Individual starts		EUR 7.00	
Relays		EUR 10.00	
unch Saturday & Sunday (to be reserved in advance)		EUR 16.00	
Trophies for best 3 ranked teams			
Prize for oldest master male/female			
ENTRY DEADLINE October 07, 2023	PLACE		
INSCRIPTIONS	Piscine du Campus Geesseknäppchen		

#### www.swimming.lu

> Manifestations

> Lux Masters Open 2023

PLACE Piscine du Campus Geesseknäppchen Boulevard Pierre Dupong, L-1430 Luxembourg

# LUX MASTERS OPEN 2023 14 - 15 OCT 2023

### POOL SPECIFICATIONS

- 50m

- 10 lanes, separated by wave breaking lane ropes
  2m depth I 27°C temp.
- Omega electronic system timing

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- 5x 25m swim down pool

### FOR MORE INFORMATIONS

luxmasteropen@swimming.lu www.swimming.lu

### TRAVEL INFORMATIONS

- Ryanair to Luxembourg Airport: from Barcelona, Madrid, Sevilla, Berlin, Dublin, London, Malta, Milano, Toulouse, Marseille, Palma, Faro, Lisbon and Porto (www.ryanair.com)

- EasyJet to Luxembourg Airport: from Milano, Lisbon and Porto (www.easyjet.com)

- Luxair to Luxembourg Airport: more than 90 destinations (www.luxair.lu)

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# LUX MASTER OPEN

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## Program

### LUX MASTERS OPEN 2023

### Saturday, October 14th 2023

### 1<sup>st</sup> part : Warm up 8.00, Competition 9.00

Race 1. 1500m Freestyle WomenWomen 20+ Women 25+Race 2. 1500m Freestyle MenMen 20+ Men 25+Race 3. 200m Backstroke WomenWomen 20+ Women 25+Race 4. 200m Backstroke MenMen 20+ Men 25+Race 5. 50m Breaststroke WomenWomen 20+ Women 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+

### 2<sup>nd</sup> part : Warm up 13.30, Competition 14.30

Race 7. 50m Backstroke Women Women 20+ Women 25+ Race 8. 50m Backstroke Men Men 20+ Men 25+ Race 9. 4x 50m Medley Women Women 80+ Women 100+ Race 10. 4x 50m Medley Men Men 80+ Men 100+ Race 11. 100m Freestyle Women Women 20+ Women 25+ Race 12. 100m Freestyle Men Men 20+ Men 25+ Race 13. 400m Medley Women Women 20+ Women 25+



Race 14. 400m Medley Men Men 20+ Men 25+ Race 15. 100m Butterfly Women Women 20+ Women 25+ Race 16. 100m Butterfly Men Men 20+ Men 25+

### Break 20 minutes

Race 17. 4x 50m Medley Mixed Mixed 80+ Mixed 100+ Race 18. 200m Breaststroke Women Women 20+ Women 25+ Race 19. 200m Breaststroke Men Men 20+ Men 25+ Race 20. 400m Freestyle Women Women 20+ Women 25+ Race 21. 400m Freestyle Men Men 20+ Men 25+

### Sunday, October 15th 2023

### 3<sup>rd</sup> part : Warm up 8.00, Competition 9.00

Race 22. 800m Freestyle WomenWomen 20+, Women 25+Race 23. 800m Freestyle MenMen 20+, Men 25+Race 24. 4x 50m Freestyle WomenWomen 80+ Women 100+Race 25. 4x 50m Freestyle MenMen 80+ Men 100+



CITABEL

Race 26. 100m Backstroke Women Women 20+ Women 25+ Race 27. 100m Backstroke Men Men 20+ Men 25+ Race 28. 200m Medley Women Women 20+ Women 25+ Race 29. 200m Medley Men Men 20+ Men 25+ Race 30. 50m Butterfly Women Women 20+ Women 25+ Race 31. 50m Butterfly Men Men 20+ Men 25+

### 4<sup>th</sup> part : Warm up 13.00, Competition 14.00

Race 32. 50m Freestyle Women Women 20+ Women 25+ Race 33. 50m Freestyle Men Men 20+ Men 25+ Race 34. 200m Butterfly Women Women 20+ Women 25+ Race 35, 200m Butterfly Men Men 20+ Men 25+ Race 36, 100m Breaststroke Women Women 20+, Women 25+ Race 37. 100m Breaststroke Men Men 20+, Men 25+ Race 38. 200m Freestyle Women Women 20+, Women 25+ Race 39. 200m Freestyle Men Men 20+, Men 25+ Race 40. 4x 50m Freestyle Mixed Mixed 80+ Mixed 100+



