#### abgemeldet

Stefanie Tiedtke 1983/AK30 SG Lünen

### Ak 25

1. und Südwestfälische Masters-Meisterin AK 25 2014  
Sandra Welink 1986/AK25 Waspo Herringen 03:11,57 215  
100m: 01:29,33 (01:29,33) 200m: 03:11,57 (01:42,24)



# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 21 - 200 m Freistil der Frauen (Masters)

### Ak 20

- |   |                           |                      |          |     |
|---|---------------------------|----------------------|----------|-----|
| 1. und Südwestfälische Masters-Meisterin AK 20 2014 |                           |                      |          |     |
| Lisa Ferlemann                                      | 1990/AK20                 | ATV Dorstfeld 1878   | 02:35,76 | 400 |
| 100m: 01:13,31 (01:13,31)                           | 200m: 02:35,76 (01:22,45) |                      |          |     |
| 2. Annika Knofius                                   | 1990/AK20                 | SSC Hörde 54/58 e.V. | 02:36,37 | 395 |
| 100m: 01:14,53 (01:14,53)                           | 200m: 02:36,37 (01:21,84) |                      |          |     |

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## Wettkampf 22 - 200 m Freistil der Männer (Masters)

Keine Pflichtzeiten

### Ak 70

1. und Südwestfälischer Masters-Meister AK 70 2014  
Hans-Jürgen Ackermann 1941/AK70 TuS Breckerfeld 03:45,52 95  
100m: 01:40,96 (01:40,96) 200m: 03:45,52 (02:04,56)

### Ak 65

1. und Südwestfälischer Masters-Meister AK 65 2014  
Günter Mitlewski 1946/AK65 SV Blau-Weiß Bochum 03:12,60 152  
100m: 01:31,34 (01:31,34) 200m: 03:12,60 (01:41,26)

### Ak 60

1. und Südwestfälischer Masters-Meister AK 60 2014  
Dr. Franz Denzer 1953/AK60 Waspo Herringen 02:43,73 248  
100m: 01:18,71 (01:18,71) 200m: 02:43,73 (01:25,02)  
2. Lutz Wollny 1951/AK60 Waspo Herringen 02:51,68 215  
100m: 01:20,97 (01:20,97) 200m: 02:51,68 (01:30,71)  
3. Karl-Heinz Rickert 1951/AK60 SC Wiking Herne 03:20,03 136  
100m: 01:33,21 (01:33,21) 200m: 03:20,03 (01:46,82)

### Ak 55

1. und Südwestfälischer Masters-Meister AK 55 2014  
Axel Vipotnik 1957/AK55 Waspo Herringen 02:58,64 191  
100m: 01:22,30 (01:22,30) 200m: 02:58,64 (01:36,34)  
2. Friedrich Irlle 1957/AK55 SC Wiking Herne 03:05,09 172  
100m: 01:25,03 (01:25,03) 200m: 03:05,09 (01:40,06)

#### abgemeldet

Matthias Holzauer 1957/AK55 SG Siegen

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014  
Stefan Geiselhart 1964/AK50 SG Siegen 02:19,95 398  
100m: 01:06,72 (01:06,72) 200m: 02:19,95 (01:13,23)  
2. Stefan Wrede 1964/AK50 SSV Meschede 02:41,87 257  
100m: 01:13,24 (01:13,24) 200m: 02:41,87 (01:28,63)

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014  
Marco Boß 1969/AK45 Wfr. Lüdenscheid 02:39,84 267  
100m: 01:15,41 (01:15,41) 200m: 02:39,84 (01:24,43)  
2. Marcus Höller-Schlieper 1967/AK45 TuS Breckerfeld 02:55,91 200  
100m: 01:16,69 (01:16,69) 200m: 02:55,91 (01:39,22)

### Ak 40

1. und Südwestfälischer Masters-Meister AK 40 2014  
Frank Winkelmann 1972/AK40 SV Hagen 1894 02:23,96 365  
100m: 01:07,30 (01:07,30) 200m: 02:23,96 (01:16,66)  
2. Michael Teeke 1973/AK40 TV Werne 03 Wasserfreunde 02:30,88 317  
100m: 01:07,28 (01:07,28) 200m: 02:30,88 (01:23,60)

### Ak 30

1. und Südwestfälischer Masters-Meister AK 30 2014  
Sebastian Link 1984/AK30 SG Dortmund 02:16,30 431  
100m: 01:04,96 (01:04,96) 200m: 02:16,30 (01:11,34)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 22 - 200 m Freistil der Männer (Masters)

### Ak 30

|    |                           |           |                           |          |     |
|----|---------------------------|-----------|---------------------------|----------|-----|
| 2. | Markus Kampmann           | 1982/AK30 | SG Dortmund               | 02:23,38 | 370 |
|    | 100m: 01:07,04 (01:07,04) |           | 200m: 02:23,38 (01:16,34) |          |     |

### Ak 25

|    |   |           |                           |          |     |
|----|---|-----------|---------------------------|----------|-----|
| 1. | und Südwestfälischer Masters-Meister AK 25 2014 |           |                           |          |     |
|    | Matthias Reketat                                | 1989/AK25 | SSC Hörde 54/58 e.V.      | 02:15,11 | 442 |
|    | 100m: 01:04,90 (01:04,90)                       |           | 200m: 02:15,11 (01:10,21) |          |     |
| 2. | Christian Horn                                  | 1985/AK25 | SG Lünen                  | 02:22,72 | 375 |
|    | 100m: 01:07,75 (01:07,75)                       |           | 200m: 02:22,72 (01:14,97) |          |     |

### Ak 20

|    |   |           |                           |          |     |
|----|---|-----------|---------------------------|----------|-----|
| 1. | und Südwestfälischer Masters-Meister AK 20 2014 |           |                           |          |     |
|    | Mirko Kolberg                                   | 1992/AK20 | SSC Hörde 54/58 e.V.      | 02:16,33 | 430 |
|    | 100m: 01:05,06 (01:05,06)                       |           | 200m: 02:16,33 (01:11,27) |          |     |
| 2. | Niklas Pöttgen                                  | 1994/AK20 | TuS Sundern               | 02:17,83 | 416 |
|    | 100m: 01:05,41 (01:05,41)                       |           | 200m: 02:17,83 (01:12,42) |          |     |

#### abgemeldet

|  |                  |           |           |  |  |
|--|------------------|-----------|-----------|--|--|
|  | Kevin Geiselhart | 1992/AK20 | SG Siegen |  |  |
|--|------------------|-----------|-----------|--|--|

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
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## Wettkampf 23 - 4 x 200 m Freistilstaffel der Frauen

### Offene Wertung

- |    |   |            |                          |          |
|----|---|------------|--------------------------|----------|
| 1. | 1. Mannschaft   | 189+ (190) | Schwimmverein Kamen 1891 | 13:01,24 |
|    | Sonja Wundrock - Jg. 1971 - 100m: 01:32,12 (01:32,12) 200m: 03:16,85 (01:44,73) |            |                          |          |
|    | Susanne Lückel - Jg. 1963 - 300m: 04:54,50 (01:37,65) 400m: 06:43,34 (01:48,84) |            |                          |          |
|    | Erika Wille - Jg. 1956 - 500m: 08:19,13 (01:35,79) 600m: 10:12,49 (01:53,36)    |            |                          |          |
|    | Silke Wende - Jg. 1976 - 700m: 11:31,38 (01:18,89) 800m: 13:01,24 (01:29,86)    |            |                          |          |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 24 - 4 x 200 m Freistilstaffel der Männer Offene Wertung

Dortmund, den 23.02.2014  
Abschnittsende: 12:06 Uhr  
Protokollende: 12:06 Uhr

gez. Holger Mende

Schiedsrichter weiblich

gez. Petra Hein

Schiedsrichter männlich

gez. Jörg Husemann

Protokollführer

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Kampfgericht Abschnitt 4

| Position                | Name              | Verein |
|-------------------------|-------------------|--------|
| Schiedsrichter weiblich | Holger Mende      |        |
| Schiedsrichter männlich | Petra Hein        |        |
| Starter weiblich        | Thomas Reiter     |        |
| Starter männlich        | Thomas Reiter     |        |
| Schwimmrichter 1        | Veronika Renze    |        |
| Sprecher 1              | Stephan Kertscher |        |
| Auswerter 1             | Alexander Ziemski |        |
| Auswerter 2             | Thorsten Weißberg |        |
| Protokollführer         | Jörg Husemann     |        |
| Zeitmessanlage          | Alexander Ziemski |        |
| Computer 1              | Oliver Reinert    |        |

## Zielgericht

|                   |                  |
|-------------------|------------------|
| Zielrichterobmann | Karl Borgschulze |
| Zielrichter 1     | Martin Raabe     |
| Zielrichter 2     | Undine Bolz      |

## Zeitgericht 1

|                   |                    |
|-------------------|--------------------|
| Zeitnehmerobmann  | Anja Vössing-Guth  |
| Zeitnehmer Bahn 1 | Timo Lindhof       |
| Zeitnehmer Bahn 2 | Beate Pelani       |
| Zeitnehmer Bahn 3 | Silvia Rabe        |
| Zeitnehmer Bahn 4 | Sylvia Daszkiewicz |
| Zeitnehmer Bahn 5 | Günter Miele       |
| Zeitnehmer Bahn 6 | Anette Serwe       |
| Zeitnehmer Bahn 7 | Karla Heckmann     |
| Zeitnehmer Bahn 8 | Pamela Strauß      |

## Zeitgericht 2

|                   |                      |
|-------------------|----------------------|
| Zeitnehmer Bahn 1 | Begic Mukades        |
| Zeitnehmer Bahn 2 | Jörg Baumeister      |
| Zeitnehmer Bahn 3 | Karl-Heinz Kranz     |
| Zeitnehmer Bahn 4 | Stefan Köhler        |
| Zeitnehmer Bahn 5 | Karsten Kuhn         |
| Zeitnehmer Bahn 6 | Sebastian Wächter    |
| Zeitnehmer Bahn 7 | Jürgen Kroniger      |
| Zeitnehmer Bahn 8 | Ralf Griggel (AZUBI) |

## Wendegericht

|                     |                 |
|---------------------|-----------------|
| Wenderichterobmann  | Elke Bauer      |
| Wenderichter Bahn 2 | Volker Irle     |
| Wenderichter Bahn 4 | Klaus Kissmann  |
| Wenderichter Bahn 6 | Franco Murgia   |
| Wenderichter Bahn 8 | Regina Heermann |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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Datum  
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## Wettkampfbecken

8 Bahnen à 50m Wellenkillerleinen Automatische Zeitnahme Wassertemperatur: ca. 26°C

## Abschnitt 4

|              |  |
|--------------|--|
| Wettkampf 25 | JMK-Wahl: 100 m Freistilschwimmen der Frauen |
| Wettkampf 26 | JMK-Wahl: 100 m Freistilschwimmen der Männer |
| Wettkampf 27 | 200 m Schmetterling der Männer (Masters)     |
| Wettkampf 28 | 200 m Schmetterling der Frauen (Masters)     |
| Wettkampf 29 | 800 m Freistil der Männer (Masters)          |
| Wettkampf 30 | JMK-Wahl: 100 m Brustschwimmen der Frauen    |
| Wettkampf 31 | JMK-Wahl: 100 m Brustschwimmen der Männer    |
| Wettkampf 32 | 200 m Rücken der Frauen (Masters)            |
| Wettkampf 33 | 200 m Rücken der Männer (Masters)            |
| Wettkampf 34 | 800 m Freistil der Frauen (Masters)          |
| Wettkampf 35 | JMK-Pflicht: 200 m Lagenschwimmen der Frauen |
| Wettkampf 36 | JMK-Pflicht: 200 m Lagenschwimmen der Männer |
| Wettkampf 37 | 800 m Freistil der Frauen                    |
| Wettkampf 38 | 1500 m Freistil der Männer                   |

## Wettkampf 25 - JMK-Wahl: 100 m Freistilschwimmen der Frauen

### Offene Wertung

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Teresa Helas             | 2002 | SF Unna 01/10                     | 01:09,02 | 449 |
| Lilly Grau               | 2003 | SG Eintracht Ergste               | 01:10,37 | 424 |
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 01:11,07 | 411 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 01:11,56 | 403 |
| Astrid Croissier         | 2002 | SG Lünen                          | 01:11,86 | 398 |
| Luzie Kindermann         | 2002 | SG Ruhr                           | 01:12,88 | 381 |
| Lea Kebrle               | 2002 | SG Ruhr                           | 01:13,38 | 374 |
| Anna-Lena Kuhn           | 2004 | Waspo Herringen                   | 01:14,13 | 362 |
| Anna Buschmann           | 2003 | Waspo Herringen                   | 01:15,01 | 350 |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 01:15,27 | 346 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 01:15,33 | 345 |
| Delia Louisa Borchert    | 2003 | SG Eintracht Ergste               | 01:16,47 | 330 |
| Dina Dorawa              | 2003 | SSC Hörde 54/58 e.V.              | 01:17,02 | 323 |
| Cora Engel               | 2002 | SG Lünen                          | 01:18,08 | 310 |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 01:18,75 | 302 |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 01:19,81 | 290 |
| Kathleen Machatik        | 2004 | SV Blau-Weiß Bochum               | 01:20,04 | 288 |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 01:20,62 | 282 |
| Lilly Melenk             | 2002 | SG Dortmund                       | 01:20,72 | 281 |
| Leonie Brandt            | 2002 | SVg Witten 1884/09                | 01:20,76 | 280 |
| Lea Backhaus             | 2002 | SG Ruhr                           | 01:20,84 | 279 |
| Malin Achy               | 2003 | SG Dortmund                       | 01:21,25 | 275 |
| Hannah Schulte           | 2004 | SG Eintracht Ergste               | 01:21,68 | 271 |
| Janina Göke              | 2004 | SG Eintracht Ergste               | 01:22,53 | 263 |
| Doreen Schulz            | 2003 | SG Lünen                          | 01:22,55 | 262 |
| Jacky Amanda Salmen      | 2003 | SG Dortmund                       | 01:23,01 | 258 |
| Laura Köhler             | 2002 | SG Eintracht Ergste               | 01:23,70 | 252 |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 01:24,04 | 249 |
| Paulina Kapitza          | 2003 | SC Wiking Herne                   | 01:24,20 | 247 |
| Sonja Ickstadt           | 2003 | SG Dortmund                       | 01:24,58 | 244 |
| Jule Wichtermann         | 2004 | SV Blau-Weiß Bochum               | 01:25,28 | 238 |
| Zina Berrar              | 2004 | TuS Dortmund-Brackel              | 01:29,97 | 203 |
| Ricarda Hirsch           | 2003 | SC Wiking Herne                   | 01:30,38 | 200 |
| Jana Vonhoff             | 2004 | Wfr. TuRa Bergkamen               | 01:30,68 | 198 |
| Helena Brandt            | 2003 | SVg Witten 1884/09                | 01:33,22 | 182 |

### abgemeldet

|              |      |                      |
|--------------|------|----------------------|
| Gina Reimann | 2002 | SSC Hörde 54/58 e.V. |
|--------------|------|----------------------|

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 25 - JMK-Wahl: 100 m Freistilschwimmen der Frauen

### Offene Wertung

|                |      |                     |
|----------------|------|---------------------|
| Hannah Krummel | 2003 | Teutonia Lippstadt  |
| Laura Stoyke   | 2004 | SG Eintracht Ergste |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 26 - JMK-Wahl: 100 m Freistilschwimmen der Männer

### Offene Wertung

|                       |      |                           |          |     |
|-----------------------|------|---------------------------|----------|-----|
| Lennart Brendler      | 2001 | SSC Hörde 54/58 e.V.      | 01:04,65 | 385 |
| Mika Dumke            | 2001 | SG Ruhr                   | 01:08,65 | 321 |
| Moritz Lohrmann       | 2002 | SG Ruhr                   | 01:08,79 | 319 |
| Silas Leowald         | 2002 | Wasserfreunde Finnentrop  | 01:10,66 | 295 |
| Leon Owie             | 2002 | SG Siegen                 | 01:10,91 | 292 |
| Bastian Hollmann      | 2001 | SV Bieber Lendringsen     | 01:11,10 | 289 |
| Jan-Philipp Kortmann  | 2002 | TV Werne 03 Wasserfreunde | 01:11,49 | 285 |
| Patrick Marquardt     | 2002 | SV Hagen 1894             | 01:12,45 | 273 |
| Lars Miguel Heinke    | 2001 | SG Eintracht Ergste       | 01:12,90 | 268 |
| Julian Hankiewicz     | 2002 | SV Aegir Arnsberg         | 01:13,24 | 265 |
| Maximilian Ligges     | 2001 | SG Dortmund               | 01:13,53 | 261 |
| Egor Gubenko          | 2002 | SSC Hörde 54/58 e.V.      | 01:13,60 | 261 |
| Yunus Albayrak        | 2002 | SG Dortmund               | 01:14,84 | 248 |
| Jasper Schlak         | 2003 | SG Eintracht Ergste       | 01:16,09 | 236 |
| Jonathan Gröne        | 2002 | SG Lünen                  | 01:16,24 | 235 |
| Armin Wefers          | 2003 | Waspo Herringen           | 01:16,47 | 232 |
| Constantin Krüger     | 2004 | SG Eintracht Ergste       | 01:18,13 | 218 |
| Kevin-Noah Kaminski   | 2003 | Wfr. TuRa Bergkamen       | 01:19,17 | 209 |
| Felix Eißing          | 2002 | SSC Hörde 54/58 e.V.      | 01:19,42 | 207 |
| Marco Steube          | 2003 | Wfr. TuRa Bergkamen       | 01:19,97 | 203 |
| Devran Sensoy         | 2004 | SG Lünen                  | 01:21,68 | 191 |
| Sirke Dorn            | 2003 | SV Hagen 1894             | 01:22,23 | 187 |
| Til Schmidt           | 2003 | SC Wiking Herne           | 01:23,68 | 177 |
| Maximilian Weiß       | 2002 | Wfr. TuRa Bergkamen       | 01:24,27 | 174 |
| Maximilian Krüger     | 2004 | SG Eintracht Ergste       | 01:34,35 | 124 |
| Jannis Malz           | 2004 | SG Eintracht Ergste       | 01:40,64 | 102 |
| <u>abgemeldet</u>     |      |                           |          |     |
| Robin Recker          | 2001 | SG Ruhr                   |          |     |
| Denis Gurdzhi         | 2003 | SG Dortmund               |          |     |
| <u>nicht am Start</u> |      |                           |          |     |
| Max Kochanek          | 2002 | Wasserfreunde Finnentrop  |          |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 27 - 200 m Schmetterling der Männer (Masters)

Keine Pflichtzeiten

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014  
Stefan Geiselhart 1964/AK50 SG Siegen 02:53,76 268  
100m: 01:23,74 (01:23,74) 200m: 02:53,76 (01:30,02)

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014  
Marco Boß 1969/AK45 Wfr. Lüdenscheid 02:45,04 312  
100m: 01:17,23 (01:17,23) 200m: 02:45,04 (01:27,81)

### Ak 40

1. und Südwestfälischer Masters-Meister AK 40 2014  
Frank Winkelmann 1972/AK40 SV Hagen 1894 03:02,86 229  
100m: 01:23,79 (01:23,79) 200m: 03:02,86 (01:39,07)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014  
Christian Horn 1985/AK25 SG Lünen 02:50,49 283  
100m: 01:18,61 (01:18,61) 200m: 02:50,49 (01:31,88)

