Individual starts	EUR 6.50
Relays	EUR 9.00
Accommodation on own mattress	
in gym in pool complex incl. breakfast	EUR 15,00
Lunch Saturday & Sunday	EUR 10,00
Musical "happy hour Swimming Lux" on Saturday after the races	
Trophies for best 6 ranked teams	

ENTRY DEADLINE 5th October 2016

PLACE

Piscine du Campus Geesseknäppchen Boulevard Pierre Dupong, L-1430 Luxembourg

POOL SPECIFICATIONS 50m 10 lanes separated by wave breaking lane ropes 2,00m depth I 27° C temp. Omega electronic system timing 5x25m Swim down pool (with space for children to play)

TRAVEL INFORMATION

LOW COST AIRLINES

-Ryanair to Frankfurt-Hahn and Bruxelles-Charleroi (www.ryanair.com)

-Connection from Frankfurt–Hahn and Bruxelles-Charleroi to Luxembourg by regular buses with www.flibco.com

-EasyJet from Milan and London to Luxembourg (www.easyjet.com)

LUXEMBOURG MASTERSOPEN 2016 15.16 OCT 2016 OLDIESDELUX

FOR MORE INFORMATION mail@swimming.lu www.swimming.lu



LUXEMBOURG MASTERSOPEN 2016 15.16 OCT 2016 OLDIESDELUX

Organized by Swimming Luxembourg (SL)



PROGRAM 2016

Luxembourg Masters Open 2016

Saturday, October 15th 2016, 1st part warm up 8.00, competition 9.00

Race 1.1500m womenWomen 20+Women 25+Race 2.1500m menMen 20+Men 25+Race 3.200m Backstroke womenWomen 20+Women 25+Race 4.200m Backstroke menMen 20+Men 25+Race 5.50m Breaststroke womenWomen 20+Women 25+Race 6.50m Breaststroke menMen 20+Men 25+Race 6.50m Breaststroke men

2nd part warm up 13.30, competition 14.30

Race 7.50m backstroke women
Women 20+Women 20+Women 25+Race 8.50m backstroke menMen 20+Men 25+Race 9.4x50 medley women
Women 80+Women 80+Women 100+Race 10.4x50 medley menMen 80+Men 100+Race 11.100m Freestyle women
Women 25+Race 12.100m Freestyle menMen 20+Men 25+Race 13.400m Medley women
Women 20+Women 20+Women 25+

Race 14. 400m Medley men Men 20 + Men 25+ Race 15. 100m butterfly women Women 20+ Women 25+ Race 16. 100m butterfly men Men 20 + Men 25+

Break 20 minutes

Race 17. 4x50m Medley mixed Mixed 80+ mixed 100+ Race 18. 200m breaststroke women Women 20+ Women 25+ Race 19. 200m breaststroke men Men 20+ Men 25+ Race 20. 400m freestyle women Women 20+ Women 25+ Race 21. 400m freestyle men Men 20+ Men 25+

Sunday, October 16th 2016, 3rd part Warm up 8.00, Competition 9.00

Race 22. 800m freestyle women Women 20+ Women 25+ Race 23. 800m freestyle men Men 20+ Men 25+ Race 24. 4x50m freestyle women Women 80+ Women 100+ Race 25. 4x50m freestyle men Men 80+ Men 100+ Race 26. 100m backstroke women Women 20+ Women 25+ Race 27. 100m backstroke men Men 20 + Men 25+ Race 28. 200m medley women Women 20+ Women 25+ Race 29. 200m medley men Men 20 + Men 25+ Race 30. 50m butterfly women Women 20+ Women 25+ Race 31. 50m butterfly men Men 20 + Men 25+

4th part, warm up 13.00, competition 14.00

Race 32. 50m freestvle women Women 20+ Women 25+ Race 33. 50m freestyle men Men 20 + Men 25+ Race 34. 200m butterfly women Women 20+ Women 25+ Race 35. 200m butterfly men Men 20 + Men 25+ Race 36. 100m breaststroke women Women 20+ Women 25+ Race 37. 100m breaststroke men Men 20 + Men 25+ Race 38. 200m freestyle women Women 20+ Women 25+ Race 39. 200m freestyle men Men 20 + Men 25+ Race 40. 50m freestyle mixed Mixed 80+ mixed100+