



Program

| ODMC 2015 long course | | | |
|---|--------|---|-----------------|
| Day 1 Friday morning session 1 | | Day 2 Saturday afternoon session 4 | |
| 1 | 1500m | free style | Men |
| Break 15min | | | |
| 2 | 800m | free style | Women |
| Day 1 Friday afternoon session 2 | | Day 2 Saturday morning session 3 | |
| 3 | 100m | breaststroke | Men |
| 4 | 100m | breaststroke | Women |
| 5 | 200m | medley | Men |
| 6 | 200m | medley | Women |
| Break 15min | | | |
| 7 | 200m | free style | Men |
| 8 | 200m | free style | Women |
| 9 | 50m | butterfly | Men |
| 10 | 50m | butterfly | Women |
| Break 5min | | | |
| 11 | 4x200m | free style | Women/Men/Mixed |
| Day 2 Saturday morning session 3 | | Day 3 Sunday morning session 5 | |
| 12 | 400m | free style | Women |
| 13 | 400m | free style | Men |
| Break 15min | | | |
| 14 | 50m | backstroke | Women |
| 15 | 50m | backstroke | Men |
| 16 | 200m | breaststroke | Women |
| 17 | 200m | breaststroke | Men |
| Break 5min | | | |
| 18 | 4x100m | free style | Women/Men/Mixed |
| Day 2 Saturday afternoon session 4 | | Day 3 Sunday afternoon session 6 | |
| 20 | 200m | butterfly | Women |
| 21 | 200m | butterfly | Men |
| 22 | 100m | free style | Women |
| 23 | 100m | free style | Men |
| Break 15min | | | |
| 24 | 50m | breaststroke | Women |
| 25 | 50m | breaststroke | Men |
| 26 | 100m | backstroke | Women |
| 27 | 100m | backstroke | Men |
| Break 5min | | | |
| 28 | 4x50m | medley | Women/Men/Mixed |
| Day 3 Sunday morning session 5 | | Day 3 Sunday afternoon session 6 | |
| 29 | 800m | free style | Men |
| Break 15min | | | |
| 30 | 1500m | free style | Women |
| Day 3 Sunday afternoon session 6 | | Day 3 Sunday afternoon session 6 | |
| 31 | 4x100m | medley | Women/Men/Mixed |
| Break 5min | | | |
| 33 | 200m | backstroke | Men |
| 34 | 200m | backstroke | Women |
| 35 | 400m | medley | Men |
| 36 | 400m | medley | Women |
| Break 15min | | | |
| 37 | 50m | free style | Men |
| 38 | 50m | free style | Women |
| 39 | 100m | butterfly | Men |
| 40 | 100m | butterfly | Women |
| Break 5min | | | |
| 41 | 4x50m | free style | Women/Men/Mixed |

| Overview sessions | | | |
|---------------------|--------|-------|-------|
| Friday 8 May 2015 | | | |
| Session | Warmup | Start | End |
| 1 | 8:00 | 9:00 | 12:30 |
| 2 | 13:00 | 14:00 | 18:00 |
| Saturday 9 May 2015 | | | |
| Session | Warmup | Start | End |
| 3 | 8:00 | 9:00 | 12:30 |
| 4 | 13:00 | 14:00 | 18:00 |
| Mastersbuffet | | 17:00 | 20:00 |
| Sunday 10 May 2015 | | | |
| Session | Warmup | Start | End |
| 5 | 8:00 | 9:00 | 12:30 |
| 6 | 13:00 | 14:00 | 17:30 |