### Ak 20

1. und Südwestfälischer Masters-Meister AK 20 2014  
Niklas Pöttgen 1994/AK20 TuS Sundern 02:44,33 316  
100m: 01:14,48 (01:14,48) 200m: 02:44,33 (01:29,85)  
2. Mirko Kolberg 1992/AK20 SSC Hörde 54/58 e.V. 02:54,30 265  
100m: 01:20,89 (01:20,89) 200m: 02:54,30 (01:33,41)

#### abgemeldet

Kevin Geiselhart 1992/AK20 SG Siegen

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 28 - 200 m Schmetterling der Frauen (Masters)

Keine Pflichtzeiten

### Ak 75

|   |           |                 |             |
|---|-----------|-----------------|-------------|
| 1. und Südwestfälische Masters-Meisterin AK 75 2014 |           |                 |             |
| Helga Reich   | 1936/AK75 | SC Wiking Herne | 04:29,41 97 |
| 100m: 02:07,09 (02:07,09) 200m: 04:29,41 (02:22,32) |           |                 |             |

### Ak 55

|   |           |              |              |
|---|-----------|--------------|--------------|
| 1. und Südwestfälische Masters-Meisterin AK 55 2014 |           |              |              |
| Angela Kloppenburg                                  | 1958/AK55 | SSV Meschede | 03:30,51 205 |
| 100m: 01:38,46 (01:38,46) 200m: 03:30,51 (01:52,05) |           |              |              |

### Ak 45

|   |           |                        |              |
|---|-----------|------------------------|--------------|
| 1. und Südwestfälische Masters-Meisterin AK 45 2014 |           |                        |              |
| Teodora König                                       | 1966/AK45 | TSV Vorhalle 1879 e.V. | 03:22,38 231 |
| 100m: 01:33,17 (01:33,17) 200m: 03:22,38 (01:49,21) |           |                        |              |

### Ak 40

|                   |           |                 |  |
|-------------------|-----------|-----------------|--|
| <u>abgemeldet</u> |           |                 |  |
| Tanja Kintrup     | 1973/AK40 | SC Wiking Herne |  |

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## Wettkampf 29 - 800 m Freistil der Männer (Masters)

Keine Pflichtzeiten

### Ak 70

1. und Südwestfälischer Masters-Meister AK 70 2014

Hans-Jürgen Ackermann 1941/AK70 TuS Breckerfeld 16:54,43 92  
100m: 01:46,84 (01:46,84) 200m: 03:56,84 (02:10,00) 300m: 06:09,34 (02:12,50) 400m: 08:19,41 (02:10,07)  
500m: 10:30,29 (02:10,88) 600m: 12:41,07 (02:10,78) 700m: 14:50,80 (02:09,73) 800m: 16:54,43 (02:03,63)

### Ak 60

1. und Südwestfälischer Masters-Meister AK 60 2014

Dr. Franz Denzer 1953/AK60 Waspo Herringen 12:08,48 249  
100m: 01:25,13 (01:25,13) 200m: 02:59,84 (01:34,71) 300m: 04:34,77 (01:34,93) 400m: 06:08,95 (01:34,18)  
500m: 07:42,20 (01:33,25) 600m: 09:13,70 (01:31,50) 700m: 10:42,80 (01:29,10) 800m: 12:08,48 (01:25,68)

2. Gerhard Keitmann 1952/AK60 SG Dortmund 12:19,60 238  
100m: 01:29,22 (01:29,22) 200m: 03:02,31 (01:33,09) 300m: 04:36,34 (01:34,03) 400m: 06:10,31 (01:33,97)  
500m: 07:42,66 (01:32,35) 600m: 09:15,31 (01:32,65) 700m: 10:46,66 (01:31,35) 800m: 12:19,60 (01:32,94)

3. Lothar Henn 1950/AK60 TuS Breckerfeld 15:40,59 115  
100m: 01:51,09 (01:51,09) 200m: 03:49,69 (01:58,60) 300m: 05:47,84 (01:58,15) 400m: 07:47,34 (01:59,50)  
500m: 09:47,15 (01:59,81) 600m: 11:47,34 (02:00,19) 700m: 13:46,31 (01:58,97) 800m: 15:40,59 (01:54,28)

### Ak 55

1. und Südwestfälischer Masters-Meister AK 55 2014

Friedrich Irle 1957/AK55 SC Wiking Herne 13:40,47 174  
100m: 01:35,21 (01:35,21) 200m: 03:20,06 (01:44,85) 300m: 05:05,40 (01:45,34) 400m: 06:50,36 (01:44,96)  
500m: 08:36,23 (01:45,87) 600m: 10:18,59 (01:42,36) 700m: 12:02,05 (01:43,46) 800m: 13:40,47 (01:38,42)

2. Axel Vipotnik 1957/AK55 Waspo Herringen 14:14,29 154  
100m: 01:33,39 (01:33,39) 200m: 03:18,80 (01:45,41) 300m: 05:07,95 (01:49,15) 400m: 06:57,32 (01:49,37)  
500m: 08:48,04 (01:50,72) 600m: 10:37,70 (01:49,66) 700m: 12:26,67 (01:48,97) 800m: 14:14,29 (01:47,62)

#### abgemeldet

Matthias Holzhauer 1957/AK55 SG Siegen

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014

Michael Prüfert 1964/AK50 SG Dortmund 09:31,44 517  
100m: 01:07,66 (01:07,66) 200m: 02:19,19 (01:11,53) 300m: 03:30,85 (01:11,66) 400m: 04:42,29 (01:11,44)  
500m: 05:54,27 (01:11,98) 600m: 07:07,13 (01:12,86) 700m: 08:19,94 (01:12,81) 800m: 09:31,44 (01:11,50)

2. Markus Reinhardt 1960/AK50 SG Dortmund 10:11,03 422  
100m: 01:12,69 (01:12,69) 200m: 02:31,75 (01:19,06) 300m: 03:50,56 (01:18,81) 400m: 05:08,19 (01:17,63)  
500m: 06:24,59 (01:16,40) 600m: 07:41,09 (01:16,50) 700m: 08:56,50 (01:15,41) 800m: 10:11,03 (01:14,53)

3. Jörg Buddenhorn 1962/AK50 SG Dortmund 11:03,47 330  
100m: 01:14,40 (01:14,40) 200m: 02:36,11 (01:21,71) 300m: 03:59,78 (01:23,67) 400m: 05:25,43 (01:25,65)  
500m: 06:51,65 (01:26,22) 600m: 08:17,50 (01:25,85) 700m: 09:44,08 (01:26,58) 800m: 11:03,47 (01:19,39)

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014

Marcus Höller-Schlieper 1967/AK45 TuS Breckerfeld 14:15,64 154  
100m: 01:35,37 (01:35,37) 200m: 03:24,08 (01:48,71) 300m: 05:15,24 (01:51,16) 400m: 07:06,91 (01:51,67)  
500m: 08:57,08 (01:50,17) 600m: 10:45,38 (01:48,30) 700m: 12:32,10 (01:46,72) 800m: 14:15,64 (01:43,54)

### Ak 40

1. und Südwestfälischer Masters-Meister AK 40 2014

Harald Düsberg 1973/AK40 SG Dortmund 10:29,55 386  
100m: 01:11,54 (01:11,54) 200m: 02:30,67 (01:19,13) 300m: 03:51,01 (01:20,34) 400m: 05:11,44 (01:20,43)  
500m: 06:31,66 (01:20,22) 600m: 07:51,96 (01:20,30) 700m: 09:12,34 (01:20,38) 800m: 10:29,55 (01:17,21)

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## Wettkampf 29 - 800 m Freistil der Männer (Masters)

### Ak 35

1. und Südwestfälischer Masters-Meister AK 35 2014  
Martin Behler-Appel 1975/AK35 SG Dortmund 11:13,74 315  
100m: 01:16,12 (01:16,12) 200m: 02:40,57 (01:24,45) 300m: 04:05,68 (01:25,11) 400m: 05:31,03 (01:25,35)  
500m: 06:56,46 (01:25,43) 600m: 08:22,15 (01:25,69) 700m: 09:47,84 (01:25,69) 800m: 11:13,74 (01:25,90)
2. Holger Mannstein 1976/AK35 SV Aegir Arnberg 14:33,58 144  
100m: 01:41,73 (01:41,73) 200m: 03:32,74 (01:51,01) 300m: 05:26,12 (01:53,38) 400m: 07:19,84 (01:53,72)  
500m: 09:10,62 (01:50,78) 600m: 11:01,93 (01:51,31) 700m: 12:52,01 (01:50,08) 800m: 14:33,58 (01:41,57)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014  
Matthias Reketat 1989/AK25 SSC Hörde 54/58 e.V. 09:59,14 448  
100m: 01:09,53 (01:09,53) 200m: 02:25,68 (01:16,15) 300m: 03:42,36 (01:16,68) 400m: 04:57,61 (01:15,25)  
500m: 06:12,96 (01:15,35) 600m: 07:29,00 (01:16,04) 700m: 08:44,89 (01:15,89) 800m: 09:59,14 (01:14,25)

### Ak 20

1. und Südwestfälischer Masters-Meister AK 20 2014  
Jendrik Fettin 1991/AK20 SSV Meschede 10:55,97 341  
100m: 01:12,18 (01:12,18) 200m: 02:32,11 (01:19,93) 300m: 03:54,55 (01:22,44) 400m: 05:18,62 (01:24,07)  
500m: 06:43,25 (01:24,63) 600m: 08:09,11 (01:25,86) 700m: 09:34,53 (01:25,42) 800m: 10:55,97 (01:21,44)
2. Daniel Papenfuß 1993/AK20 TuS Breckerfeld 14:01,30 162  
100m: 01:35,86 (01:35,86) 200m: 03:25,23 (01:49,37) 300m: 05:17,29 (01:52,06) 400m: 07:11,51 (01:54,22)  
500m: 09:01,13 (01:49,62) 600m: 10:49,51 (01:48,38) 700m: 12:34,29 (01:44,78) 800m: 14:01,30 (01:27,01)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 30 - JMK-Wahl: 100 m Brustschwimmen der Frauen

### Offene Wertung

|                   |      |                      |          |     |
|-------------------|------|----------------------|----------|-----|
| Carla Pieper      | 2002 | SG Ruhr              | 01:34,23 | 329 |
| Franziska Demant  | 2003 | SSC Hörde 54/58 e.V. | 01:35,25 | 319 |
| Marla Vaihinger   | 2003 | SV Hagen 1894        | 01:41,83 | 261 |
| Victoria Reimann  | 2004 | Waspo Herringen      | 01:42,11 | 259 |
| Sophia Mach       | 2003 | SG Dortmund          | 01:50,56 | 204 |
| Lena Gmyrek       | 2004 | TuS Dortmund-Brackel | 01:53,56 | 188 |
| <u>abgemeldet</u> |      |                      |          |     |
| Faye von Quast    | 2003 | SG Dortmund          |          |     |

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## Wettkampf 31 - JMK-Wahl: 100 m Brustschwimmen der Männer

### Offene Wertung

|                     |      |                                   |          |     |
|---------------------|------|-----------------------------------|----------|-----|
| Nicolas Jochum      | 2001 | SG Ruhr                           | 01:19,97 | 399 |
| Kevin Wessel        | 2001 | SG Ruhr                           | 01:21,18 | 382 |
| Niklas Kuhn         | 2001 | Waspo Herringen                   | 01:21,32 | 380 |
| Silas Leowald       | 2002 | Wasserfreunde Finnentrop          | 01:24,41 | 339 |
| Maximilian Buchholz | 2001 | SG Siegen                         | 01:28,86 | 291 |
| Leon Detambel       | 2003 | SG Eintracht Ergste               | 01:33,21 | 252 |
| Henrik Kahl         | 2004 | TuS Dortmund-Brackel              | 01:43,83 | 182 |
| Pascal Metze        | 2003 | SV Neptun Neheim-Hüsten 1960 e.V. | 01:44,43 | 179 |
| Til Schmidt         | 2003 | SC Wiking Herne                   | 01:49,67 | 154 |

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## Wettkampf 32 - 200 m Rücken der Frauen (Masters)

Keine Pflichtzeiten

### Ak 80

1. und Südwestfälische Masters-Meisterin AK 80 2014  
Ingrid Keusch-Renner 1934/AK80 SV Blau-Weiß Bochum 04:37,09 92  
100m: 02:16,80 (02:16,80) 200m: 04:37,09 (02:20,29)

### Ak 70

1. und Südwestfälische Masters-Meisterin AK 70 2014  
Waltraud Monstadt 1943/AK70 SV Blau-Weiß Bochum 04:25,77 104  
100m: 02:06,24 (02:06,24) 200m: 04:25,77 (02:19,53)

### Ak 60

1. und Südwestfälische Masters-Meisterin AK 60 2014  
Renate Kissmann 1951/AK60 Schwimmverein Kamen 1891 04:02,24 138  
100m: 01:57,31 (01:57,31) 200m: 04:02,24 (02:04,93)  
2. Michaela Schorlemer 1950/AK60 Wfr. Lüdenscheid 04:05,22 133  
100m: 02:00,68 (02:00,68) 200m: 04:05,22 (02:04,54)

### Ak 55

1. und Südwestfälische Masters-Meisterin AK 55 2014  
Erika Wille 1956/AK55 Schwimmverein Kamen 1891 03:36,12 194  
100m: 01:44,62 (01:44,62) 200m: 03:36,12 (01:51,50)

### Ak 50

1. und Südwestfälische Masters-Meisterin AK 50 2014  
Gabriele Brkowski 1961/AK50 SC Wiking Herne 02:53,47 376  
100m: 01:24,11 (01:24,11) 200m: 02:53,47 (01:29,36)

### Ak 45

1. und Südwestfälische Masters-Meisterin AK 45 2014  
Teodora König 1966/AK45 TSV Vorhalle 1879 e.V. 03:06,07 304  
100m: 01:30,22 (01:30,22) 200m: 03:06,07 (01:35,85)  
2. Susanne Fischer 1967/AK45 SV Hagen 1894 03:14,02 268  
100m: 01:34,35 (01:34,35) 200m: 03:14,02 (01:39,67)

### Ak 20

1. und Südwestfälische Masters-Meisterin AK 20 2014  
Annika Knofius 1990/AK20 SSC Hörde 54/58 e.V. 02:59,48 339  
100m: 01:28,12 (01:28,12) 200m: 02:59,48 (01:31,36)



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## Wettkampf 33 - 200 m Rücken der Männer (Masters)

Keine Pflichtzeiten

### Ak 65

1. und Südwestfälischer Masters-Meister AK 65 2014  
Manfred Baginski 1946/AK65 SF Unna 01/10 03:29,29 161  
100m: 01:44,67 (01:44,67) 200m: 03:29,29 (01:44,62)

### Ak 60

1. und Südwestfälischer Masters-Meister AK 60 2014  
Gerhard Keitmann 1952/AK60 SG Dortmund 03:14,66 200  
100m: 01:37,76 (01:37,76) 200m: 03:14,66 (01:36,90)  
2. Karl-Heinz Rickert 1951/AK60 SC Wiking Herne 03:41,96 135  
100m: 01:48,36 (01:48,36) 200m: 03:41,96 (01:53,60)

### Ak 55

1. und Südwestfälischer Masters-Meister AK 55 2014  
Andreas Kühnlenz 1958/AK55 SG Siegen 02:54,00 280  
100m: 01:24,24 (01:24,24) 200m: 02:54,00 (01:29,76)

### Ak 50

1. und Südwestfälischer Masters-Meister AK 50 2014  
Volker Rumpel 1960/AK50 SG Dortmund 02:50,36 299  
100m: 01:24,09 (01:24,09) 200m: 02:50,36 (01:26,27)

### Ak 45

1. und Südwestfälischer Masters-Meister AK 45 2014  
Marco Boß 1969/AK45 Wfr. Lüdenscheid 02:53,09 285  
100m: 01:26,95 (01:26,95) 200m: 02:53,09 (01:26,14)

### Ak 30

1. und Südwestfälischer Masters-Meister AK 30 2014  
Bastian Drees 1981/AK30 SSV Meschede 02:28,78 449  
100m: 01:12,79 (01:12,79) 200m: 02:28,78 (01:15,99)  
2. Markus Kampmann 1982/AK30 SG Dortmund 02:37,30 380  
100m: 01:16,02 (01:16,02) 200m: 02:37,30 (01:21,28)  
3. Sebastian Link 1984/AK30 SG Dortmund 02:47,07 317  
100m: 01:19,94 (01:19,94) 200m: 02:47,07 (01:27,13)

### Ak 25

1. und Südwestfälischer Masters-Meister AK 25 2014  
Christian Horn 1985/AK25 SG Lünen 02:50,64 297  
100m: 01:22,22 (01:22,22) 200m: 02:50,64 (01:28,42)

### Ak 20

1. und Südwestfälischer Masters-Meister AK 20 2014  
Jan-Lukas Vogel 1994/AK20 SF Unna 01/10 02:21,31 524  
100m: 01:09,43 (01:09,43) 200m: 02:21,31 (01:11,88)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

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## Wettkampf 34 - 800 m Freistil der Frauen (Masters)

Keine Pflichtzeiten

### Ak 60

#### 1. und Südwestfälische Masters-Meisterin AK 60 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Michaele Schorlemer       | 1950/AK60                 | Wfr. Lüdenscheid          | 16:12,19                  | 131 |
| 100m: 01:57,12 (01:57,12) | 200m: 03:59,52 (02:02,40) | 300m: 06:02,75 (02:03,23) | 400m: 08:04,51 (02:01,76) |     |
| 500m: 10:07,78 (02:03,27) | 600m: 12:10,21 (02:02,43) | 700m: 14:11,94 (02:01,73) | 800m: 16:12,19 (02:00,25) |     |

|                           |                           |                           |                           |    |
|---------------------------|---------------------------|---------------------------|---------------------------|----|
| 2. Petra Henn             | 1950/AK60                 | TuS Breckerfeld           | 18:11,61                  | 92 |
| 100m: 02:07,81 (02:07,81) | 200m: 04:24,77 (02:16,96) | 300m: 06:41,70 (02:16,93) | 400m: 09:00,23 (02:18,53) |    |
| 500m: 11:17,58 (02:17,35) | 600m: 13:35,83 (02:18,25) | 700m: 15:53,63 (02:17,80) | 800m: 18:11,61 (02:17,98) |    |

### Ak 50

#### 1. und Südwestfälische Masters-Meisterin AK 50 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Rita Bohnet               | 1964/AK50                 | SV Blau-Weiß Bochum       | 11:07,80                  | 405 |
| 100m: 01:18,67 (01:18,67) | 200m: 02:41,89 (01:23,22) | 300m: 04:06,20 (01:24,31) | 400m: 05:30,64 (01:24,44) |     |
| 500m: 06:55,54 (01:24,90) | 600m: 08:21,16 (01:25,62) | 700m: 09:38,42 (01:17,26) | 800m: 11:07,80 (01:29,38) |     |

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 2. Gabriele Jünemann      | 1960/AK50                 | SC Wiking Herne           | 13:46,55                  | 213 |
| 100m: 01:38,44 (01:38,44) | 200m: 03:23,91 (01:45,47) | 300m: 05:10,19 (01:46,28) | 400m: 06:55,62 (01:45,43) |     |
| 500m: 08:40,97 (01:45,35) | 600m: 10:25,41 (01:44,44) | 700m: 12:08,12 (01:42,71) | 800m: 13:46,55 (01:38,43) |     |

