### Individual starts

#### Relays

### EUR 6.50

EUR 9.00

Lunch Saturday & Sunday (to be reserved in advance) EUR 12,00

**Trophies for best 6 ranked teams** 

Price for oldest master male/female

NTRY DEADLINE 4<sup>h</sup> October 2019

#### PLACE

Piscine du Campus Geesseknäppchen Boulevard Pierre Dupong, L-1430 Luxembourg

POOL SPECIFICATIONS
50m
10 lanes separated by wave breaking lane ropes
2,00m depth I 27<sup>o</sup> C temp.
Omega electronic system timing
5x25m Swim down pool (with space for children to play)

### INSCRIPTIONS www.smimming.lu >Inscriptions >Inscriptions Manifestations > Lux Open Masters

### **TRAVEL INFORMATION**

LOW COST AIRLINES

-Ryanair to Frankfurt-Hahn Bruxelles-Charleroi and Luxembourg (www.ryanair.com)

-Connection from Frankfurt–Hahn and Bruxelles-Charleroi to Luxembourg by regular buses with www.flibco.com

-EasyJet from Milan and London to Luxembourg (www.easyjet.com)

## LUXEMBOURG MASTERSOPEN 2019 12-13 OCT 2019 OLDIESDELUX

FOR MORE INFORMATION luxmasteropen@swimming.lu www.swimming.lu



# LUXEMBOURG MASTERSOPEN 2019 12-13 OCT 2019 OLDIESDELUX

Organized by Swimming Luxembourg (SL)



### PROGRAM 2019

Luxembourg Masters Open 2019

### Saturday, October 12<sup>th</sup> 2019 1<sup>st</sup> part warm up 8.00, competition 9.00

Race 1.1500m womenWomen 20+Women 25+Race 2.1500m menMen 20+Men 25+Race 3.200m Backstroke womenWomen 20+Women 25+Race 4.200m Backstroke menMen 20+Men 25+Race 5.50m Breaststroke womenWomen 20+Women 25+Race 6.50m Breaststroke menMen 20+Women 25+Race 6.50m Breaststroke menMen 20+Men 25+

### 2<sup>nd</sup> part warm up 13.30, competition 14.30

Race 7.50m backstroke women<br/>Women 20+ Women 25+<br/>Race 8.50m backstroke men<br/>.Men 20 +Men 25+<br/>Men 25+Race 9.4x50 medley women<br/>Women 80+ Women 100+<br/>Race 10.Men 80+ Men 100+<br/>Race 11.100m Freestyle women<br/>Women 25+Women 20+ Women 25+<br/>Race 12.100m Freestyle men<br/>Men 20+ Men 25+<br/>Race 13.Wonen 20+ Men 25+<br/>Race 13.400m Medley women<br/>Women 25+

Race 14. 400m Medley men Men 20 + Men 25+ Race 15. 100m butterfly women Women 20+ Women 25+ Race 16. 100m butterfly men Men 20 + Men 25+

### **Break 20 minutes**

Race 17. 4x50m Medley mixed Mixed 80+ mixed100+ Race 18. 200m breaststroke women Women 20+ Women 25+ Race 19. 200m breaststroke men Men 20+ Men 25+ Race 20. 400m freestyle women Women 20+ Women 25+ Race 21. 400m freestyle men Men 20+ Men 25+

### Sunday, October 13<sup>th</sup> 2019 3<sup>rd</sup> part Warm up 8.00<sub>7</sub> Competition 9.00

Race 22. 800m freestyle women Women 20+ Women 25+ Race 23. 800m freestyle men Men 20+ Men 25+ Race 24. 4x50m freestyle women Women 80+ Women 100+ Race 25. 4x50m freestyle men Men 80+ Men 100+ Race 26. 100m backstroke women Women 20+ Women 25+ Race 27. 100m backstroke men Men 20 + Men 25+ Race 28. 200m medley women Women 20+ Women 25+ Race 29. 200m medley men Men 20 + Men 25+ Race 30. 50m butterfly women Women 20+ Women 25+ Race 31. 50m butterfly men Men 20 + Men 25+

### 4th part, warm up 13.00, competition 14.00

Race 32. 50m freestvle women Women 20+ Women 25+ Race 33. 50m freestyle men Men 20 + Men 25+ Race 34. 200m butterfly women Women 20+ Women 25+ Race 35. 200m butterfly men Men 20 + Men 25+ Race 36. 100m breaststroke women Women 20+ Women 25+ Race 37. 100m breaststroke men Men 20 + Men 25+ Race 38. 200m freestyle women Women 20+ Women 25+ Race 39. 200m freestyle men Men 20 + Men 25+ Race 40. 50m freestyle mixed Mixed 80+ mixed100+