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 3. Susanne Lückel         | 1963/AK50                 | Schwimmverein Kamen 1891  | 14:23,86                  | 187 |
| 100m: 01:37,81 (01:37,81) | 200m: 03:26,01 (01:48,20) | 300m: 05:16,33 (01:50,32) | 400m: 07:08,04 (01:51,71) |     |
| 500m: 08:57,53 (01:49,49) | 600m: 10:47,20 (01:49,67) | 700m: 12:36,92 (01:49,72) | 800m: 14:23,86 (01:46,94) |     |

### Ak 45

#### 1. und Südwestfälische Masters-Meisterin AK 45 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Verena Haselhoff          | 1966/AK45                 | SSV Meschede              | 10:31,59                  | 478 |
| 100m: 01:10,34 (01:10,34) | 200m: 02:29,18 (01:18,84) | 300m: 03:49,18 (01:20,00) | 400m: 05:09,50 (01:20,32) |     |
| 500m: 06:30,93 (01:21,43) | 600m: 07:53,18 (01:22,25) | 700m: 09:15,25 (01:22,07) | 800m: 10:31,59 (01:16,34) |     |

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 2. Teodora König          | 1966/AK45                 | TSV Vorhalle 1879 e.V.    | 11:56,48                  | 327 |
| 100m: 01:25,37 (01:25,37) | 200m: 02:56,43 (01:31,06) | 300m: 04:26,54 (01:30,11) | 400m: 05:57,27 (01:30,73) |     |
| 500m: 07:28,25 (01:30,98) | 600m: 08:58,77 (01:30,52) | 700m: 10:29,31 (01:30,54) | 800m: 11:56,48 (01:27,17) |     |

### Ak 40

#### 1. und Südwestfälische Masters-Meisterin AK 40 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Verena Krömeke            | 1974/AK40                 | SSV Meschede              | 10:18,14                  | 510 |
| 100m: 01:08,83 (01:08,83) | 200m: 02:25,43 (01:16,60) | 300m: 03:43,88 (01:18,45) | 400m: 05:02,93 (01:19,05) |     |
| 500m: 06:22,30 (01:19,37) | 600m: 07:41,84 (01:19,54) | 700m: 09:01,14 (01:19,30) | 800m: 10:18,14 (01:17,00) |     |

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 2. Sonja Wundrock         | 1971/AK40                 | Schwimmverein Kamen 1891  | 13:54,71                  | 207 |
| 100m: 01:33,66 (01:33,66) | 200m: 03:19,33 (01:45,67) | 300m: 05:04,55 (01:45,22) | 400m: 06:50,65 (01:46,10) |     |
| 500m: 08:36,29 (01:45,64) | 600m: 10:22,96 (01:46,67) | 700m: 12:09,28 (01:46,32) | 800m: 13:54,71 (01:45,43) |     |

### Ak 35

#### 1. und Südwestfälische Masters-Meisterin AK 35 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Silke Wende               | 1976/AK35                 | Schwimmverein Kamen 1891  | 12:15,24                  | 303 |
| 100m: 01:18,96 (01:18,96) | 200m: 02:50,17 (01:31,21) | 300m: 04:26,09 (01:35,92) | 400m: 06:01,42 (01:35,33) |     |
| 500m: 07:36,42 (01:35,00) | 600m: 09:09,59 (01:33,17) | 700m: 10:45,31 (01:35,72) | 800m: 12:15,24 (01:29,93) |     |

### Ak 25

#### 1. und Südwestfälische Masters-Meisterin AK 25 2014

|                           |                           |                           |                           |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| Sabrina Fettin            | 1988/AK25                 | SSV Meschede              | 13:01,61                  | 252 |
| 100m: 01:27,83 (01:27,83) | 200m: 03:04,74 (01:36,91) | 300m: 04:44,30 (01:39,56) | 400m: 06:25,13 (01:40,83) |     |
| 500m: 08:05,43 (01:40,30) | 600m: 09:46,19 (01:40,76) | 700m: 11:25,58 (01:39,39) | 800m: 13:01,61 (01:36,03) |     |

#### disqualifiziert

Nina Papenfuß 1989/AK25 TuS Breckerfeld EnM

Der Schwimmer startete vor dem Startsignal.

Uhrzeit der Bekanntgabe: 14:52

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 35 - JMK-Pflicht: 200 m Lagenschwimmen der Frauen

### Offene Wertung

|                          |      |                                   |          |     |
|--------------------------|------|-----------------------------------|----------|-----|
| Teresa Helas             | 2002 | SF Unna 01/10                     | 02:42,01 | 498 |
| Lilly Grau               | 2003 | SG Eintracht Ergste               | 02:51,30 | 421 |
| Hannah Tillmann          | 2002 | SV Neptun Neheim-Hüsten 1960 e.V. | 02:54,92 | 395 |
| Lea Kebrle               | 2002 | SG Ruhr                           | 02:57,96 | 376 |
| Sabrina Schültke         | 2003 | TuS Sundern                       | 02:58,10 | 375 |
| Luzie Kindermann         | 2002 | SG Ruhr                           | 02:59,15 | 368 |
| Carla Pieper             | 2002 | SG Ruhr                           | 02:59,52 | 366 |
| Jil Laggies              | 2002 | SV Westfalen Hagen                | 03:02,56 | 348 |
| Carla Maxime Eickenhorst | 2002 | SG Eintracht Ergste               | 03:03,80 | 341 |
| Astrid Croissier         | 2002 | SG Lünen                          | 03:05,14 | 333 |
| Anna-Lena Kuhn           | 2004 | Waspo Herringen                   | 03:07,30 | 322 |
| Anna Buschmann           | 2003 | Waspo Herringen                   | 03:07,55 | 321 |
| Vivian Noschka           | 2003 | SC Wiking Herne                   | 03:07,67 | 320 |
| Lea Backhaus             | 2002 | SG Ruhr                           | 03:11,36 | 302 |
| Nina Dreston             | 2002 | SG Eintracht Ergste               | 03:11,60 | 301 |
| Tabea Nagel              | 2002 | TV Werne 03 Wasserfreunde         | 03:11,75 | 300 |
| Marla Vaihinger          | 2003 | SV Hagen 1894                     | 03:12,94 | 295 |
| Cora Engel               | 2002 | SG Lünen                          | 03:13,19 | 293 |
| Leonie Brandt            | 2002 | SVg Witten 1884/09                | 03:15,61 | 283 |
| Janina Göke              | 2004 | SG Eintracht Ergste               | 03:17,01 | 277 |
| Hannah Stoyke            | 2002 | SG Eintracht Ergste               | 03:17,02 | 277 |
| Malin Achy               | 2003 | SG Dortmund                       | 03:19,79 | 265 |
| Helen Klaes              | 2002 | TV Werne 03 Wasserfreunde         | 03:21,16 | 260 |
| Victoria Reimann         | 2004 | Waspo Herringen                   | 03:21,81 | 257 |
| Lilly Melenk             | 2002 | SG Dortmund                       | 03:22,08 | 256 |
| Hannah Schulte           | 2004 | SG Eintracht Ergste               | 03:22,42 | 255 |
| Franziska Demant         | 2003 | SSC Hörde 54/58 e.V.              | 03:22,74 | 254 |
| Dina Dorawa              | 2003 | SSC Hörde 54/58 e.V.              | 03:24,89 | 246 |
| Sonja Ickstadt           | 2003 | SG Dortmund                       | 03:27,32 | 237 |
| Laura Köhler             | 2002 | SG Eintracht Ergste               | 03:30,41 | 227 |
| Jacky Amanda Salmen      | 2003 | SG Dortmund                       | 03:30,74 | 226 |
| Jule Wichtermann         | 2004 | SV Blau-Weiß Bochum               | 03:31,19 | 224 |
| Paulina Kapitza          | 2003 | SC Wiking Herne                   | 03:31,38 | 224 |
| Kathleen Machatik        | 2004 | SV Blau-Weiß Bochum               | 03:31,55 | 223 |
| Nona Söltzer             | 2002 | SSC Hörde 54/58 e.V.              | 03:36,30 | 209 |
| Ricarda Hirsch           | 2003 | SC Wiking Herne                   | 03:36,64 | 208 |
| Sophia Mach              | 2003 | SG Dortmund                       | 03:37,71 | 205 |
| Zina Berrar              | 2004 | TuS Dortmund-Brackel              | 03:38,44 | 203 |
| Lena Gmyrek              | 2004 | TuS Dortmund-Brackel              | 03:41,88 | 194 |
| Jana Vonhoff             | 2004 | Wfr. TuRa Bergkamen               | 03:44,11 | 188 |
| Doreen Schulz            | 2003 | SG Lünen                          | 03:46,61 | 182 |
| Helena Brandt            | 2003 | SVg Witten 1884/09                | 03:47,34 | 180 |

#### abgemeldet

|                |      |                      |
|----------------|------|----------------------|
| Gina Reimann   | 2002 | SSC Hörde 54/58 e.V. |
| Hannah Krummel | 2003 | Teutonia Lippstadt   |
| Faye von Quast | 2003 | SG Dortmund          |
| Laura Stoyke   | 2004 | SG Eintracht Ergste  |

#### disqualifiziert

|                       |      |                     |
|-----------------------|------|---------------------|
| Delia Louisa Borchert | 2003 | SG Eintracht Ergste |
|-----------------------|------|---------------------|

Bei der zweiten Wende erfolgte der Anschlag nicht nach den Bestimmungen der Schwimmart, die beendet wurde.  
Uhrzeit der Bekanntgabe: 15:19

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 36 - JMK-Pflicht: 200 m Lagenschwimmen der Männer

### Offene Wertung

|                      |      |                                   |          |     |
|----------------------|------|-----------------------------------|----------|-----|
| Kevin Wessel         | 2001 | SG Ruhr                           | 02:34,70 | 402 |
| Nicolas Jochum       | 2001 | SG Ruhr                           | 02:39,49 | 367 |
| Lennart Brendler     | 2001 | SSC Hörde 54/58 e.V.              | 02:41,74 | 352 |
| Mika Dumke           | 2001 | SG Ruhr                           | 02:42,91 | 344 |
| Lars Miguel Heinke   | 2001 | SG Eintracht Ergste               | 02:53,38 | 285 |
| Silas Leowald        | 2002 | Wasserfreunde Finnentrop          | 02:54,18 | 282 |
| Niklas Kuhn          | 2001 | Waspo Herringen                   | 02:54,41 | 280 |
| Maximilian Ligges    | 2001 | SG Dortmund                       | 02:55,76 | 274 |
| Maximilian Buchholz  | 2001 | SG Siegen                         | 02:57,21 | 267 |
| Patrick Marquardt    | 2002 | SV Hagen 1894                     | 02:58,45 | 262 |
| Bastian Hollmann     | 2001 | SV Bieber Lendringsen             | 02:59,95 | 255 |
| Moritz Lohrmann      | 2002 | SG Ruhr                           | 03:00,10 | 255 |
| Julian Hankiewicz    | 2002 | SV Aegir Arnsberg                 | 03:00,40 | 253 |
| Jonathan Gröne       | 2002 | SG Lünen                          | 03:04,13 | 238 |
| Yunus Albayrak       | 2002 | SG Dortmund                       | 03:06,99 | 227 |
| Leon Owie            | 2002 | SG Siegen                         | 03:07,82 | 224 |
| Jasper Schlak        | 2003 | SG Eintracht Ergste               | 03:09,45 | 219 |
| Leon Detambel        | 2003 | SG Eintracht Ergste               | 03:09,85 | 217 |
| Egor Gubenko         | 2002 | SSC Hörde 54/58 e.V.              | 03:10,55 | 215 |
| Jan-Philipp Kortmann | 2002 | TV Werne 03 Wasserfreunde         | 03:12,77 | 208 |
| Constantin Krüger    | 2004 | SG Eintracht Ergste               | 03:15,15 | 200 |
| Henrik Kahl          | 2004 | TuS Dortmund-Brackel              | 03:15,31 | 200 |
| Dario Pandev         | 2002 | Wasserfreunde Finnentrop          | 03:16,65 | 196 |
| Marco Steube         | 2003 | Wfr. TuRa Bergkamen               | 03:18,30 | 191 |
| Felix Eißing         | 2002 | SSC Hörde 54/58 e.V.              | 03:22,20 | 180 |
| Sirke Dorn           | 2003 | SV Hagen 1894                     | 03:24,15 | 175 |
| Devran Sensoy        | 2004 | SG Lünen                          | 03:24,64 | 173 |
| Pascal Metze         | 2003 | SV Neptun Neheim-Hüsten 1960 e.V. | 03:28,68 | 164 |
| Til Schmidt          | 2003 | SC Wiking Herne                   | 03:29,74 | 161 |
| Kevin-Noah Kaminski  | 2003 | Wfr. TuRa Bergkamen               | 03:30,61 | 159 |
| Maximilian Krüger    | 2004 | SG Eintracht Ergste               | 03:42,83 | 134 |
| Maximilian Weiß      | 2002 | Wfr. TuRa Bergkamen               | 03:42,83 | 134 |

### abgemeldet

|               |      |             |
|---------------|------|-------------|
| Denis Gurdzhi | 2003 | SG Dortmund |
| Robin Recker  | 2001 | SG Ruhr     |

### nicht am Start

|              |      |                          |
|--------------|------|--------------------------|
| Max Kochanek | 2002 | Wasserfreunde Finnentrop |
|--------------|------|--------------------------|

### disqualifiziert

|              |      |                 |
|--------------|------|-----------------|
| Armin Wefers | 2003 | Waspo Herringen |
|--------------|------|-----------------|

Der Schwimmer startete vor dem Startsignal.

Uhrzeit der Bekanntgabe: 15:31

|             |      |                     |
|-------------|------|---------------------|
| Jannis Malz | 2004 | SG Eintracht Ergste |
|-------------|------|---------------------|

Bei der zweiten Wende erfolgte der Anschlag nicht nach den Bestimmungen der Schwimmart, die beendet wurde.

Uhrzeit der Bekanntgabe: 15:31

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 37 - 800 m Freistil der Frauen

| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Pflichtzeit | 10:26,10 | 10:41,70    | 10:42,70 | 10:47,80 | 10:54,60 | 10:58,90 | 11:18,60 | 11:54,30 |
| Jahrgang    | 2003     |             |          |          |          |          |          |          |
| Pflichtzeit | 12:31,90 |             |          |          |          |          |          |          |

## Junioren

### 1. und Südwestfälische Junioren-Meisterin 2014

|                           |                           |                           |                           |     |  |  |  |  |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|--|--|--|--|
| Linda Bohnenkamp          | 1996                      | SG Dortmund               | 09:50,53                  | 585 |  |  |  |  |
| 100m: 01:07,41 (01:07,41) | 200m: 02:21,31 (01:13,90) | 300m: 03:35,84 (01:14,53) | 400m: 04:50,88 (01:15,04) |     |  |  |  |  |
| 500m: 06:05,88 (01:15,00) | 600m: 07:21,53 (01:15,65) | 700m: 08:37,06 (01:15,53) | 800m: 09:50,53 (01:13,47) |     |  |  |  |  |
| Hannah Lerch              | 1996                      | SF Unna 01/10             | 10:14,02                  | 521 |  |  |  |  |
| 100m: 01:13,20 (01:13,20) | 200m: 02:30,64 (01:17,44) | 300m: 03:48,07 (01:17,43) | 400m: 05:05,86 (01:17,79) |     |  |  |  |  |
| 500m: 06:23,02 (01:17,16) | 600m: 07:40,32 (01:17,30) | 700m: 08:57,82 (01:17,50) | 800m: 10:14,02 (01:16,20) |     |  |  |  |  |
| Ines Leonhardt            | 1996                      | SG Ruhr                   | 10:14,58                  | 519 |  |  |  |  |
| 100m: 01:11,42 (01:11,42) | 200m: 02:28,00 (01:16,58) | 300m: 03:45,22 (01:17,22) | 400m: 05:03,93 (01:18,71) |     |  |  |  |  |
| 500m: 06:22,41 (01:18,48) | 600m: 07:40,81 (01:18,40) | 700m: 08:59,36 (01:18,55) | 800m: 10:14,58 (01:15,22) |     |  |  |  |  |
| Katharina Heußen          | 1996                      | SG Dortmund               | 10:23,29                  | 498 |  |  |  |  |
| 100m: 01:12,39 (01:12,39) | 200m: 02:30,54 (01:18,15) | 300m: 03:48,45 (01:17,91) | 400m: 05:07,00 (01:18,55) |     |  |  |  |  |
| 500m: 06:26,26 (01:19,26) | 600m: 07:46,26 (01:20,00) | 700m: 09:06,64 (01:20,38) | 800m: 10:23,29 (01:16,65) |     |  |  |  |  |

### abgemeldet

Filiz Maraz 1996 SG Siegen

## Jahrgang 1997

### 1. und Südwestfälische Jahrgangs-Meisterin 2014

|                           |                           |                           |                           |     |  |  |  |  |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|--|--|--|--|
| Jacqueline Daszkiewicz    | 1997                      | SG Dortmund               | 09:53,41                  | 577 |  |  |  |  |
| 100m: 01:08,50 (01:08,50) | 200m: 02:22,03 (01:13,53) | 300m: 03:36,59 (01:14,56) | 400m: 04:51,53 (01:14,94) |     |  |  |  |  |
| 500m: 06:07,15 (01:15,62) | 600m: 07:22,93 (01:15,78) | 700m: 08:38,40 (01:15,47) | 800m: 09:53,41 (01:15,01) |     |  |  |  |  |
| Dana Volmerhaus           | 1997                      | SG Ruhr                   | 10:04,41                  | 546 |  |  |  |  |
| 100m: 01:08,70 (01:08,70) | 200m: 02:23,54 (01:14,84) | 300m: 03:40,08 (01:16,54) | 400m: 04:57,21 (01:17,13) |     |  |  |  |  |
| 500m: 06:14,57 (01:17,36) | 600m: 07:32,28 (01:17,71) | 700m: 08:49,20 (01:16,92) | 800m: 10:04,41 (01:15,21) |     |  |  |  |  |
| Katharina Neuhaus         | 1997                      | SF Unna 01/10             | 10:45,51                  | 448 |  |  |  |  |
| 100m: 01:15,08 (01:15,08) | 200m: 02:37,58 (01:22,50) | 300m: 04:00,36 (01:22,78) | 400m: 05:22,67 (01:22,31) |     |  |  |  |  |
| 500m: 06:44,80 (01:22,13) | 600m: 08:06,54 (01:21,74) | 700m: 09:27,45 (01:20,91) | 800m: 10:45,51 (01:18,06) |     |  |  |  |  |

### nicht am Start

Michelle Schamell 1997 SV Blau-Weiß Bochum EnM  
Katherine-Michelle David 1997 SG Dortmund EnM

## Jahrgang 1998

### 1. und Südwestfälische Jahrgangs-Meisterin 2014

|                           |                           |                           |                           |     |  |  |  |  |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|--|--|--|--|
| Chiara Fiorio             | 1998                      | SV Blau-Weiß Bochum       | 09:46,32                  | 598 |  |  |  |  |
| 100m: 01:07,64 (01:07,64) | 200m: 02:20,28 (01:12,64) | 300m: 03:34,85 (01:14,57) | 400m: 04:49,54 (01:14,69) |     |  |  |  |  |
| 500m: 06:04,28 (01:14,74) | 600m: 07:19,60 (01:15,32) | 700m: 08:34,48 (01:14,88) | 800m: 09:46,32 (01:11,84) |     |  |  |  |  |
| Anesa Begic               | 1998                      | Maxi Swim-Team Hamm       | 09:55,83                  | 570 |  |  |  |  |
| 100m: 01:07,86 (01:07,86) | 200m: 02:22,17 (01:14,31) | 300m: 03:37,00 (01:14,83) | 400m: 04:53,00 (01:16,00) |     |  |  |  |  |
| 500m: 06:09,42 (01:16,42) | 600m: 07:26,58 (01:17,16) | 700m: 08:42,42 (01:15,84) | 800m: 09:55,83 (01:13,41) |     |  |  |  |  |
| Lina Flagel               | 1998                      | SG Dortmund               | 10:14,24                  | 520 |  |  |  |  |
| 100m: 01:09,30 (01:09,30) | 200m: 02:26,44 (01:17,14) | 300m: 03:45,56 (01:19,12) | 400m: 05:03,77 (01:18,21) |     |  |  |  |  |
| 500m: 06:23,00 (01:19,23) | 600m: 07:41,98 (01:18,98) | 700m: 09:00,50 (01:18,52) | 800m: 10:14,24 (01:13,74) |     |  |  |  |  |
| Denise Quentin            | 1998                      | SF Unna 01/10             | 10:26,37                  | 490 |  |  |  |  |
| 100m: 01:11,43 (01:11,43) | 200m: 02:30,18 (01:18,75) | 300m: 03:49,64 (01:19,46) | 400m: 05:09,43 (01:19,79) |     |  |  |  |  |
| 500m: 06:29,29 (01:19,86) | 600m: 07:49,05 (01:19,76) | 700m: 09:08,73 (01:19,68) | 800m: 10:26,37 (01:17,64) |     |  |  |  |  |
| Alina Fritz               | 1998                      | Maxi Swim-Team Hamm       | 10:33,04                  | 475 |  |  |  |  |
| 100m: 01:12,45 (01:12,45) | 200m: 02:31,24 (01:18,79) | 300m: 03:51,83 (01:20,59) | 400m: 05:12,10 (01:20,27) |     |  |  |  |  |
| 500m: 06:32,75 (01:20,65) | 600m: 07:53,45 (01:20,70) | 700m: 09:14,77 (01:21,32) | 800m: 10:33,04 (01:18,27) |     |  |  |  |  |
| Celina Göbel              | 1998                      | SG Siegen                 | 10:34,33                  | 472 |  |  |  |  |
| 100m: 01:14,68 (01:14,68) | 200m: 02:34,99 (01:20,31) | 300m: 03:56,25 (01:21,26) | 400m: 05:16,85 (01:20,60) |     |  |  |  |  |
| 500m: 06:37,82 (01:20,97) | 600m: 07:58,69 (01:20,87) | 700m: 09:18,59 (01:19,90) | 800m: 10:34,33 (01:15,74) |     |  |  |  |  |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 37 - 800 m Freistil der Frauen

### Jahrgang 1998

7. Kristin Kruse 1998 SG Dortmund 11:08,35 404 EnM  
100m: 01:17,78 (01:17,78) 200m: 02:42,81 (01:25,03) 300m: 04:08,35 (01:25,54) 400m: 05:33,72 (01:25,37)  
500m: 06:58,60 (01:24,88) 600m: 08:22,72 (01:24,12) 700m: 09:46,75 (01:24,03) 800m: 11:08,35 (01:21,60)

#### nicht am Start

Lea Janetzki 1998 Maxi Swim-Team Hamm EnM

### Jahrgang 1999

1. und Südwestfälische Jahrgangs-Meisterin 2014  
Ayleen Kramer 1999 SV Hagen 1894 09:58,53 562  
100m: 01:08,43 (01:08,43) 400m: 04:54,65 (03:46,22) 500m: 06:11,01 (01:16,36) 600m: 07:27,68 (01:16,67)  
800m: 09:58,53 (02:30,85)

2. Chiara Kuehn 1999 SG Dortmund 10:07,81 537  
100m: 01:08,99 (01:08,99) 200m: 02:24,39 (01:15,40) 300m: 03:40,34 (01:15,95) 400m: 04:58,57 (01:18,23)  
500m: 06:16,57 (01:18,00) 600m: 07:34,56 (01:17,99) 700m: 08:52,53 (01:17,97) 800m: 10:07,81 (01:15,28)

3. Tabea Recker 1999 SG Ruhr 10:14,71 519  
100m: 01:09,33 (01:09,33) 200m: 02:26,21 (01:16,88) 300m: 03:45,08 (01:18,87) 400m: 05:03,60 (01:18,52)  
500m: 06:22,47 (01:18,87) 600m: 07:40,95 (01:18,48) 700m: 08:59,54 (01:18,59) 800m: 10:14,71 (01:15,17)

4. Amy Hüttebräucker 1999 SV Hagen 1894 10:20,20 505  
100m: 01:10,68 (01:10,68) 200m: 02:28,83 (01:18,15) 300m: 03:47,74 (01:18,91) 400m: 05:07,22 (01:19,48)  
500m: 06:26,56 (01:19,34) 600m: 07:45,58 (01:19,02) 700m: 09:04,24 (01:18,66) 800m: 10:20,20 (01:15,96)

5. Katharina Krüger 1999 SG Eintracht Ergste 10:25,55 492  
100m: 01:11,86 (01:11,86) 200m: 02:31,37 (01:19,51) 300m: 03:52,05 (01:20,68) 400m: 05:12,36 (01:20,31)  
500m: 06:32,36 (01:20,00) 600m: 07:51,21 (01:18,85) 700m: 09:09,30 (01:18,09) 800m: 10:25,55 (01:16,25)

6. Leonie Schake 1999 TuS Sundern 10:26,99 489  
100m: 01:12,02 (01:12,02) 200m: 02:30,47 (01:18,45) 300m: 03:50,00 (01:19,53) 400m: 05:10,19 (01:20,19)  
500m: 06:30,13 (01:19,94) 600m: 07:50,38 (01:20,25) 700m: 09:10,83 (01:20,45) 800m: 10:26,99 (01:16,16)

7. Valeria Hinz 1999 SC Rote Erde Hamm 1919 10:27,30 488  
100m: 01:12,06 (01:12,06) 200m: 02:28,06 (01:16,00) 300m: 03:45,30 (01:17,24) 400m: 05:05,66 (01:20,36)  
500m: 06:26,27 (01:20,61) 600m: 07:47,63 (01:21,36) 700m: 09:07,90 (01:20,27) 800m: 10:27,30 (01:19,40)

8. Laura Drobe 1999 SG Siegen 10:33,76 473  
100m: 01:13,94 (01:13,94) 200m: 02:34,52 (01:20,58) 300m: 03:55,40 (01:20,88) 400m: 05:16,40 (01:21,00)  
500m: 06:37,33 (01:20,93) 600m: 07:58,26 (01:20,93) 700m: 09:17,91 (01:19,65) 800m: 10:33,76 (01:15,85)

9. Victoria Kienitz 1999 SF Unna 01/10 10:36,97 466  
100m: 01:13,59 (01:13,59) 200m: 02:32,19 (01:18,60) 300m: 03:50,79 (01:18,60) 400m: 05:10,62 (01:19,83)  
500m: 06:31,59 (01:20,97) 600m: 07:53,44 (01:21,85) 700m: 09:15,51 (01:22,07) 800m: 10:36,97 (01:21,46)

10. Joy Bruske 1999 SG Eintracht Ergste 11:08,38 403 EnM  
100m: 01:13,16 (01:13,16) 200m: 02:36,03 (01:22,87) 300m: 04:00,28 (01:24,25) 400m: 05:25,78 (01:25,50)  
500m: 06:51,84 (01:26,06) 600m: 08:18,98 (01:27,14) 700m: 09:44,95 (01:25,97) 800m: 11:08,38 (01:23,43)

11. Christina Fahrenholz 1999 SG Lünen 11:12,94 395 EnM  
100m: 01:17,04 (01:17,04) 200m: 02:42,63 (01:25,59) 300m: 04:08,77 (01:26,14) 400m: 05:36,14 (01:27,37)  
500m: 07:01,70 (01:25,56) 600m: 08:28,23 (01:26,53) 700m: 09:52,27 (01:24,04) 800m: 11:12,94 (01:20,67)

12. Isabel Stegmann 1999 SG Ruhr 11:19,28 384 EnM  
100m: 01:15,85 (01:15,85) 200m: 02:41,88 (01:26,03) 300m: 04:11,22 (01:29,34) 400m: 05:37,50 (01:26,28)  
500m: 07:04,38 (01:26,88) 600m: 08:31,22 (01:26,84) 700m: 09:57,44 (01:26,22) 800m: 11:19,28 (01:21,84)

#### abgemeldet

Freda Müller 1999 SG Siegen  
Alexa Dreston 1999 SG Eintracht Ergste

### Jahrgang 2000

1. und Südwestfälische Jahrgangs-Meisterin 2014  
Anna Heermann 2000 SG Ruhr 09:45,81 600  
100m: 01:07,97 (01:07,97) 200m: 02:22,00 (01:14,03) 300m: 03:36,75 (01:14,75) 400m: 04:51,75 (01:15,00)  
500m: 06:06,62 (01:14,87) 600m: 07:21,16 (01:14,54) 700m: 08:34,40 (01:13,24) 800m: 09:45,81 (01:11,41)

2. Kaja Reinhardt 2000 SG Dortmund 09:48,41 592  
100m: 01:08,76 (01:08,76) 200m: 02:23,55 (01:14,79) 300m: 03:38,09 (01:14,54) 400m: 04:52,97 (01:14,88)  
500m: 06:07,69 (01:14,72) 600m: 07:22,62 (01:14,93) 700m: 08:37,09 (01:14,47) 800m: 09:48,41 (01:11,32)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 37 - 800 m Freistil der Frauen

### Jahrgang 2000

|    |                           |                           |                           |                           |     |
|----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 3. | Ann-Britt Lehmann         | 2000                      | SG Dortmund               | 09:54,69                  | 573 |
|    | 100m: 01:07,85 (01:07,85) | 200m: 02:02,94 (00:55,09) | 300m: 03:35,88 (01:32,94) | 400m: 04:51,50 (01:15,62) |     |
|    | 500m: 06:08,31 (01:16,81) | 600m: 07:24,50 (01:16,19) | 700m: 08:41,53 (01:17,03) | 800m: 09:54,69 (01:13,16) |     |
| 4. | Anna Kroniger             | 2000                      | SV Blau-Weiß Bochum       | 10:10,93                  | 529 |
|    | 100m: 01:12,10 (01:12,10) | 200m: 02:27,30 (01:15,20) | 300m: 03:43,88 (01:16,58) | 400m: 05:01,80 (01:17,92) |     |
|    | 500m: 06:20,41 (01:18,61) | 600m: 07:38,24 (01:17,83) | 700m: 08:56,17 (01:17,93) | 800m: 10:10,93 (02:32,69) |     |
| 5. | Michelle Pschuk           | 2000                      | SG Ruhr                   | 10:22,10                  | 501 |
|    | 100m: 01:12,61 (01:12,61) | 200m: 02:31,50 (01:18,89) | 300m: 03:51,10 (01:19,60) | 400m: 05:10,49 (01:19,39) |     |
|    | 500m: 06:29,88 (01:19,39) | 600m: 07:48,66 (01:18,78) | 700m: 09:07,46 (01:18,80) | 800m: 10:22,10 (01:14,64) |     |
| 6. | Jessica Marquardt         | 2000                      | SV Hagen 1894             | 10:26,99                  | 489 |
|    | 100m: 01:11,78 (01:11,78) | 200m: 02:29,93 (01:18,15) | 300m: 03:49,58 (01:19,65) | 400m: 05:10,11 (01:20,53) |     |
|    | 500m: 06:29,82 (01:19,71) | 600m: 07:50,20 (01:20,38) | 700m: 09:10,85 (01:20,65) | 800m: 10:26,99 (01:16,14) |     |
| 7. | Katharina Fries           | 2000                      | SG Ruhr                   | 10:45,82                  | 447 |
|    | 100m: 01:14,50 (01:14,50) | 200m: 02:34,55 (01:20,05) | 300m: 03:56,44 (01:21,89) | 400m: 05:17,65 (01:21,21) |     |
|    | 500m: 06:39,84 (01:22,19) | 600m: 08:02,48 (01:22,64) | 700m: 09:25,37 (01:22,89) | 800m: 10:45,82 (01:20,45) |     |
| 8. | Hannah Brinkmann          | 2000                      | SC Rote Erde Hamm 1919    | 10:49,83                  | 439 |
|    | 100m: 01:14,49 (01:14,49) | 200m: 02:37,71 (01:23,22) | 300m: 04:01,58 (01:23,87) | 400m: 05:23,95 (01:22,37) |     |
|    | 500m: 06:47,41 (01:23,46) | 600m: 08:09,36 (01:21,95) | 700m: 09:31,04 (01:21,68) | 800m: 10:49,83 (01:18,79) |     |
| 9. | Maike Köhne               | 2000                      | SG Ruhr                   | 10:53,72                  | 431 |
|    | 100m: 01:14,16 (01:14,16) | 200m: 02:35,78 (01:21,62) | 300m: 03:57,66 (01:21,88) | 400m: 05:20,03 (01:22,37) |     |
|    | 500m: 06:42,84 (01:22,81) | 600m: 08:07,37 (01:24,53) | 700m: 09:31,97 (01:24,60) | 800m: 10:53,72 (01:21,75) |     |

#### abgemeldet

Miriam Hummel 2000 SG Ruhr  
Alina Förster 2000 SG Ruhr

### Jahrgang 2001

|    |  |                           |                           |                           |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |
|    | Paula Schneider                              | 2001                      | SG Eintracht Ergste       | 10:10,74                  | 529 |
|    | 100m: 01:12,74 (01:12,74)                    | 200m: 02:29,83 (01:17,09) | 300m: 03:46,33 (01:16,50) | 400m: 05:03,17 (01:16,84) |     |
|    | 500m: 06:20,51 (01:17,34)                    | 600m: 07:37,67 (01:17,16) | 700m: 08:55,04 (01:17,37) | 800m: 10:10,74 (01:15,70) |     |
| 2. | Hannah Becker                                | 2001                      | TuS Westfalia Hombruch    | 10:59,98                  | 419 |
|    | 100m: 01:14,80 (01:14,80)                    | 200m: 02:37,28 (01:22,48) | 300m: 04:00,33 (01:23,05) | 400m: 05:23,53 (01:23,20) |     |
|    | 500m: 06:47,63 (01:24,10)                    | 600m: 08:12,24 (01:24,61) | 700m: 09:36,69 (01:24,45) | 800m: 10:59,98 (01:23,29) |     |

#### nicht am Start

Maria Vester 2001 Maxi Swim-Team Hamm EnM

### Jahrgang 2002

|    |  |                           |                           |                           |     |
|----|--|---------------------------|---------------------------|---------------------------|-----|
| 1. | und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |
|    | Teresa Helas                                 | 2002                      | SF Unna 01/10             | 10:34,81                  | 471 |
|    | 100m: 01:14,69 (01:14,69)                    | 200m: 02:35,44 (01:20,75) | 300m: 03:56,35 (01:20,91) | 400m: 05:16,97 (01:20,62) |     |
|    | 500m: 06:38,30 (01:21,33)                    | 600m: 07:58,30 (01:20,00) | 700m: 09:18,53 (01:20,23) | 800m: 10:34,81 (01:16,28) |     |
| 2. | Leah Schreiner                               | 2002                      | SC Rote Erde Hamm 1919    | 10:52,43                  | 434 |
|    | 100m: 01:13,90 (01:13,90)                    | 200m: 02:37,22 (01:23,32) | 300m: 03:59,75 (01:22,53) | 400m: 05:23,03 (01:23,28) |     |
|    | 500m: 06:47,68 (01:24,65)                    | 600m: 08:11,28 (01:23,60) | 700m: 09:33,68 (01:22,40) | 800m: 10:52,43 (01:18,75) |     |
| 3. | Carla Maxime Eickenhorst                     | 2002                      | SG Eintracht Ergste       | 11:27,76                  | 370 |
|    | 100m: 01:19,87 (01:19,87)                    | 200m: 02:46,05 (01:26,18) | 300m: 04:12,68 (01:26,63) | 400m: 05:40,34 (01:27,66) |     |
|    | 500m: 07:07,46 (01:27,12)                    | 600m: 08:35,81 (01:28,35) | 700m: 10:03,14 (01:27,33) | 800m: 11:27,76 (01:24,62) |     |
| 4. | Nina Dreston                                 | 2002                      | SG Eintracht Ergste       | 11:36,95                  | 356 |
|    | 100m: 01:20,82 (01:20,82)                    | 200m: 02:50,48 (01:29,66) | 300m: 04:20,07 (01:29,59) | 400m: 05:49,10 (01:29,03) |     |
|    | 500m: 07:19,02 (01:29,92)                    | 600m: 08:45,95 (01:26,93) | 700m: 10:14,67 (01:28,72) | 800m: 11:36,95 (01:22,28) |     |
| 5. | Luzie Kindermann                             | 2002                      | SG Ruhr                   | 11:38,98                  | 353 |
|    | 100m: 01:21,51 (01:21,51)                    | 200m: 02:50,89 (01:29,38) | 300m: 04:20,60 (01:29,71) | 400m: 05:50,20 (01:29,60) |     |
|    | 500m: 07:18,95 (01:28,75)                    | 600m: 08:47,39 (01:28,44) | 700m: 10:12,54 (01:25,15) | 800m: 11:38,98 (01:26,44) |     |
| 6. | Carla Pieper                                 | 2002                      | SG Ruhr                   | 11:39,56                  | 352 |
|    | 100m: 01:21,39 (01:21,39)                    | 200m: 02:50,81 (01:29,42) | 300m: 04:20,56 (01:29,75) | 400m: 05:50,68 (01:30,12) |     |
|    | 500m: 07:18,93 (01:28,25)                    | 600m: 08:47,46 (01:28,53) | 700m: 10:15,93 (01:28,47) | 800m: 11:39,56 (01:23,63) |     |

JOTA Sportergebnisse Husemann/Reinert/Weißberg/Ziemski GbR

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 37 - 800 m Freistil der Frauen

### Jahrgang 2002

|                           |                           |                           |                           |     |     |
|---------------------------|---------------------------|---------------------------|---------------------------|-----|-----|
| 7. Francis Graefe         | 2002                      | Wfr. Lüdenscheid          | 12:34,02                  | 281 | EnM |
| 100m: 01:20,56 (01:20,56) | 200m: 02:52,23 (01:31,67) | 300m: 04:27,30 (01:35,07) | 400m: 06:03,44 (01:36,14) |     |     |
| 500m: 07:43,03 (01:39,59) | 600m: 09:21,04 (01:38,01) | 700m: 10:58,78 (01:37,74) | 800m: 12:34,02 (01:35,24) |     |     |

### Jahrgang 2003

|   |                           |                           |                           |     |  |
|---|---------------------------|---------------------------|---------------------------|-----|--|
| 1. und Südwestfälische Jahrgangs-Meisterin 2014 |                           |                           |                           |     |  |
| Stefanie Buchholz                               | 2003                      | SG Siegen                 | 11:14,67                  | 392 |  |
| 100m: 01:18,99 (01:18,99)                       | 200m: 02:45,19 (01:26,20) | 300m: 04:08,02 (01:22,83) | 400m: 05:33,40 (01:25,38) |     |  |
| 500m: 06:59,14 (01:25,74)                       | 600m: 08:26,34 (01:27,20) | 700m: 09:51,70 (01:25,36) | 800m: 11:14,67 (01:22,97) |     |  |
| 2. Lilly Grau                                   | 2003                      | SG Eintracht Ergste       | 11:14,83                  | 392 |  |
| 100m: 01:16,64 (01:16,64)                       | 200m: 02:42,29 (01:25,65) | 300m: 04:08,38 (01:26,09) | 400m: 05:35,90 (01:27,52) |     |  |
| 500m: 07:02,01 (01:26,11)                       | 600m: 08:28,52 (01:26,51) | 700m: 09:53,81 (01:25,29) | 800m: 11:14,83 (01:21,02) |     |  |
| 3. Delia Louisa Borchert                        | 2003                      | SG Eintracht Ergste       | 12:06,53                  | 314 |  |
| 100m: 01:20,69 (01:20,69)                       | 200m: 02:51,90 (01:31,21) | 300m: 04:23,88 (01:31,98) | 400m: 05:56,34 (01:32,46) |     |  |
| 500m: 07:30,28 (01:33,94)                       | 600m: 09:03,07 (01:32,79) | 700m: 10:36,28 (01:33,21) | 800m: 12:06,53 (01:30,25) |     |  |

### Offene Wertung

|                                       |                           |                           |                           |     |  |
|---------------------------------------|---------------------------|---------------------------|---------------------------|-----|--|
| 1. und Südwestfälische Meisterin 2014 |                           |                           |                           |     |  |
| Hannah Freiwald                       | 1993                      | SG Dortmund               | 09:28,18                  | 657 |  |
| 100m: 01:06,17 (01:06,17)             | 200m: 02:16,79 (01:10,62) | 300m: 03:27,82 (01:11,03) | 400m: 04:40,33 (01:12,51) |     |  |
| 500m: 05:52,41 (01:12,08)             | 600m: 07:04,82 (01:12,41) | 700m: 08:17,31 (01:12,49) | 800m: 09:28,18 (01:10,87) |     |  |
| 2. Anna Heermann                      | 2000                      | SG Ruhr                   | 09:45,81                  | 600 |  |
| 100m: 01:07,97 (01:07,97)             | 200m: 02:22,00 (01:14,03) | 300m: 03:36,75 (01:14,75) | 400m: 04:51,75 (01:15,00) |     |  |
| 500m: 06:06,62 (01:14,87)             | 600m: 07:21,16 (01:14,54) | 700m: 08:34,40 (01:13,24) | 800m: 09:45,81 (01:11,41) |     |  |
| 3. Chiara Fiorio                      | 1998                      | SV Blau-Weiß Bochum       | 09:46,32                  | 598 |  |
| 100m: 01:07,64 (01:07,64)             | 200m: 02:20,28 (01:12,64) | 300m: 03:34,85 (01:14,57) | 400m: 04:49,54 (01:14,69) |     |  |
| 500m: 06:04,28 (01:14,74)             | 600m: 07:19,60 (01:15,32) | 700m: 08:34,48 (01:14,88) | 800m: 09:46,32 (01:11,84) |     |  |
| 4. Kaja Reinhardt                     | 2000                      | SG Dortmund               | 09:48,41                  | 592 |  |
| 100m: 01:08,76 (01:08,76)             | 200m: 02:23,55 (01:14,79) | 300m: 03:38,09 (01:14,54) | 400m: 04:52,97 (01:14,88) |     |  |
| 500m: 06:07,69 (01:14,72)             | 600m: 07:22,62 (01:14,93) | 700m: 08:37,09 (01:14,47) | 800m: 09:48,41 (01:11,32) |     |  |
| 5. Linda Bohnenkamp                   | 1996                      | SG Dortmund               | 09:50,53                  | 585 |  |
| 100m: 01:07,41 (01:07,41)             | 200m: 02:21,31 (01:13,90) | 300m: 03:35,84 (01:14,53) | 400m: 04:50,88 (01:15,04) |     |  |
| 500m: 06:05,88 (01:15,00)             | 600m: 07:21,53 (01:15,65) | 700m: 08:37,06 (01:15,53) | 800m: 09:50,53 (01:13,47) |     |  |
| 6. Jacqueline Daszkiewicz             | 1997                      | SG Dortmund               | 09:53,41                  | 577 |  |
| 100m: 01:08,50 (01:08,50)             | 200m: 02:22,03 (01:13,53) | 300m: 03:36,59 (01:14,56) | 400m: 04:51,53 (01:14,94) |     |  |
| 500m: 06:07,15 (01:15,62)             | 600m: 07:22,93 (01:15,78) | 700m: 08:38,40 (01:15,47) | 800m: 09:53,41 (01:15,01) |     |  |
| 7. Ann-Britt Lehmann                  | 2000                      | SG Dortmund               | 09:54,69                  | 573 |  |
| 100m: 01:07,85 (01:07,85)             | 200m: 02:02,94 (00:55,09) | 300m: 03:35,88 (01:32,94) | 400m: 04:51,50 (01:15,62) |     |  |
| 500m: 06:08,31 (01:16,81)             | 600m: 07:24,50 (01:16,19) | 700m: 08:41,53 (01:17,03) | 800m: 09:54,69 (01:13,16) |     |  |
| 8. Anesa Begic                        | 1998                      | Maxi Swim-Team Hamm       | 09:55,83                  | 570 |  |
| 100m: 01:07,86 (01:07,86)             | 200m: 02:22,17 (01:14,31) | 300m: 03:37,00 (01:14,83) | 400m: 04:53,00 (01:16,00) |     |  |
| 500m: 06:09,42 (01:16,42)             | 600m: 07:26,58 (01:17,16) | 700m: 08:42,42 (01:15,84) | 800m: 09:55,83 (01:13,41) |     |  |
| 9. Ayleen Kramer                      | 1999                      | SV Hagen 1894             | 09:58,53                  | 562 |  |
| 100m: 01:08,43 (01:08,43)             | 400m: 04:54,65 (03:46,22) | 500m: 06:11,01 (01:16,36) | 600m: 07:27,68 (01:16,67) |     |  |
| 800m: 09:58,53 (02:30,85)             |                           |                           |                           |     |  |
| 10. Dana Volmerhaus                   | 1997                      | SG Ruhr                   | 10:04,41                  | 546 |  |
| 100m: 01:08,70 (01:08,70)             | 200m: 02:23,54 (01:14,84) | 300m: 03:40,08 (01:16,54) | 400m: 04:57,21 (01:17,13) |     |  |
| 500m: 06:14,57 (01:17,36)             | 600m: 07:32,28 (01:17,71) | 700m: 08:49,20 (01:16,92) | 800m: 10:04,41 (01:15,21) |     |  |
| 11. Chiara Kuehn                      | 1999                      | SG Dortmund               | 10:07,81                  | 537 |  |
| 100m: 01:08,99 (01:08,99)             | 200m: 02:24,39 (01:15,40) | 300m: 03:40,34 (01:15,95) | 400m: 04:58,57 (01:18,23) |     |  |
| 500m: 06:16,57 (01:18,00)             | 600m: 07:34,56 (01:17,99) | 700m: 08:52,53 (01:17,97) | 800m: 10:07,81 (01:15,28) |     |  |
| 12. Paula Schneider                   | 2001                      | SG Eintracht Ergste       | 10:10,74                  | 529 |  |
| 100m: 01:12,74 (01:12,74)             | 200m: 02:29,83 (01:17,09) | 300m: 03:46,33 (01:16,50) | 400m: 05:03,17 (01:16,84) |     |  |
| 500m: 06:20,51 (01:17,34)             | 600m: 07:37,67 (01:17,16) | 700m: 08:55,04 (01:17,37) | 800m: 10:10,74 (01:15,70) |     |  |
| 13. Anna Kroniger                     | 2000                      | SV Blau-Weiß Bochum       | 10:10,93                  | 529 |  |
| 100m: 01:12,10 (01:12,10)             | 200m: 02:27,30 (01:15,20) | 300m: 03:43,88 (01:16,58) | 400m: 05:01,80 (01:17,92) |     |  |
| 500m: 06:20,41 (01:18,61)             | 600m: 07:38,24 (01:17,83) | 800m: 10:10,93 (02:32,69) |                           |     |  |



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 37 - 800 m Freistil der Frauen

### Offene Wertung

|     |                           |                           |                           |                           |     |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|-----|
| 14. | Hannah Lerch              | 1996                      | SF Unna 01/10             | 10:14,02                  | 521 |
|     | 100m: 01:13,20 (01:13,20) | 200m: 02:30,64 (01:17,44) | 300m: 03:48,07 (01:17,43) | 400m: 05:05,86 (01:17,79) |     |
|     | 500m: 06:23,02 (01:17,16) | 600m: 07:40,32 (01:17,30) | 700m: 08:57,82 (01:17,50) | 800m: 10:14,02 (01:16,20) |     |
| 15. | Lina Flägel               | 1998                      | SG Dortmund               | 10:14,24                  | 520 |
|     | 100m: 01:09,30 (01:09,30) | 200m: 02:26,44 (01:17,14) | 300m: 03:45,56 (01:19,12) | 400m: 05:03,77 (01:18,21) |     |
|     | 500m: 06:23,00 (01:19,23) | 600m: 07:41,98 (01:18,98) | 700m: 09:00,50 (01:18,52) | 800m: 10:14,24 (01:13,74) |     |
| 16. | Ines Leonhardt            | 1996                      | SG Ruhr                   | 10:14,58                  | 519 |
|     | 100m: 01:11,42 (01:11,42) | 200m: 02:28,00 (01:16,58) | 300m: 03:45,22 (01:17,22) | 400m: 05:03,93 (01:18,71) |     |
|     | 500m: 06:22,41 (01:18,48) | 600m: 07:40,81 (01:18,40) | 700m: 08:59,36 (01:18,55) | 800m: 10:14,58 (01:15,22) |     |
| 17. | Tabea Recker              | 1999                      | SG Ruhr                   | 10:14,71                  | 519 |
|     | 100m: 01:09,33 (01:09,33) | 200m: 02:26,21 (01:16,88) | 300m: 03:45,08 (01:18,87) | 400m: 05:03,60 (01:18,52) |     |
|     | 500m: 06:22,47 (01:18,87) | 600m: 07:40,95 (01:18,48) | 700m: 08:59,54 (01:18,59) | 800m: 10:14,71 (01:15,17) |     |
| 18. | Amy Hüttebräucker         | 1999                      | SV Hagen 1894             | 10:20,20                  | 505 |
|     | 100m: 01:10,68 (01:10,68) | 200m: 02:28,83 (01:18,15) | 300m: 03:47,74 (01:18,91) | 400m: 05:07,22 (01:19,48) |     |
|     | 500m: 06:26,56 (01:19,34) | 600m: 07:45,58 (01:19,02) | 700m: 09:04,24 (01:18,66) | 800m: 10:20,20 (01:15,96) |     |
| 19. | Michelle Pschuk           | 2000                      | SG Ruhr                   | 10:22,10                  | 501 |
|     | 100m: 01:12,61 (01:12,61) | 200m: 02:31,50 (01:18,89) | 300m: 03:51,10 (01:19,60) | 400m: 05:10,49 (01:19,39) |     |
|     | 500m: 06:29,88 (01:19,39) | 600m: 07:48,66 (01:18,78) | 700m: 09:07,46 (01:18,80) | 800m: 10:22,10 (01:14,64) |     |
| 20. | Katharina Heußen          | 1996                      | SG Dortmund               | 10:23,29                  | 498 |
|     | 100m: 01:12,39 (01:12,39) | 200m: 02:30,54 (01:18,15) | 300m: 03:48,45 (01:17,91) | 400m: 05:07,00 (01:18,55) |     |
|     | 500m: 06:26,26 (01:19,26) | 600m: 07:46,26 (01:20,00) | 700m: 09:06,64 (01:20,38) | 800m: 10:23,29 (01:16,65) |     |
| 21. | Katharina Krüger          | 1999                      | SG Eintracht Ergste       | 10:25,55                  | 492 |
|     | 100m: 01:11,86 (01:11,86) | 200m: 02:31,37 (01:19,51) | 300m: 03:52,05 (01:20,68) | 400m: 05:12,36 (01:20,31) |     |
|     | 500m: 06:32,36 (01:20,00) | 600m: 07:51,21 (01:18,85) | 700m: 09:09,30 (01:18,09) | 800m: 10:25,55 (01:16,25) |     |
| 22. | Denise Quentin            | 1998                      | SF Unna 01/10             | 10:26,37                  | 490 |
|     | 100m: 01:11,43 (01:11,43) | 200m: 02:30,18 (01:18,75) | 300m: 03:49,64 (01:19,46) | 400m: 05:09,43 (01:19,79) |     |
|     | 500m: 06:29,29 (01:19,86) | 600m: 07:49,05 (01:19,76) | 700m: 09:08,73 (01:19,68) | 800m: 10:26,37 (01:17,64) |     |
| 23. | Leonie Schake             | 1999                      | TuS Sundern               | 10:26,99                  | 489 |
|     | 100m: 01:12,02 (01:12,02) | 200m: 02:30,47 (01:18,45) | 300m: 03:50,00 (01:19,53) | 400m: 05:10,19 (01:20,19) |     |
|     | 500m: 06:30,13 (01:19,94) | 600m: 07:50,38 (01:20,25) | 700m: 09:10,83 (01:20,45) | 800m: 10:26,99 (01:16,16) |     |
| 23. | Jessica Marquardt         | 2000                      | SV Hagen 1894             | 10:26,99                  | 489 |
|     | 100m: 01:11,78 (01:11,78) | 200m: 02:29,93 (01:18,15) | 300m: 03:49,58 (01:19,65) | 400m: 05:10,11 (01:20,53) |     |
|     | 500m: 06:29,82 (01:19,71) | 600m: 07:50,20 (01:20,38) | 700m: 09:10,85 (01:20,65) | 800m: 10:26,99 (01:16,14) |     |
| 25. | Valeria Hinz              | 1999                      | SC Rote Erde Hamm 1919    | 10:27,30                  | 488 |
|     | 100m: 01:12,06 (01:12,06) | 200m: 02:28,06 (01:16,00) | 300m: 03:45,30 (01:17,24) | 400m: 05:05,66 (01:20,36) |     |
|     | 500m: 06:26,27 (01:20,61) | 600m: 07:47,63 (01:21,36) | 700m: 09:07,90 (01:20,27) | 800m: 10:27,30 (01:19,40) |     |
| 26. | Alina Fritz               | 1998                      | Maxi Swim-Team Hamm       | 10:33,04                  | 475 |
|     | 100m: 01:12,45 (01:12,45) | 200m: 02:31,24 (01:18,79) | 300m: 03:51,83 (01:20,59) | 400m: 05:12,10 (01:20,27) |     |
|     | 500m: 06:32,75 (01:20,65) | 600m: 07:53,45 (01:20,70) | 700m: 09:14,77 (01:21,32) | 800m: 10:33,04 (01:18,27) |     |
| 27. | Laura Drobe               | 1999                      | SG Siegen                 | 10:33,76                  | 473 |
|     | 100m: 01:13,94 (01:13,94) | 200m: 02:34,52 (01:20,58) | 300m: 03:55,40 (01:20,88) | 400m: 05:16,40 (01:21,00) |     |
|     | 500m: 06:37,33 (01:20,93) | 600m: 07:58,26 (01:20,93) | 700m: 09:17,91 (01:19,65) | 800m: 10:33,76 (01:15,85) |     |
| 28. | Celina Göbel              | 1998                      | SG Siegen                 | 10:34,33                  | 472 |
|     | 100m: 01:14,68 (01:14,68) | 200m: 02:34,99 (01:20,31) | 300m: 03:56,25 (01:21,26) | 400m: 05:16,85 (01:20,60) |     |
|     | 500m: 06:37,82 (01:20,97) | 600m: 07:58,69 (01:20,87) | 700m: 09:18,59 (01:19,90) | 800m: 10:34,33 (01:15,74) |     |
| 29. | Teresa Helas              | 2002                      | SF Unna 01/10             | 10:34,81                  | 471 |
|     | 100m: 01:14,69 (01:14,69) | 200m: 02:35,44 (01:20,75) | 300m: 03:56,35 (01:20,91) | 400m: 05:16,97 (01:20,62) |     |
|     | 500m: 06:38,30 (01:21,33) | 600m: 07:58,30 (01:20,00) | 700m: 09:18,53 (01:20,23) | 800m: 10:34,81 (01:16,28) |     |
| 30. | Victoria Kienitz          | 1999                      | SF Unna 01/10             | 10:36,97                  | 466 |
|     | 100m: 01:13,59 (01:13,59) | 200m: 02:32,19 (01:18,60) | 300m: 03:50,79 (01:18,60) | 400m: 05:10,62 (01:19,83) |     |
|     | 500m: 06:31,59 (01:20,97) | 600m: 07:53,44 (01:21,85) | 700m: 09:15,51 (01:22,07) | 800m: 10:36,97 (01:21,46) |     |
| 31. | Katharina Neuhaus         | 1997                      | SF Unna 01/10             | 10:45,51                  | 448 |
|     | 100m: 01:15,08 (01:15,08) | 200m: 02:37,58 (01:22,50) | 300m: 04:00,36 (01:22,78) | 400m: 05:22,67 (01:22,31) |     |
|     | 500m: 06:44,80 (01:22,13) | 600m: 08:06,54 (01:21,74) | 700m: 09:27,45 (01:20,91) | 800m: 10:45,51 (01:18,06) |     |
| 32. | Katharina Fries           | 2000                      | SG Ruhr                   | 10:45,82                  | 447 |
|     | 100m: 01:14,50 (01:14,50) | 200m: 02:34,55 (01:20,05) | 300m: 03:56,44 (01:21,89) | 400m: 05:17,65 (01:21,21) |     |
|     | 500m: 06:39,84 (01:22,19) | 600m: 08:02,48 (01:22,64) | 700m: 09:25,37 (01:22,89) | 800m: 10:45,82 (01:20,45) |     |

**SVSW-Meisterschaften "Lange Strecken mit JMK"**

Veranstalter

Schwimm-Verband Südwestfalen e.V.

Ort

Dortmund

Ausrichter

Schwimm-Verband Südwestfalen e.V.

Datum

22.02.2014 - 23.02.2014

**Wettkampf 37 - 800 m Freistil der Frauen****Offene Wertung**

|     |                           |                           |                           |                           |                           |                           |
|-----|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| 33. | Lara Kaufmann             | 1994                      | SG Eintracht Ergste       | 10:46,52                  | 446                       | EnM                       |
|     | 100m: 01:13,13 (01:13,13) | 200m: 02:33,72 (01:20,59) | 300m: 03:56,46 (01:22,74) | 400m: 05:18,56 (01:22,10) | 500m: 06:41,11 (01:22,55) | 600m: 08:03,51 (01:22,40) |
|     |                           | 700m: 09:26,02 (01:22,51) | 800m: 10:46,52 (01:20,50) |                           |                           |                           |
| 34. | Hannah Brinkmann          | 2000                      | SC Rote Erde Hamm 1919    | 10:49,83                  | 439                       |                           |
|     | 100m: 01:14,49 (01:14,49) | 200m: 02:37,71 (01:23,22) | 300m: 04:01,58 (01:23,87) | 400m: 05:23,95 (01:22,37) | 500m: 06:47,41 (01:23,46) | 600m: 08:09,36 (01:21,95) |
|     |                           | 700m: 09:31,04 (01:21,68) | 800m: 10:49,83 (01:18,79) |                           |                           |                           |
| 35. | Leah Schreiner            | 2002                      | SC Rote Erde Hamm 1919    | 10:52,43                  | 434                       |                           |
|     | 100m: 01:13,90 (01:13,90) | 200m: 02:37,22 (01:23,32) | 300m: 03:59,75 (01:22,53) | 400m: 05:23,03 (01:23,28) | 500m: 06:47,68 (01:24,65) | 600m: 08:11,28 (01:23,60) |
|     |                           | 700m: 09:33,68 (01:22,40) | 800m: 10:52,43 (01:18,75) |                           |                           |                           |
| 36. | Maike Köhne               | 2000                      | SG Ruhr                   | 10:53,72                  | 431                       |                           |
|     | 100m: 01:14,16 (01:14,16) | 200m: 02:35,78 (01:21,62) | 300m: 03:57,66 (01:21,88) | 400m: 05:20,03 (01:22,37) | 500m: 06:42,84 (01:22,81) | 600m: 08:07,37 (01:24,53) |
|     |                           | 700m: 09:31,97 (01:24,60) | 800m: 10:53,72 (01:21,75) |                           |                           |                           |
| 37. | Hannah Becker             | 2001                      | TuS Westfalia Hombroch    | 10:59,98                  | 419                       |                           |
|     | 100m: 01:14,80 (01:14,80) | 200m: 02:37,28 (01:22,48) | 300m: 04:00,33 (01:23,05) | 400m: 05:23,53 (01:23,20) | 500m: 06:47,63 (01:24,10) | 600m: 08:12,24 (01:24,61) |
|     |                           | 700m: 09:36,69 (01:24,45) | 800m: 10:59,98 (01:23,29) |                           |                           |                           |
| 38. | Kristin Kruse             | 1998                      | SG Dortmund               | 11:08,35                  | 404                       | EnM                       |
|     | 100m: 01:17,78 (01:17,78) | 200m: 02:42,81 (01:25,03) | 300m: 04:08,35 (01:25,54) | 400m: 05:33,72 (01:25,37) | 500m: 06:58,60 (01:24,88) | 600m: 08:22,72 (01:24,12) |
|     |                           | 700m: 09:46,75 (01:24,03) | 800m: 11:08,35 (01:21,60) |                           |                           |                           |
| 39. | Joy Bruske                | 1999                      | SG Eintracht Ergste       | 11:08,38                  | 403                       | EnM                       |
|     | 100m: 01:13,16 (01:13,16) | 200m: 02:36,03 (01:22,87) | 300m: 04:00,28 (01:24,25) | 400m: 05:25,78 (01:25,50) | 500m: 06:51,84 (01:26,06) | 600m: 08:18,98 (01:27,14) |
|     |                           | 700m: 09:44,95 (01:25,97) | 800m: 11:08,38 (01:23,43) |                           |                           |                           |
| 40. | Christina Fahrenholz      | 1999                      | SG Lünen                  | 11:12,94                  | 395                       | EnM                       |
|     | 100m: 01:17,04 (01:17,04) | 200m: 02:42,63 (01:25,59) | 300m: 04:08,77 (01:26,14) | 400m: 05:36,14 (01:27,37) | 500m: 07:01,70 (01:25,56) | 600m: 08:28,23 (01:26,53) |
|     |                           | 700m: 09:52,27 (01:24,04) | 800m: 11:12,94 (01:20,67) |                           |                           |                           |
| 41. | Stefanie Buchholz         | 2003                      | SG Siegen                 | 11:14,67                  | 392                       |                           |
|     | 100m: 01:18,99 (01:18,99) | 200m: 02:45,19 (01:26,20) | 300m: 04:08,02 (01:22,83) | 400m: 05:33,40 (01:25,38) | 500m: 06:59,14 (01:25,74) | 600m: 08:26,34 (01:27,20) |
|     |                           | 700m: 09:51,70 (01:25,36) | 800m: 11:14,67 (01:22,97) |                           |                           |                           |
| 42. | Lilly Grau                | 2003                      | SG Eintracht Ergste       | 11:14,83                  | 392                       |                           |
|     | 100m: 01:16,64 (01:16,64) | 200m: 02:42,29 (01:25,65) | 300m: 04:08,38 (01:26,09) | 400m: 05:35,90 (01:27,52) | 500m: 07:02,01 (01:26,11) | 600m: 08:28,52 (01:26,51) |
|     |                           | 700m: 09:53,81 (01:25,29) | 800m: 11:14,83 (01:21,02) |                           |                           |                           |
| 43. | Isabel Stegmann           | 1999                      | SG Ruhr                   | 11:19,28                  | 384                       | EnM                       |
|     | 100m: 01:15,85 (01:15,85) | 200m: 02:41,88 (01:26,03) | 300m: 04:11,22 (01:29,34) | 400m: 05:37,50 (01:26,28) | 500m: 07:04,38 (01:26,88) | 600m: 08:31,22 (01:26,84) |
|     |                           | 700m: 09:57,44 (01:26,22) | 800m: 11:19,28 (01:21,84) |                           |                           |                           |
| 44. | Carla Maxime Eickenhorst  | 2002                      | SG Eintracht Ergste       | 11:27,76                  | 370                       |                           |
|     | 100m: 01:19,87 (01:19,87) | 200m: 02:46,05 (01:26,18) | 300m: 04:12,68 (01:26,63) | 400m: 05:40,34 (01:27,66) | 500m: 07:07,46 (01:27,12) | 600m: 08:35,81 (01:28,35) |
|     |                           | 700m: 10:03,14 (01:27,33) | 800m: 11:27,76 (01:24,62) |                           |                           |                           |
| 45. | Nina Dreston              | 2002                      | SG Eintracht Ergste       | 11:36,95                  | 356                       |                           |
|     | 100m: 01:20,82 (01:20,82) | 200m: 02:50,48 (01:29,66) | 300m: 04:20,07 (01:29,59) | 400m: 05:49,10 (01:29,03) | 500m: 07:19,02 (01:29,92) | 600m: 08:45,95 (01:26,93) |
|     |                           | 700m: 10:14,67 (01:28,72) | 800m: 11:36,95 (01:22,28) |                           |                           |                           |
| 46. | Luzie Kindermann          | 2002                      | SG Ruhr                   | 11:38,98                  | 353                       |                           |
|     | 100m: 01:21,51 (01:21,51) | 200m: 02:50,89 (01:29,38) | 300m: 04:20,60 (01:29,71) | 400m: 05:50,20 (01:29,60) | 500m: 07:18,95 (01:28,75) | 600m: 08:47,39 (01:28,44) |
|     |                           | 700m: 10:12,54 (01:25,15) | 800m: 11:38,98 (01:26,44) |                           |                           |                           |
| 47. | Carla Pieper              | 2002                      | SG Ruhr                   | 11:39,56                  | 352                       |                           |
|     | 100m: 01:21,39 (01:21,39) | 200m: 02:50,81 (01:29,42) | 300m: 04:20,56 (01:29,75) | 400m: 05:50,68 (01:30,12) | 500m: 07:18,93 (01:28,25) | 600m: 08:47,46 (01:28,53) |
|     |                           | 700m: 10:15,93 (01:28,47) | 800m: 11:39,56 (01:23,63) |                           |                           |                           |
| 48. | Delia Louisa Borchert     | 2003                      | SG Eintracht Ergste       | 12:06,53                  | 314                       |                           |
|     | 100m: 01:20,69 (01:20,69) | 200m: 02:51,90 (01:31,21) | 300m: 04:23,88 (01:31,98) | 400m: 05:56,34 (01:32,46) | 500m: 07:30,28 (01:33,94) | 600m: 09:03,07 (01:32,79) |
|     |                           | 700m: 10:36,28 (01:33,21) | 800m: 12:06,53 (01:30,25) |                           |                           |                           |
| 49. | Francis Graefe            | 2002                      | Wfr. Lüdenscheid          | 12:34,02                  | 281                       | EnM                       |
|     | 100m: 01:20,56 (01:20,56) | 200m: 02:52,23 (01:31,67) | 300m: 04:27,30 (01:35,07) | 400m: 06:03,44 (01:36,14) | 500m: 07:43,03 (01:39,59) | 600m: 09:21,04 (01:38,01) |
|     |                           | 700m: 10:58,78 (01:37,74) | 800m: 12:34,02 (01:35,24) |                           |                           |                           |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 38 - 1500 m Freistil der Männer

|             |          |             |          |          |          |          |          |          |
|-------------|----------|-------------|----------|----------|----------|----------|----------|----------|
| Jahrgang    | offen    | 1995 - 1996 | 1997     | 1998     | 1999     | 2000     | 2001     | 2002     |
| Pflichtzeit | 18:32,90 | 19:07,40    | 19:20,00 | 19:35,40 | 20:06,60 | 20:28,70 | 21:21,70 | 22:44,70 |
| Jahrgang    | 2003     |             |          |          |          |          |          |          |
| Pflichtzeit | 24:19,40 |             |          |          |          |          |          |          |

## Junioren

### 1. und Südwestfälischer Junioren-Meister 2014

Rouven Nagel 1995 SG Dortmund 17:17,56 598  
100m: 01:03,85 (01:03,85) 200m: 02:12,66 (01:08,81) 300m: 03:20,58 (01:07,92) 400m: 04:29,51 (01:08,93)  
500m: 05:39,01 (01:09,50) 600m: 06:48,32 (01:09,31) 700m: 07:58,01 (01:09,69) 800m: 09:08,06 (01:10,05)  
900m: 10:17,90 (01:09,84) 1000m: 11:28,36 (01:10,46) 1100m: 12:37,94 (01:09,58) 1200m: 13:47,31 (01:09,37)  
1300m: 14:58,70 (01:11,39) 1400m: 16:08,50 (01:09,80) 1500m: 17:17,56 (01:09,06)

2. Eric Storck 1996 SG Dortmund 17:57,23 535  
100m: 01:04,86 (01:04,86) 200m: 02:16,64 (01:11,78) 300m: 03:28,11 (01:11,47) 400m: 04:38,67 (01:10,56)  
500m: 05:49,64 (01:10,97) 600m: 07:01,36 (01:11,72) 700m: 08:12,89 (01:11,53) 800m: 09:25,08 (01:12,19)  
900m: 10:38,30 (01:13,22) 1000m: 11:51,67 (01:13,37) 1100m: 13:04,33 (01:12,66) 1200m: 14:17,36 (01:13,03)  
1300m: 15:31,08 (01:13,72) 1400m: 16:44,61 (01:13,53) 1500m: 17:57,23 (01:12,62)

3. Viktor Koscharnyj 1996 SG Dortmund 18:32,47 485  
100m: 01:05,81 (01:05,81) 200m: 02:18,91 (01:13,10) 300m: 03:34,38 (01:15,47) 400m: 04:50,47 (01:16,09)  
500m: 06:06,35 (01:15,88) 600m: 07:21,88 (01:15,53) 700m: 08:37,47 (01:15,59) 800m: 09:51,63 (01:14,16)  
900m: 11:06,28 (02:14,65) 1000m: 12:20,31 (01:14,03) 1100m: 13:35,13 (01:14,82) 1200m: 14:49,72 (01:14,59)  
1300m: 16:04,81 (01:15,09) 1400m: 17:19,38 (01:14,57) 1500m: 18:32,47 (01:13,09)

4. Silas Irle 1996 SG Siegen 18:51,74 461  
100m: 01:07,56 (01:07,56) 200m: 02:23,63 (01:16,07) 300m: 03:39,67 (01:16,04) 400m: 04:55,81 (01:16,14)  
500m: 06:11,87 (01:16,06) 600m: 07:28,27 (01:16,40) 700m: 08:44,82 (01:16,55) 800m: 10:01,55 (01:16,73)  
900m: 11:17,98 (01:16,43) 1000m: 12:35,68 (01:17,70) 1100m: 13:52,66 (01:16,98) 1200m: 15:09,14 (01:16,48)  
1300m: 16:25,71 (01:16,57) 1400m: 17:40,56 (01:14,85) 1500m: 18:51,74 (01:11,18)

### abgemeldet

Maurice Wiegemann 1995 SSV Meschede

## Jahrgang 1997

### 1. und Südwestfälischer Jahrgangs-Meister 2014

Til Goepfert 1997 SG Dortmund 17:37,75 565  
100m: 01:05,08 (01:05,08) 200m: 02:16,33 (01:11,25) 300m: 03:27,50 (01:11,17) 400m: 04:38,05 (01:10,55)  
500m: 05:49,00 (01:10,95) 600m: 07:00,87 (01:11,87) 700m: 08:11,83 (01:10,96) 800m: 09:23,12 (01:11,29)  
900m: 10:34,47 (01:11,35) 1000m: 11:45,47 (01:11,00) 1100m: 12:56,65 (01:11,18) 1200m: 14:07,47 (01:10,82)  
1300m: 15:18,40 (01:10,93) 1400m: 16:28,72 (01:10,32) 1500m: 17:37,75 (01:09,03)

2. Gianluca Bick 1997 SF Unna 01/10 17:45,96 552  
100m: 01:04,97 (01:04,97) 200m: 02:15,46 (01:10,49) 300m: 03:26,74 (01:11,28) 400m: 04:38,58 (01:11,84)  
500m: 05:50,80 (01:12,22) 600m: 07:03,27 (01:12,47) 700m: 08:15,27 (01:12,00) 800m: 09:27,95 (01:12,68)  
900m: 10:40,16 (01:12,21) 1000m: 11:51,84 (01:11,68) 1100m: 13:03,89 (01:12,05) 1200m: 14:15,51 (01:11,62)  
1300m: 15:26,93 (01:11,42) 1400m: 16:37,25 (01:10,32) 1500m: 17:45,96 (01:08,71)

3. Julius Schumann 1997 SG Siegen 18:40,44 475  
100m: 01:07,98 (01:07,98) 200m: 02:21,62 (01:13,64) 300m: 03:36,63 (01:15,01) 400m: 04:52,11 (01:15,48)  
500m: 06:07,42 (01:15,31) 600m: 07:23,56 (01:16,14) 700m: 08:40,20 (01:16,64) 800m: 09:56,13 (01:15,93)  
900m: 11:12,14 (01:16,01) 1000m: 12:28,26 (01:16,12) 1100m: 13:43,79 (01:15,53) 1200m: 14:58,80 (01:15,01)  
1300m: 16:13,78 (01:14,98) 1400m: 17:28,93 (01:15,15) 1500m: 18:40,44 (01:11,51)

4. Bastian Rabe 1997 SG Ruhr 18:42,34 473  
100m: 01:06,98 (01:06,98) 200m: 02:19,88 (01:12,90) 300m: 03:34,63 (01:14,75) 400m: 04:50,20 (01:15,57)  
500m: 06:06,31 (01:16,11) 600m: 07:22,91 (01:16,60) 700m: 08:39,95 (01:17,04) 800m: 09:56,56 (01:16,61)  
900m: 11:12,32 (01:15,76) 1000m: 12:28,66 (01:16,34) 1100m: 13:43,95 (01:15,29) 1200m: 14:59,59 (01:15,64)  
1300m: 16:15,56 (01:15,97) 1400m: 17:30,95 (01:15,39) 1500m: 18:42,34 (01:11,39)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.

Ausrichter  
Schwimm-Verband Südwestfalen e.V.

Ort  
Dortmund

Datum  
22.02.2014 - 23.02.2014

## Wettkampf 38 - 1500 m Freistil der Männer

### Jahrgang 1998

1. und Südwestfälischer Jahrgangs-Meister 2014  
Björn Kroniger 1998 SV Blau-Weiß Bochum 16:51,78 645  
100m: 01:02,41 (01:02,41) 200m: 02:08,90 (01:06,49) 300m: 03:15,53 (01:06,63) 400m: 04:23,06 (01:07,53)  
500m: 05:30,90 (01:07,84) 600m: 06:38,99 (01:08,09) 700m: 07:47,16 (01:08,17) 800m: 08:55,36 (01:08,20)  
900m: 10:03,68 (01:08,32) 1000m: 11:11,92 (01:08,24) 1100m: 12:20,57 (01:08,65) 1200m: 13:29,20 (01:08,63)  
1300m: 14:37,52 (01:08,32) 1400m: 15:45,90 (01:08,38) 1500m: 16:51,78 (01:05,88)
2. Lasse Dumke 1998 SG Ruhr 17:50,12 545  
100m: 01:06,33 (01:06,33) 200m: 02:17,73 (01:11,40) 300m: 03:29,64 (01:11,91) 400m: 04:42,58 (01:12,94)  
500m: 05:55,69 (01:13,11) 600m: 07:07,55 (01:11,86) 700m: 08:19,66 (01:12,11) 800m: 09:31,91 (01:12,25)  
900m: 10:43,89 (01:11,98) 1000m: 11:55,70 (01:11,81) 1100m: 13:07,67 (01:11,97) 1200m: 14:19,37 (01:11,70)  
1300m: 15:30,37 (01:11,00) 1400m: 16:41,28 (01:10,91) 1500m: 17:50,12 (01:08,84)
3. Constantin Serwe 1998 SG Dortmund 17:59,74 531  
100m: 01:04,98 (01:04,98) 200m: 02:15,23 (01:10,25) 300m: 03:26,74 (01:11,51) 400m: 04:38,89 (01:12,15)  
500m: 05:51,72 (01:12,83) 600m: 07:04,39 (01:12,67) 700m: 08:16,64 (01:12,25) 800m: 09:29,29 (01:12,65)  
900m: 10:41,99 (01:12,70) 1000m: 11:55,06 (01:13,07) 1100m: 13:08,33 (01:13,27) 1200m: 14:21,83 (01:13,50)  
1300m: 15:35,20 (01:13,37) 1400m: 16:48,38 (01:13,18) 1500m: 17:59,74 (01:11,36)
4. Paul Vöing 1998 SG Dortmund 18:40,35 475  
100m: 01:06,74 (01:06,74) 200m: 02:19,72 (01:12,98) 300m: 03:32,91 (01:13,19) 400m: 04:47,31 (01:14,40)  
500m: 06:02,30 (01:14,99) 600m: 07:18,55 (01:16,25) 700m: 08:34,51 (01:15,96) 800m: 09:50,83 (01:16,32)  
900m: 11:07,53 (01:16,70) 1000m: 12:24,02 (01:16,49) 1100m: 13:39,67 (01:15,65) 1200m: 14:56,16 (01:16,49)  
1300m: 16:12,74 (01:16,58) 1400m: 17:29,00 (01:16,26) 1500m: 18:40,35 (01:11,35)
5. Lennard-Alexander Raabe 1998 SG Lünen 18:55,54 456  
100m: 01:07,72 (01:07,72) 200m: 02:22,35 (01:14,63) 300m: 03:36,72 (01:14,37) 400m: 04:52,48 (01:15,76)  
500m: 06:08,50 (01:16,02) 600m: 07:24,64 (01:16,14) 700m: 08:39,75 (01:15,11) 800m: 09:55,53 (01:15,78)  
900m: 11:11,99 (01:16,46) 1000m: 12:28,43 (01:16,44) 1100m: 13:44,66 (01:16,23) 1200m: 15:02,89 (01:18,23)  
1300m: 16:21,88 (01:18,99) 1400m: 17:40,05 (01:18,17) 1500m: 18:55,54 (01:15,49)

#### abgemeldet

Jonah Irlé 1998 SG Siegen

### Jahrgang 1999

1. und Südwestfälischer Jahrgangs-Meister 2014  
Thorben Grzanna 1999 SF Unna 01/10 18:00,07 530  
100m: 01:05,03 (01:05,03) 200m: 02:16,78 (01:11,75) 300m: 03:28,96 (01:12,18) 400m: 04:41,19 (01:12,23)  
500m: 05:53,64 (01:12,45) 600m: 07:06,34 (01:12,70) 700m: 08:18,80 (01:12,46) 800m: 09:31,86 (01:13,06)  
900m: 10:44,72 (01:12,86) 1000m: 11:58,17 (01:13,45) 1100m: 13:10,88 (01:12,71) 1300m: 15:37,69 (02:26,81)  
1400m: 16:50,50 (01:12,81) 1500m: 18:00,07 (01:09,57)
2. Nicolas Kowalczyk 1999 SG Ruhr 18:05,10 523  
100m: 01:07,13 (01:07,13) 200m: 02:19,80 (01:12,67) 300m: 03:32,16 (01:12,36) 400m: 04:45,02 (01:12,86)  
500m: 05:58,42 (01:13,40) 600m: 07:10,92 (01:12,50) 700m: 08:24,23 (01:13,31) 800m: 09:37,32 (01:13,09)  
900m: 10:50,02 (01:12,70) 1000m: 12:03,45 (01:13,43) 1100m: 13:16,48 (01:13,03) 1200m: 14:29,57 (01:13,09)  
1300m: 15:42,92 (01:13,35) 1400m: 16:56,76 (01:13,84) 1500m: 18:05,10 (01:08,34)
3. Yannix Baumeister 1999 SV Hagen 1894 19:34,64 412  
100m: 01:09,16 (01:09,16) 200m: 02:26,57 (01:17,41) 300m: 03:45,02 (01:18,45) 400m: 05:03,48 (01:18,46)  
500m: 06:21,73 (01:18,25) 600m: 07:39,92 (01:18,19) 700m: 08:59,04 (01:19,12) 800m: 10:17,92 (01:18,88)  
900m: 11:37,02 (01:19,10) 1000m: 12:56,67 (01:19,65) 1100m: 14:15,95 (01:19,28) 1200m: 15:35,48 (01:19,53)  
1300m: 16:55,51 (01:20,03) 1400m: 18:16,42 (01:20,91) 1500m: 19:34,64 (01:18,22)
4. Lennart Tollrian 1999 SV Blau-Weiß Bochum 19:36,95 410  
100m: 01:12,67 (01:12,67) 300m: 03:51,53 (02:38,86) 400m: 05:11,46 (01:19,93) 500m: 06:29,70 (01:18,24)  
600m: 07:49,35 (01:19,65) 700m: 09:09,26 (01:19,91) 800m: 10:28,89 (01:19,63) 900m: 11:48,45 (01:19,56)  
1000m: 13:07,21 (01:18,76) 1100m: 14:26,17 (01:18,96) 1200m: 15:45,02 (01:18,85) 1300m: 17:04,32 (01:19,30)  
1400m: 18:23,03 (01:18,71) 1500m: 19:36,95 (01:13,92)
5. Johannes Malz 1999 SG Ruhr 19:54,89 392  
100m: 01:12,39 (01:12,39) 200m: 02:31,69 (01:19,30) 300m: 03:51,89 (01:20,20) 400m: 05:11,06 (01:19,17)  
500m: 06:31,82 (01:20,76) 600m: 07:52,70 (01:20,88) 700m: 09:13,57 (01:20,87) 800m: 10:34,19 (01:20,62)  
900m: 11:54,67 (01:20,48) 1000m: 13:15,11 (01:20,44) 1100m: 14:36,22 (01:21,11) 1200m: 15:57,14 (01:20,92)  
1300m: 17:18,22 (01:21,08) 1400m: 18:38,65 (01:20,43) 1500m: 19:54,89 (01:16,24)

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 38 - 1500 m Freistil der Männer

### Jahrgang 2000

1. und Südwestfälischer Jahrgangs-Meister 2014  
Matthias Sosna 2000 SV Plettenberg 51 19:21,56 426  
100m: 01:09,15 (01:09,15) 200m: 02:26,16 (01:17,01) 300m: 03:44,76 (01:18,60) 400m: 05:03,36 (01:18,60)  
500m: 06:21,95 (01:18,59) 600m: 07:40,18 (01:18,23) 700m: 08:57,48 (01:17,30) 800m: 10:16,31 (01:18,83)  
900m: 11:35,20 (01:18,89) 1000m: 12:54,18 (01:18,98) 1100m: 14:12,92 (01:18,74) 1200m: 15:31,51 (01:18,59)  
1300m: 16:50,11 (01:18,60) 1400m: 18:08,58 (01:18,47) 1500m: 19:21,56 (01:12,98)
2. Felix Aubke 2000 SG Lünen 19:35,66 411  
100m: 01:12,08 (01:12,08) 200m: 02:30,95 (01:18,87) 300m: 03:50,83 (01:19,88) 400m: 05:10,42 (01:19,59)  
500m: 06:30,27 (01:19,85) 600m: 07:49,90 (01:19,63) 700m: 09:09,33 (01:19,43) 800m: 10:28,66 (01:19,33)  
900m: 11:47,23 (01:18,57) 1000m: 13:05,28 (01:18,05) 1100m: 14:23,68 (01:18,40) 1200m: 15:42,08 (01:18,40)  
1300m: 17:00,99 (01:18,91) 1400m: 18:19,18 (01:18,19) 1500m: 19:35,66 (01:16,48)
3. Marlo Guth 2000 SG Ruhr 19:39,35 407  
100m: 01:14,81 (01:14,81) 200m: 02:34,85 (01:20,04) 300m: 03:53,74 (01:18,89) 400m: 05:11,85 (01:18,11)  
500m: 06:28,49 (01:16,64) 600m: 07:48,77 (01:20,28) 700m: 09:09,20 (01:20,43) 800m: 10:28,87 (01:19,67)  
900m: 11:48,17 (01:19,30) 1000m: 13:07,10 (01:18,93) 1100m: 14:26,03 (01:18,93) 1200m: 15:45,35 (01:19,32)  
1300m: 17:04,03 (01:18,68) 1400m: 18:23,20 (01:19,17) 1500m: 19:39,35 (01:16,15)
4. Fynn Wissemann 2000 Maxi Swim-Team Hamm 20:58,78 335  
100m: 01:12,44 (01:12,44) 200m: 02:36,42 (01:23,98) 300m: 04:01,33 (01:24,91) 400m: 05:27,04 (01:25,71)  
500m: 06:52,83 (01:25,79) 600m: 08:17,30 (01:24,47) 700m: 09:42,55 (01:25,25) 800m: 11:07,91 (01:25,36)  
900m: 12:33,24 (01:25,33) 1000m: 13:59,64 (01:26,40) 1100m: 15:25,54 (01:25,90) 1200m: 16:51,55 (01:26,01)  
1300m: 18:16,66 (01:25,11) 1400m: 19:41,17 (01:24,51) 1500m: 20:58,78 (01:17,61)

### Jahrgang 2001

1. und Südwestfälischer Jahrgangs-Meister 2014  
Kevin Wessel 2001 SG Ruhr 19:47,41 399  
100m: 01:11,51 (01:11,51) 200m: 02:28,97 (01:17,46) 300m: 03:46,72 (01:17,75) 400m: 05:05,44 (01:18,72)  
500m: 06:24,94 (01:19,50) 600m: 07:43,69 (01:18,75) 700m: 09:03,44 (01:19,75) 800m: 10:23,37 (01:19,93)  
900m: 11:43,69 (01:20,32) 1000m: 13:04,72 (01:21,03) 1100m: 14:25,94 (01:21,22) 1200m: 15:47,09 (01:21,15)  
1300m: 17:09,26 (01:22,17) 1400m: 18:30,34 (01:21,08) 1500m: 19:47,41 (01:17,07)
2. Tim Hegemann 2001 SG Dortmund 19:55,14 391  
100m: 01:13,61 (01:13,61) 200m: 02:32,59 (01:18,98) 300m: 03:52,06 (01:19,47) 400m: 05:12,03 (01:19,97)  
500m: 06:32,24 (01:20,21) 600m: 07:52,84 (01:20,60) 700m: 09:13,45 (01:20,61) 800m: 10:34,08 (01:20,63)  
900m: 11:54,86 (01:20,78) 1000m: 13:15,75 (01:20,89) 1100m: 14:36,49 (01:20,74) 1200m: 15:57,35 (01:20,86)  
1300m: 17:18,74 (01:21,39) 1400m: 18:39,15 (02:20,41) 1500m: 19:55,14 (00:15,99)
3. Mika Dumke 2001 SG Ruhr 20:22,36 366  
100m: 01:16,00 (01:16,00) 200m: 02:38,80 (01:22,80) 300m: 04:00,95 (01:22,15) 400m: 05:23,14 (01:22,19)  
500m: 06:45,23 (01:22,09) 600m: 08:07,51 (01:22,28) 700m: 09:29,86 (01:22,35) 800m: 10:52,42 (01:22,56)  
900m: 12:14,36 (01:21,94) 1000m: 13:37,23 (01:22,87) 1100m: 14:59,17 (01:21,94) 1200m: 16:21,92 (01:22,75)  
1300m: 17:43,80 (01:21,88) 1400m: 19:04,83 (01:21,03) 1500m: 20:22,36 (01:17,53)
4. Nicolas Jochum 2001 SG Ruhr 20:50,75 341  
100m: 01:14,11 (01:14,11) 200m: 02:36,90 (01:22,79) 300m: 04:01,17 (01:24,27) 400m: 05:25,79 (01:24,62)  
500m: 06:50,06 (01:24,27) 600m: 08:15,46 (01:25,40) 700m: 09:37,96 (01:22,50) 800m: 11:02,28 (01:24,32)  
900m: 12:26,57 (01:24,29) 1000m: 13:51,84 (01:25,27) 1100m: 15:15,95 (01:24,11) 1200m: 16:41,51 (01:25,56)  
1300m: 18:07,81 (01:26,30) 1400m: 19:31,74 (01:23,93) 1500m: 20:50,75 (01:19,01)
5. Dorian Mielke 2001 Maxi Swim-Team Hamm 21:03,62 331  
100m: 01:15,47 (01:15,47) 200m: 02:39,56 (01:24,09) 300m: 04:02,42 (01:22,86) 400m: 05:28,26 (01:25,84)  
500m: 06:54,07 (01:25,81) 600m: 08:17,98 (01:23,91) 700m: 09:43,94 (01:25,96) 800m: 11:10,69 (01:26,75)  
900m: 12:37,74 (01:27,05) 1000m: 14:03,31 (01:25,57) 1100m: 15:29,44 (01:26,13) 1200m: 16:55,09 (01:25,65)  
1300m: 18:19,45 (01:24,36) 1400m: 19:43,11 (01:23,66) 1500m: 21:03,62 (01:20,51)

#### abgemeldet

Robin Recker 2001 SG Ruhr

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 38 - 1500 m Freistil der Männer Jahrgang 2003

1. und Südwestfälischer Jahrgangs-Meister 2014  
Jasper Schlak 2003 SG Eintracht Ergste 22:16,03 280  
100m: 01:24,18 (01:24,18) 200m: 02:54,90 (01:30,72) 300m: 04:26,53 (01:31,63) 400m: 05:57,93 (01:31,40)  
500m: 07:28,97 (01:31,04) 600m: 08:59,68 (01:30,71) 700m: 10:29,90 (01:30,22) 800m: 11:59,86 (01:29,96)  
900m: 13:29,03 (01:29,17) 1000m: 14:58,75 (01:29,72) 1100m: 16:28,00 (01:29,25) 1200m: 17:56,18 (01:28,18)  
1300m: 19:24,00 (01:27,82) 1400m: 20:51,25 (01:27,25) 1500m: 22:16,03 (01:24,78)
2. Leon Detambel 2003 SG Eintracht Ergste 23:28,41 239  
100m: 01:24,16 (01:24,16) 200m: 02:56,25 (01:32,09) 300m: 04:29,57 (01:33,32) 400m: 06:03,03 (01:33,46)  
500m: 07:37,79 (01:34,76) 600m: 09:11,19 (01:33,40) 700m: 10:46,57 (01:35,38) 800m: 12:20,57 (01:34,00)  
900m: 13:55,73 (01:35,16) 1000m: 15:31,70 (01:35,97) 1100m: 17:07,64 (01:35,94) 1200m: 18:45,66 (01:38,02)  
1300m: 20:21,82 (01:36,16) 1400m: 21:56,73 (01:34,91) 1500m: 23:28,41 (01:31,68)

## Offene Wertung

1. und Südwestfälischer Meister 2014  
Björn Kroniger 1998 SV Blau-Weiß Bochum 16:51,78 645  
100m: 01:02,41 (01:02,41) 200m: 02:08,90 (01:06,49) 300m: 03:15,53 (01:06,63) 400m: 04:23,06 (01:07,53)  
500m: 05:30,90 (01:07,84) 600m: 06:38,99 (01:08,09) 700m: 07:47,16 (01:08,17) 800m: 08:55,36 (01:08,20)  
900m: 10:03,68 (01:08,32) 1000m: 11:11,92 (01:08,24) 1100m: 12:20,57 (01:08,65) 1200m: 13:29,20 (01:08,63)  
1300m: 14:37,52 (01:08,32) 1400m: 15:45,90 (01:08,38) 1500m: 16:51,78 (01:05,88)
2. Rouven Nagel 1995 SG Dortmund 17:17,56 598  
100m: 01:03,85 (01:03,85) 200m: 02:12,66 (01:08,81) 300m: 03:20,58 (01:07,92) 400m: 04:29,51 (01:08,93)  
500m: 05:39,01 (01:09,50) 600m: 06:48,32 (01:09,31) 700m: 07:58,01 (01:09,69) 800m: 09:08,06 (01:10,05)  
900m: 10:17,90 (01:09,84) 1000m: 11:28,36 (01:10,46) 1100m: 12:37,94 (01:09,58) 1200m: 13:47,31 (01:09,37)  
1300m: 14:58,70 (01:11,39) 1400m: 16:08,50 (01:09,80) 1500m: 17:17,56 (01:09,06)
3. Til Goepfert 1997 SG Dortmund 17:37,75 565  
100m: 01:05,08 (01:05,08) 200m: 02:16,33 (01:11,25) 300m: 03:27,50 (01:11,17) 400m: 04:38,05 (01:10,55)  
500m: 05:49,00 (01:10,95) 600m: 07:00,87 (01:11,87) 700m: 08:11,83 (01:10,96) 800m: 09:23,12 (01:11,29)  
900m: 10:34,47 (01:11,35) 1000m: 11:45,47 (01:11,00) 1100m: 12:56,65 (01:11,18) 1200m: 14:07,47 (01:10,82)  
1300m: 15:18,40 (01:10,93) 1400m: 16:28,72 (01:10,32) 1500m: 17:37,75 (01:09,03)
4. Gianluca Bick 1997 SF Unna 01/10 17:45,96 552  
100m: 01:04,97 (01:04,97) 200m: 02:15,46 (01:10,49) 300m: 03:26,74 (01:11,28) 400m: 04:38,58 (01:11,84)  
500m: 05:50,80 (01:12,22) 600m: 07:03,27 (01:12,47) 700m: 08:15,27 (01:12,00) 800m: 09:27,95 (01:12,68)  
900m: 10:40,16 (01:12,21) 1000m: 11:51,84 (01:11,68) 1100m: 13:03,89 (01:12,05) 1200m: 14:15,51 (01:11,62)  
1300m: 15:26,93 (01:11,42) 1400m: 16:37,25 (01:10,32) 1500m: 17:45,96 (01:08,71)
5. Lasse Dumke 1998 SG Ruhr 17:50,12 545  
100m: 01:06,33 (01:06,33) 200m: 02:17,73 (01:11,40) 300m: 03:29,64 (01:11,91) 400m: 04:42,58 (01:12,94)  
500m: 05:55,69 (01:13,11) 600m: 07:07,55 (01:11,86) 700m: 08:19,66 (01:12,11) 800m: 09:31,91 (01:12,25)  
900m: 10:43,89 (01:11,98) 1000m: 11:55,70 (01:11,81) 1100m: 13:07,67 (01:11,97) 1200m: 14:19,37 (01:11,70)  
1300m: 15:30,37 (01:11,00) 1400m: 16:41,28 (01:10,91) 1500m: 17:50,12 (01:08,84)
6. Eric Storck 1996 SG Dortmund 17:57,23 535  
100m: 01:04,86 (01:04,86) 200m: 02:16,64 (01:11,78) 300m: 03:28,11 (01:11,47) 400m: 04:38,67 (01:10,56)  
500m: 05:49,64 (01:10,97) 600m: 07:01,36 (01:11,72) 700m: 08:12,89 (01:11,53) 800m: 09:25,08 (01:12,19)  
900m: 10:38,30 (01:13,22) 1000m: 11:51,67 (01:13,37) 1100m: 13:04,33 (01:12,66) 1200m: 14:17,36 (01:13,03)  
1300m: 15:31,08 (01:13,72) 1400m: 16:44,61 (01:13,53) 1500m: 17:57,23 (01:12,62)
7. Constantin Serwe 1998 SG Dortmund 17:59,74 531  
100m: 01:04,98 (01:04,98) 200m: 02:15,23 (01:10,25) 300m: 03:26,74 (01:11,51) 400m: 04:38,89 (01:12,15)  
500m: 05:51,72 (01:12,83) 600m: 07:04,39 (01:12,67) 700m: 08:16,64 (01:12,25) 800m: 09:29,29 (01:12,65)  
900m: 10:41,99 (01:12,70) 1000m: 11:55,06 (01:13,07) 1100m: 13:08,33 (01:13,27) 1200m: 14:21,83 (01:13,50)  
1300m: 15:35,20 (01:13,37) 1400m: 16:48,38 (01:13,18) 1500m: 17:59,74 (01:11,36)
8. Thorben Grzanna 1999 SF Unna 01/10 18:00,07 530  
100m: 01:05,03 (01:05,03) 200m: 02:16,78 (01:11,75) 300m: 03:28,96 (01:12,18) 400m: 04:41,19 (01:12,23)  
500m: 05:53,64 (01:12,45) 600m: 07:06,34 (01:12,70) 700m: 08:18,80 (01:12,46) 800m: 09:31,86 (01:13,06)  
900m: 10:44,72 (01:12,86) 1000m: 11:58,17 (01:13,45) 1100m: 13:10,88 (01:12,71) 1300m: 15:37,69 (02:26,81)  
1400m: 16:50,50 (01:12,81) 1500m: 18:00,07 (01:09,57)

**SVSW-Meisterschaften "Lange Strecken mit JMK"**

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

**Wettkampf 38 - 1500 m Freistil der Männer****Offene Wertung**

|     |                            |                            |                            |                            |     |
|-----|----------------------------|----------------------------|----------------------------|----------------------------|-----|
| 9.  | Nicolas Kowalczyk          | 1999                       | SG Ruhr                    | 18:05,10                   | 523 |
|     | 100m: 01:07,13 (01:07,13)  | 200m: 02:19,80 (01:12,67)  | 300m: 03:32,16 (01:12,36)  | 400m: 04:45,02 (01:12,86)  |     |
|     | 500m: 05:58,42 (01:13,40)  | 600m: 07:10,92 (01:12,50)  | 700m: 08:24,23 (01:13,31)  | 800m: 09:37,32 (01:13,09)  |     |
|     | 900m: 10:50,02 (01:12,70)  | 1000m: 12:03,45 (01:13,43) | 1100m: 13:16,48 (01:13,03) | 1200m: 14:29,57 (01:13,09) |     |
|     | 1300m: 15:42,92 (01:13,35) | 1400m: 16:56,76 (01:13,84) | 1500m: 18:05,10 (01:08,34) |                            |     |
| 10. | Viktor Koscharnyj          | 1996                       | SG Dortmund                | 18:32,47                   | 485 |
|     | 100m: 01:05,81 (01:05,81)  | 200m: 02:18,91 (01:13,10)  | 300m: 03:34,38 (01:15,47)  | 400m: 04:50,47 (01:16,09)  |     |
|     | 500m: 06:06,35 (01:15,88)  | 600m: 07:21,88 (01:15,53)  | 700m: 08:37,47 (01:15,59)  | 800m: 08:51,63 (00:14,16)  |     |
|     | 900m: 11:06,28 (02:14,65)  | 1000m: 12:20,31 (01:14,03) | 1100m: 13:35,13 (01:14,82) | 1200m: 14:49,72 (01:14,59) |     |
|     | 1300m: 16:04,81 (01:15,09) | 1400m: 17:19,38 (01:14,57) | 1500m: 18:32,47 (01:13,09) |                            |     |
| 11. | Paul Vöing                 | 1998                       | SG Dortmund                | 18:40,35                   | 475 |
|     | 100m: 01:06,74 (01:06,74)  | 200m: 02:19,72 (01:12,98)  | 300m: 03:32,91 (01:13,19)  | 400m: 04:47,31 (01:14,40)  |     |
|     | 500m: 06:02,30 (01:14,99)  | 600m: 07:18,55 (01:16,25)  | 700m: 08:34,51 (01:15,96)  | 800m: 09:50,83 (01:16,32)  |     |
|     | 900m: 11:07,53 (01:16,70)  | 1000m: 12:24,02 (01:16,49) | 1100m: 13:39,67 (01:15,65) | 1200m: 14:56,16 (01:16,49) |     |
|     | 1300m: 16:12,74 (01:16,58) | 1400m: 17:29,00 (01:16,26) | 1500m: 18:40,35 (01:11,35) |                            |     |
| 12. | Julius Schumann            | 1997                       | SG Siegen                  | 18:40,44                   | 475 |
|     | 100m: 01:07,98 (01:07,98)  | 200m: 02:21,62 (01:13,64)  | 300m: 03:36,63 (01:15,01)  | 400m: 04:52,11 (01:15,48)  |     |
|     | 500m: 06:07,42 (01:15,31)  | 600m: 07:23,56 (01:16,14)  | 700m: 08:40,20 (01:16,64)  | 800m: 09:56,13 (01:15,93)  |     |
|     | 900m: 11:12,14 (01:16,01)  | 1000m: 12:28,26 (01:16,12) | 1100m: 13:43,79 (01:15,53) | 1200m: 14:58,80 (01:15,01) |     |
|     | 1300m: 16:13,78 (01:14,98) | 1400m: 17:28,93 (01:15,15) | 1500m: 18:40,44 (01:11,51) |                            |     |
| 13. | Bastian Rabe               | 1997                       | SG Ruhr                    | 18:42,34                   | 473 |
|     | 100m: 01:06,98 (01:06,98)  | 200m: 02:19,88 (01:12,90)  | 300m: 03:34,63 (01:14,75)  | 400m: 04:50,20 (01:15,57)  |     |
|     | 500m: 06:06,31 (01:16,11)  | 600m: 07:22,91 (01:16,60)  | 700m: 08:39,95 (01:17,04)  | 800m: 09:56,56 (01:16,61)  |     |
|     | 900m: 11:12,32 (01:15,76)  | 1000m: 12:28,66 (01:16,34) | 1100m: 13:43,95 (01:15,29) | 1200m: 14:59,59 (01:15,64) |     |
|     | 1300m: 16:15,56 (01:15,97) | 1400m: 17:30,95 (01:15,39) | 1500m: 18:42,34 (01:11,39) |                            |     |
| 14. | Silas Irlle                | 1996                       | SG Siegen                  | 18:51,74                   | 461 |
|     | 100m: 01:07,56 (01:07,56)  | 200m: 02:23,63 (01:16,07)  | 300m: 03:39,67 (01:16,04)  | 400m: 04:55,81 (01:16,14)  |     |
|     | 500m: 06:11,87 (01:16,06)  | 600m: 07:28,27 (01:16,40)  | 700m: 08:44,82 (01:16,55)  | 800m: 10:01,55 (01:16,73)  |     |
|     | 900m: 11:17,98 (01:16,43)  | 1000m: 12:35,68 (01:17,70) | 1100m: 13:52,66 (01:16,98) | 1200m: 15:09,14 (01:16,48) |     |
|     | 1300m: 16:25,71 (01:16,57) | 1400m: 17:40,56 (01:14,85) | 1500m: 18:51,74 (01:11,18) |                            |     |
| 15. | Lennard-Alexander Raabe    | 1998                       | SG Lünen                   | 18:55,54                   | 456 |
|     | 100m: 01:07,72 (01:07,72)  | 200m: 02:22,35 (01:14,63)  | 300m: 03:36,72 (01:14,37)  | 400m: 04:52,48 (01:15,76)  |     |
|     | 500m: 06:08,50 (01:16,02)  | 600m: 07:24,64 (01:16,14)  | 700m: 08:39,75 (01:15,11)  | 800m: 09:55,53 (01:15,78)  |     |
|     | 900m: 11:11,99 (01:16,46)  | 1000m: 12:28,43 (01:16,44) | 1100m: 13:44,66 (01:16,23) | 1200m: 15:02,89 (01:18,23) |     |
|     | 1300m: 16:21,88 (01:18,99) | 1400m: 17:40,05 (01:18,17) | 1500m: 18:55,54 (01:15,49) |                            |     |
| 16. | Matthias Sosna             | 2000                       | SV Plettenberg 51          | 19:21,56                   | 426 |
|     | 100m: 01:09,15 (01:09,15)  | 200m: 02:26,16 (01:17,01)  | 300m: 03:44,76 (01:18,60)  | 400m: 05:03,36 (01:18,60)  |     |
|     | 500m: 06:21,95 (01:18,59)  | 600m: 07:40,18 (01:18,23)  | 700m: 08:57,48 (01:17,30)  | 800m: 10:16,31 (01:18,83)  |     |
|     | 900m: 11:35,20 (01:18,89)  | 1000m: 12:54,18 (01:18,98) | 1100m: 14:12,92 (01:18,74) | 1200m: 15:31,51 (01:18,59) |     |
|     | 1300m: 16:50,11 (01:18,60) | 1400m: 18:08,58 (01:18,47) | 1500m: 19:21,56 (01:12,98) |                            |     |
| 17. | Yannis Baumeister          | 1999                       | SV Hagen 1894              | 19:34,64                   | 412 |
|     | 100m: 01:09,16 (01:09,16)  | 200m: 02:26,57 (01:17,41)  | 300m: 03:45,02 (01:18,45)  | 400m: 05:03,48 (01:18,46)  |     |
|     | 500m: 06:21,73 (01:18,25)  | 600m: 07:39,92 (01:18,19)  | 700m: 08:59,04 (01:19,12)  | 800m: 10:17,92 (01:18,88)  |     |
|     | 900m: 11:37,02 (01:19,10)  | 1000m: 12:56,67 (01:19,65) | 1100m: 14:15,95 (01:19,28) | 1200m: 15:35,48 (01:19,53) |     |
|     | 1300m: 16:55,51 (01:20,03) | 1400m: 18:16,42 (01:20,91) | 1500m: 19:34,64 (01:18,22) |                            |     |
| 18. | Felix Aubke                | 2000                       | SG Lünen                   | 19:35,66                   | 411 |
|     | 100m: 01:12,08 (01:12,08)  | 200m: 02:30,95 (01:18,87)  | 300m: 03:50,83 (01:19,88)  | 400m: 05:10,42 (01:19,59)  |     |
|     | 500m: 06:30,27 (01:19,85)  | 600m: 07:49,90 (01:19,63)  | 700m: 09:09,33 (01:19,43)  | 800m: 10:28,66 (01:19,33)  |     |
|     | 900m: 11:47,23 (01:18,57)  | 1000m: 13:05,28 (01:18,05) | 1100m: 14:23,68 (01:18,40) | 1200m: 15:42,08 (01:18,40) |     |
|     | 1300m: 17:00,99 (01:18,91) | 1400m: 18:19,18 (01:18,19) | 1500m: 19:35,66 (01:16,48) |                            |     |
| 19. | Lennart Tollrian           | 1999                       | SV Blau-Weiß Bochum        | 19:36,95                   | 410 |
|     | 100m: 01:12,67 (01:12,67)  | 300m: 03:51,53 (02:38,86)  | 400m: 05:11,46 (01:19,93)  | 500m: 06:29,70 (01:18,24)  |     |
|     | 600m: 07:49,35 (01:19,65)  | 700m: 09:09,26 (01:19,91)  | 800m: 10:28,89 (01:19,63)  | 900m: 11:48,45 (01:19,56)  |     |
|     | 1000m: 13:07,21 (01:18,76) | 1100m: 14:26,17 (01:18,96) | 1200m: 15:45,02 (01:18,85) | 1300m: 17:04,32 (01:19,30) |     |
|     | 1400m: 18:23,03 (01:18,71) | 1500m: 19:36,95 (01:13,92) |                            |                            |     |

# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

## Wettkampf 38 - 1500 m Freistil der Männer

### Offene Wertung

|     |                            |                            |                            |                            |     |
|-----|----------------------------|----------------------------|----------------------------|----------------------------|-----|
| 20. | Marlo Guth                 | 2000                       | SG Ruhr                    | 19:39,35                   | 407 |
|     | 100m: 01:14,81 (01:14,81)  | 200m: 02:34,85 (01:20,04)  | 300m: 03:53,74 (01:18,89)  | 400m: 05:11,85 (01:18,11)  |     |
|     | 500m: 06:28,49 (01:16,64)  | 600m: 07:48,77 (01:20,28)  | 700m: 09:09,20 (01:20,43)  | 800m: 10:28,87 (01:19,67)  |     |
|     | 900m: 11:48,17 (01:19,30)  | 1000m: 13:07,10 (01:18,93) | 1100m: 14:26,03 (01:18,93) | 1200m: 15:45,35 (01:19,32) |     |
|     | 1300m: 17:04,03 (01:18,68) | 1400m: 18:23,20 (01:19,17) | 1500m: 19:39,35 (01:16,15) |                            |     |
| 21. | Kevin Wessel               | 2001                       | SG Ruhr                    | 19:47,41                   | 399 |
|     | 100m: 01:11,51 (01:11,51)  | 200m: 02:28,97 (01:17,46)  | 300m: 03:46,72 (01:17,75)  | 400m: 05:05,44 (01:18,72)  |     |
|     | 500m: 06:24,94 (01:19,50)  | 600m: 07:43,69 (01:18,75)  | 700m: 09:03,44 (01:19,75)  | 800m: 10:23,37 (01:19,93)  |     |
|     | 900m: 11:43,69 (01:20,32)  | 1000m: 13:04,72 (01:21,03) | 1100m: 14:25,94 (01:21,22) | 1200m: 15:47,09 (01:21,15) |     |
|     | 1300m: 17:09,26 (01:22,17) | 1400m: 18:30,34 (01:21,08) | 1500m: 19:47,41 (01:17,07) |                            |     |
| 22. | Johannes Malz              | 1999                       | SG Ruhr                    | 19:54,89                   | 392 |
|     | 100m: 01:12,39 (01:12,39)  | 200m: 02:31,69 (01:19,30)  | 300m: 03:51,89 (01:20,20)  | 400m: 05:11,06 (01:19,17)  |     |
|     | 500m: 06:31,82 (01:20,76)  | 600m: 07:52,70 (01:20,88)  | 700m: 09:13,57 (01:20,87)  | 800m: 10:34,19 (01:20,62)  |     |
|     | 900m: 11:54,67 (01:20,48)  | 1000m: 13:15,11 (01:20,44) | 1100m: 14:36,22 (01:21,11) | 1200m: 15:57,14 (01:20,92) |     |
|     | 1300m: 17:18,22 (01:21,08) | 1400m: 18:38,65 (01:20,43) | 1500m: 19:54,89 (01:16,24) |                            |     |
| 23. | Tim Hegemann               | 2001                       | SG Dortmund                | 19:55,14                   | 391 |
|     | 100m: 01:13,61 (01:13,61)  | 200m: 02:32,59 (01:18,98)  | 300m: 03:52,06 (01:19,47)  | 400m: 05:12,03 (01:19,97)  |     |
|     | 500m: 06:32,24 (01:20,21)  | 600m: 07:52,84 (01:20,60)  | 700m: 09:13,45 (01:20,61)  | 800m: 10:34,08 (01:20,63)  |     |
|     | 900m: 11:54,86 (01:20,78)  | 1000m: 13:15,75 (01:20,89) | 1100m: 14:36,49 (01:20,74) | 1200m: 15:57,35 (01:20,86) |     |
|     | 1300m: 17:18,74 (01:21,39) | 1400m: 19:39,15 (02:20,41) | 1500m: 19:55,14 (00:15,99) |                            |     |
| 24. | Mika Dumke                 | 2001                       | SG Ruhr                    | 20:22,36                   | 366 |
|     | 100m: 01:16,00 (01:16,00)  | 200m: 02:38,80 (01:22,80)  | 300m: 04:00,95 (01:22,15)  | 400m: 05:23,14 (01:22,19)  |     |
|     | 500m: 06:45,23 (01:22,09)  | 600m: 08:07,51 (01:22,28)  | 700m: 09:29,86 (01:22,35)  | 800m: 10:52,42 (01:22,56)  |     |
|     | 900m: 12:14,36 (01:21,94)  | 1000m: 13:37,23 (01:22,87) | 1100m: 14:59,17 (01:21,94) | 1200m: 16:21,92 (01:22,75) |     |
|     | 1300m: 17:43,80 (01:21,88) | 1400m: 19:04,83 (01:21,03) | 1500m: 20:22,36 (01:17,53) |                            |     |
| 25. | Nicolas Jochum             | 2001                       | SG Ruhr                    | 20:50,75                   | 341 |
|     | 100m: 01:14,11 (01:14,11)  | 200m: 02:36,90 (01:22,79)  | 300m: 04:01,17 (01:24,27)  | 400m: 05:25,79 (01:24,62)  |     |
|     | 500m: 06:50,06 (01:24,27)  | 600m: 08:15,46 (01:25,40)  | 700m: 09:37,96 (01:22,50)  | 800m: 11:02,28 (01:24,32)  |     |
|     | 900m: 12:26,57 (01:24,29)  | 1000m: 13:51,84 (01:25,27) | 1100m: 15:15,95 (01:24,11) | 1200m: 16:41,51 (01:25,56) |     |
|     | 1300m: 18:07,81 (01:26,30) | 1400m: 19:31,74 (01:23,93) | 1500m: 20:50,75 (01:19,01) |                            |     |
| 26. | Fynn Wissemann             | 2000                       | Maxi Swim-Team Hamm        | 20:58,78                   | 335 |
|     | 100m: 01:12,44 (01:12,44)  | 200m: 02:36,42 (01:23,98)  | 300m: 04:01,33 (01:24,91)  | 400m: 05:27,04 (01:25,71)  |     |
|     | 500m: 06:52,83 (01:25,79)  | 600m: 08:17,30 (01:24,47)  | 700m: 09:42,55 (01:25,25)  | 800m: 11:07,91 (01:25,36)  |     |
|     | 900m: 12:33,24 (01:25,33)  | 1000m: 13:59,64 (01:26,40) | 1100m: 15:25,54 (01:25,90) | 1200m: 16:51,55 (01:26,01) |     |
|     | 1300m: 18:16,66 (01:25,11) | 1400m: 19:41,17 (01:24,51) | 1500m: 20:58,78 (01:17,61) |                            |     |
| 27. | Dorian Mielke              | 2001                       | Maxi Swim-Team Hamm        | 21:03,62                   | 331 |
|     | 100m: 01:15,47 (01:15,47)  | 200m: 02:39,56 (01:24,09)  | 300m: 04:02,42 (01:22,86)  | 400m: 05:28,26 (01:25,84)  |     |
|     | 500m: 06:54,07 (01:25,81)  | 600m: 08:17,98 (01:23,91)  | 700m: 09:43,94 (01:25,96)  | 800m: 11:10,69 (01:26,75)  |     |
|     | 900m: 12:37,74 (01:27,05)  | 1000m: 14:03,31 (01:25,57) | 1100m: 15:29,44 (01:26,13) | 1200m: 16:55,09 (01:25,65) |     |
|     | 1300m: 18:19,45 (01:24,36) | 1400m: 19:43,11 (01:23,66) | 1500m: 21:03,62 (01:20,51) |                            |     |
| 28. | Jasper Schlak              | 2003                       | SG Eintracht Ergste        | 22:16,03                   | 280 |
|     | 100m: 01:24,18 (01:24,18)  | 200m: 02:54,90 (01:30,72)  | 300m: 04:26,53 (01:31,63)  | 400m: 05:57,93 (01:31,40)  |     |
|     | 500m: 07:28,97 (01:31,04)  | 600m: 08:59,68 (01:30,71)  | 700m: 10:29,90 (01:30,22)  | 800m: 11:59,86 (01:29,96)  |     |
|     | 900m: 13:29,03 (01:29,17)  | 1000m: 14:58,75 (01:29,72) | 1100m: 16:28,00 (01:29,25) | 1200m: 17:56,18 (01:28,18) |     |
|     | 1300m: 19:24,00 (01:27,82) | 1400m: 20:51,25 (01:27,25) | 1500m: 22:16,03 (01:24,78) |                            |     |
| 29. | Leon Detambel              | 2003                       | SG Eintracht Ergste        | 23:28,41                   | 239 |
|     | 100m: 01:24,16 (01:24,16)  | 200m: 02:56,25 (01:32,09)  | 300m: 04:29,57 (01:33,32)  | 400m: 06:03,03 (01:33,46)  |     |
|     | 500m: 07:37,79 (01:34,76)  | 600m: 09:11,19 (01:33,40)  | 700m: 10:46,57 (01:35,38)  | 800m: 12:20,57 (01:34,00)  |     |
|     | 900m: 13:55,73 (01:35,16)  | 1000m: 15:31,70 (01:35,97) | 1100m: 17:07,64 (01:35,94) | 1200m: 18:45,66 (01:38,02) |     |
|     | 1300m: 20:21,82 (01:36,16) | 1400m: 21:56,73 (01:34,91) | 1500m: 23:28,41 (01:31,68) |                            |     |

#### abgemeldet

Kevin Geiselhart 1992 SG Siegen



# SVSW-Meisterschaften "Lange Strecken mit JMK"

Veranstalter  
Schwimm-Verband Südwestfalen e.V.  
Ort  
Dortmund

Ausrichter  
Schwimm-Verband Südwestfalen e.V.  
Datum  
22.02.2014 - 23.02.2014

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Dortmund, den 23.02.2014  
Abschnittsende: 17:37 Uhr  
Protokollende: 17:40 Uhr

gez. Holger Mende

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Schiedsrichter weiblich

gez. Petra Hein

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Schiedsrichter männlich

gez. Jörg Husemann

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Protokollführer